



2018 SOUTHERN CONFERENCE OUTDOOR TRACK & FIELD CHAMPIONSHIPS

CATAMOUNT ATHLETIC COMPLEX
CULLOWHEE, N.C.



SCHEDULE OF EVENTS

THURSDAY, MAY 10

8:30 a.m.	Men's 10,000m Final
9:15 a.m.	Women's 10,000m Final
10:00 a.m.	Men's Dec 100m
	Men's Dec LJ
	Men's Dec SP
	Men's Dec HJ
	Men's Dec 400m
10:15 a.m.	Women's Hept 100mH
	Women's Hept HJ
	Women's Hept SP
	Women's Hept 200m
10:30 a.m.	Men's Hammer Final
12:30 p.m.	Women's Hammer Final
1:00 p.m.	Men's Pole Vault Final
1:00 p.m.	Men's 1,500m Trials
1:15 p.m.	Women's 1,500m Trials
1:30 p.m.	Men's Long Jump Final
2:00 p.m.	Men's 110m HH Trials
2:15 p.m.	Women's 100m HH Trials
2:35 p.m.	Men's 400m Trials
2:50 p.m.	Women's 400m Trials
3:00 p.m.	Men's Javelin Final
3:10 p.m.	Men's 100m Trials
3:25 p.m.	Women's 100m Trials
3:45 p.m.	Men's 800m Trials
4:00 p.m.	Women's Pole Vault Final
4:00 p.m.	Women's Long Jump Final
4:05 p.m.	Women's 800m Trials
4:25 p.m.	Men's 400mH Trials
4:40 p.m.	Women's 400mH Trials
5:00 p.m.	Women's Javelin Final
5:00 p.m.	Men's 200m Trials
5:15 p.m.	Women's 200m Trials
5:35 p.m.	Men's 3,000m SC Final
5:55 p.m.	Women's 3,000m SC Final

FRIDAY, MAY 11

9:00 a.m.	Men's Dec 110m H
	Men's Dec DT
	Men's Dec PV
	Men's Dec JT
	Men's Dec 1,500m
10:00 a.m.	Women's Hept LJ
	Women's Hept JT
	Women's Hept 800m
11:15 a.m.	Men's Shot Put Final
11:15 a.m.	Women's Discus Final
12:15 p.m.	Women's High Jump Final
1:00 p.m.	Men's 4 x 100m Final
1:10 p.m.	Women's 4 x 100m Final
1:20 p.m.	Men's 1500m Final
1:30 p.m.	Women's 1500m Final
1:40 p.m.	Men's 110m HH Final
1:50 p.m.	Women's 100m HH Final
2:00 p.m.	Men's High Jump Final
2:00 p.m.	Men's 400m Final
2:10 p.m.	Women's 400m Final
2:20 p.m.	Men's 100m Final
2:30 p.m.	Women's 100m Final
2:30 p.m.	Women's Triple Jump Final
2:40 p.m.	Men's 800m Final
2:45 p.m.	Men's Discus Final
2:50 p.m.	Women's 800m Final
3:00 p.m.	Men's 400mH Final
3:10 p.m.	Women's 400mH Final
3:15 p.m.	Triple Jump Final
3:20 p.m.	Women's Shot Put Final
3:20 p.m.	Men's 200m Final
3:30 p.m.	Women's 200m Final
3:40 p.m.	Men's 5,000m Final
4:00 p.m.	Women's 5,000m Final
4:25 p.m.	Men's 4 x 400m Final
4:40 p.m.	Women's 4 x 400m Final
5:00 p.m.	Awards Ceremony

CHAMPIONSHIP PREVIEW

2018 OUTDOOR TRACK & FIELD CHAMPIONSHIPS KICK OFF THURSDAY

SPARTANBURG, S.C. – The Southern Conference Men's and Women's Outdoor Track and Field Championships will take place at Western Carolina's Catamount Athletic Complex this Thursday and Friday. This year marks the 94th annual championship for the men and 32nd for the women.

Thursday's schedule gets under way with the men's 10,000-meter run at 8:30 a.m., followed by the women's 10,000m. The decathlon commences at 10 and the heptathlon begins at 10:15. A full day of events concludes with the men's 3,000-meter steeplechase at 5:35 p.m. and the women's steeple at 5:55 p.m. In all, 12 champions will be crowned on the first day of competition.

Friday's schedule opens with the first of the final five decathlon events at 9 a.m., with the heptathlon resuming at 10. Field events begin with the shot put at 11:15 and the men's 4x100-meter relay gets the track events rolling at 1 p.m. The day concludes with the men's and women's 4x400-meter relays at 4:25 and 4:40, respectively, followed by the awards ceremony. Thirty events will crown champions on the final day of the meet.

Western Carolina will be seeking its third consecutive men's title and eighth overall, while Samford will try to defend its 2017 crown and win its third overall.

Last season, the Catamounts earned a six-point win over Samford on the men's side, trailing by 20 points after the first day but taking a one-point lead into the final event of the meet, the 4x400-meter relay. Western Carolina won the relay for the seventh consecutive year to lock up the team title.

The women's race wasn't nearly as close, as Samford, competing at its home track, dethroned two-time defending champion Western Carolina by 51 points.

This season's power rankings – determined by the top eight times or scores that are reported by the schools for each event that will be conducted at this week's championships – predict wins for Western Carolina on both sides.

The Catamount men own 213.5 points in the power rankings, putting them well ahead of Samford's 158.5 and ETSU's 132.5. Western Carolina scored in all but the 1,500-meter run, the 3,000-meter run and the javelin throw.

The Western Carolina women hold a slimmer margin over Samford, accruing 180 points to the Bulldogs' 156.5. The Catamounts totaled 108.5 points in the field events.

This year's championship is free to the public. Live results, daily recaps, photos and video highlights can be found at SoConSports.com.



Western Carolina's Dakota Lamont

Storylines:

- The championships meets are being held in Cullowhee, North Carolina, for the fifth time. Western Carolina previously hosted in 2005, 2008, 2012 and 2016.

- All of the winners of the individual superlatives from last year return this season. On the men's side, Most Outstanding Athlete and Most Outstanding Field Performer Ben Johnson of ETSU is back, as are Most Outstanding Track Performers Malik Diggs of The Citadel and Dakota Lamont of Western Carolina and Freshman of the Year Devaniel Dale of Western Carolina. On the women's side, Most Outstanding Athlete Kyra Atkins of ETSU, Most Outstanding Track Performer Dasha Arnaut of Western Carolina, Most Outstanding Field Performer Selena Popp of Samford and Freshman of the Year Jazmine Gooden of Western Carolina return.

- On the men's side, the winners of a whopping 16 of the 19 individual events from 2017 are back this season. Double winners that return include: WCU's Lamont (200-meter dash, 400-meter dash); Furman's Frank Lara (5,000-meter run, 10,000-meter run); The Citadel's Diggs (110-meter hurdles, 400-meter hurdles); and ETSU's Johnson (discus throw, javelin throw).

- The women return the winners of 12 of the 19 individual events. ETSU's Atkins won the 200-meter dash and the 100-meter hurdles, while Western Carolina's Arnaut won the 400-meter dash and the 400-meter hurdles.

- Samford senior Tray Oates will be looking for his third straight outdoor pole vault title. In February, Oates became the first student-athlete in SoCon history to win the indoor event four times. He currently has the fourth-best mark on the NCAA Division I performance list with a height of 5.66 meters (18 feet, 6.75 inches), which would easily surpass the meet record of 5.50 meters that he set at the 2016 meet.

- Samford's Keyth Fightmaster and Marquis Barnes are seeking their third titles in the high jump and long jump, respectively, each after earning wins in 2015 and 2017. ETSU's Simeon Roberts has claimed the last two titles in the 3000-meter steeplechase.

- The Citadel's Mady Riegel is vying for her third consecutive title in the javelin. Furman's Allie Buchalski is the two-time defending champion in the 5,000-meter run, while Atkins has won the last two titles in the 100-meter hurdles.

- Four meet records were set last season on the women's side: Buchalski in the 5,000-meter run (16:12.98), Atkins in the 100-meter hurdles (13.25 seconds), ETSU's Katrina Seymour in the 400-meter hurdles (58.15 seconds in the prelims), and Samford's Maggie Johnston in the discus (47.08 meters/154 feet, 5 inches). Buchalski has run 15:39.17 in the 5,000m this season, and Johnston has turned in a throw of 48.80 meters (160 feet, 1 inch) in the discus this regular season.



Samford's Selena Popp



CHAMPIONSHIP RECORDS



Men's SoCon Championship records

Event	Mark	Conversion	Name, school	Year
100m dash	10.1		Greg Hatchett, VMI	1990
200m dash	20.80		Calvin Alston, East Carolina	1977
400m dash	45.77		Mario Small, VMI	1991
800m run	1:49.20		Phil Barker, Furman	1977
1,500m run	3:40.04		Kevin Cropp, William & Mary	1977
3,000m steeplechase	8:49.77		Todd Crosson, Marshall	1988
5,000m run	14:13.06		Adrian Leek, ETSU	1981
10,000m run	29:21.30		Adrian Leek, ETSU	1979
110m high hurdles	14.1		Marvin Rankins, East Carolina	1977
			Tim Bridges, VMI	1979, 1980
400m intermediate hurdles	50.70		David Anderson, Furman	1977
Long jump	7.69m	25-2.75	Michael Hanks, Appalachian State	1987
Triple jump	16.06m	52-8.28	Michael Hanks, Appalachian State	1987
High jump	2.18m	7-1.75	Daryl Saunders, Appalachian State	2012
Shot put	17.72m	58-1.63	Anthony Greer, Appalachian State	2005
Discus	52.25m	171-05	Jared Stalling, Appalachian State	2012
Javelin	*71.82m	235-7.55	Jeff Roseme, VMI	1981
	^72.95	239-04	Capers Williamson, The Citadel	2016
Hammer throw	60.62m	198-10.61	Wes Kiser, Appalachian State	2008
Pole vault	5.50m	18-00.50	Tray Oates, Samford	2016
4x100m relay	39.91		Appalachian State	2003
			(Jason Green, Sean Jackson, Kevin McLeod, Ernest Wiggins)	
4x400m relay	3:10.50		VMI (Sylvester Davis, Davis Estes, Henry Sanchez, Jeff Young)	1984
Decathlon	7,040		Brandon Bassett, Samford	2011

*-Denotes record pre-1986 redesign; ^-Denotes record post-1986 redesign

Past champions

Year	Site	Champion	Year	Site	Champion	Year	Site	Champion
1923	Montgomery, Ala.	Mississippi State	1962	Norfolk, Va.	Furman	2002	Johnson City, Tenn.	Appalachian State
1924N	Charlottesville, Va.	Virginia	1963	Charleston, W.Va.	Furman	2003	Boone, N.C.	Appalachian State
1924S	Montgomery, Ala.	Mississippi State	1964	Williamsburg, Va.	West Virginia	2004	Boone, N.C.	Appalachian State
1925	Sewanee, Tenn.	Mississippi State	1965	Greenville, S.C.	Furman	2005	Cullowhee, N.C.	Appalachian State
1926	Chapel Hill, N.C.	North Carolina	1966	Ft. Eustis, Va.	William & Mary	2006	Statesboro, Ga.	Western Carolina
1927	Baton Rouge, La.	Louisiana State	1967	Ft. Eustis, Va.	William & Mary	2007	Boone, N.C.	Western Carolina
1928	Birmingham, Ala.	Louisiana State	1968	Ft. Eustis, Va.	William & Mary	2008	Cullowhee, N.C.	Appalachian State
1929	Birmingham, Ala.	Louisiana State	1969	Ft. Eustis, Va.	William & Mary	2009	Statesboro, Ga.	Western Carolina
1930	Birmingham, Ala.	North Carolina	1970	Ft. Eustis, Va.	William & Mary	2010	Boone, N.C.	Appalachian State
1931	Birmingham, Ala.	Tulane	1971	Ft. Eustis, Va.	William & Mary	2011	Birmingham, Ala.	Appalachian State
1932	Atlanta, Ga.	Louisiana State	1972	Greenville, S.C.	William & Mary	2012	Cullowhee, N.C.	Appalachian State
1933	Durham, N.C.	North Carolina	1973	Greenville, N.C.	William & Mary	2013	Statesboro, Ga.	Western Carolina
1934	Durham, N.C.	North Carolina	1974	Richmond, Va.	William & Mary	2014	Spartanburg, S.C.	Samford
1935	Durham, N.C.	North Carolina	1975	Williamsburg, Va.	William & Mary	2015	Birmingham, Ala.	Samford
1936	Durham, N.C.	Duke	1976	Davidson, N.C.	East Carolina	2016	Cullowhee, N.C.	Western Carolina
1937	Durham, N.C.	Duke	1977	Greenville, S.C.	East Carolina	2017	Birmingham, Ala.	Western Carolina
1938	Durham, N.C.	North Carolina	1978	Huntington, W.Va.	VMI			
1939	Chapel Hill, N.C.	North Carolina	1979	Boone, N.C.	VMI			
1940	Williamsburg, Va.	North Carolina	1980	Charleston, S.C.	Appalachian State			
1941	Williamsburg, Va.	Duke	1981	Boone, N.C.	VMI			
1942	Chapel Hill, N.C.	North Carolina	1982	Greenville, S.C.	VMI			
1943	Chapel Hill, N.C.	North Carolina	1983	Lexington, Va.	VMI			
1944	NO MEET		1984	Huntington, W.Va.	Appalachian State			
1945	NO MEET		1985	Boone, N.C.	Appalachian State			
1946	Chapel Hill, N.C.	Duke	1986	Huntington, W.Va.	Appalachian State			
1947	Chapel Hill, N.C.	North Carolina	1987	Boone, N.C.	Appalachian State			
1948	Chapel Hill, N.C.	North Carolina	1988	Lexington, Va.	VMI			
1949	Chapel Hill, N.C.	North Carolina	1989	Huntington, W.Va.	Appalachian State			
1950	Chapel Hill, N.C.	North Carolina	1990	Boone, N.C.	VMI			
1951	Chapel Hill, N.C.	Maryland	1991	Lexington, Va.	VMI			
1952	Chapel Hill, N.C.	Maryland	1992	Huntington, W.Va.	Appalachian State			
1953	Durham, N.C.	Maryland	1993	Boone, N.C.	Appalachian State			
1954	Ft. Eustis, Va.	VMI	1994	Lexington, Va.	VMI			
1955	Ft. Eustis, Va.	VMI	1995	Huntington, W.Va.	Appalachian State			
1956	Williamsburg, Va.	Virginia Tech	1996	Johnson City, Tenn.	Appalachian State			
1957	Williamsburg, Va.	William & Mary	1997	Boone, N.C.	VMI			
1958	Williamsburg, Va.	William & Mary	1998	Lexington, Va.	VMI			
1959	Williamsburg, Va.	The Citadel	1999	Johnson City, Tenn.	Western Carolina			
1960	Williamsburg, Va.	The Citadel	2000	Boone, N.C.	VMI			
1961	Williamsburg, Va.	The Citadel	2001	Lexington, Va.	Appalachian State			

Total team titles

Team	Titles
Appalachian State	19
North Carolina	14
VMI	14
William & Mary	12
Western Carolina	7
Duke	4
LSU	4
The Citadel	3
Furman	3
Maryland	3
Mississippi State	3
East Carolina	2
Samford	2
Tulane	1
Virginia	1
Virginia Tech	1
West Virginia	1



Women's SoCon Championship records

Event	Mark	Conversion	Name(s), school	Year
100m dash	11.45		Melissa Morrison, Appalachian State	1993
200m dash	23.50		Lamonda Miller, Appalachian State	1989
400m dash	53.55		Angela Rowe, Western Carolina	1995
800m run	2:07.93		Mary Jayne Harrelson, Appalachian State	1999
1,500m run	4:22.95		Shannon Wommack, Chattanooga	2006
3,000m steeplechase	10:07.54		Shannon Wommack, Chattanooga	2006
5,000m run	16:12.98		Allie Buchalski, Furman	2017
10,000m run	34:35.06		Teghan Henderson, Chattanooga	2014
100m high hurdles	13.25		Kyra Atkins, ETSU	2017
400m intermediate hurdles	58.15		Katrina Seymour, ETSU	2017
Long jump	6.53m	21-5.08	Melissa Morrison, Appalachian State	1993
Triple jump	13.16m	43-2.25	Danielle Thorpe, Appalachian State	2010
High jump	1.79m	5-10.50	Megan Kirschling, Elon	2014
Shot put	15.50m	50-10.23	Beverly Burnett, Appalachian State	2005
Discus	47.08m	154-5.00	Maggie Johnston, Samford	2017
Javelin	*53.32m	174-11.21	Meg Warren, Appalachian State	1987
	^44.08m	144-07	Verena Tobis, ETSU	2015
Hammer throw	60.98m	200-0.79	Emily Allen, Samford	2014
Pole vault	4.00m	13-1.48	Laura Tieszen, Western Carolina	2004
4x100m relay	44.50		Georgia Southern	2014
			(Alyssa Felton, Jasmin Walker, Aarian Tipton, Jordan Fordham)	
4x400m relay	3:41.68		Georgia Southern	2007
			(Rashedah Arnold, Nicole Brown, Shauntel Jennings, Carla Ballard)	
Heptathlon	5,361		Tyleana Hanner, Chattanooga	2001

*-Denotes record pre-1986 redesign; ^-Denotes record post-1986 redesign

Past champions

Year	Site	Champion	Year	Site	Champion
1987	Boone, N.C.	Appalachian State	2007	Boone, N.C.	Georgia Southern
1988	Lexington, Va.	Appalachian State	2008	Cullowhee, N.C.	Western Carolina
1989	Huntington, W.Va.	Appalachian State	2009	Statesboro, Ga.	Appalachian State
1990	Boone, N.C.	Appalachian State	2010	Boone, N.C.	Western Carolina
1991	Lexington, Va.	Appalachian State	2011	Birmingham, Ala.	Appalachian State
1992	Huntington, W.Va.	Appalachian State	2012	Cullowhee, N.C.	Appalachian State
1993	Boone, N.C.	Appalachian State	2013	Statesboro, Ga.	Western Carolina
1994	Lexington, Va.	Appalachian State	2014	Spartanburg, S.C.	Samford
1995	Huntington, W.Va.	Appalachian State	2015	Birmingham, Ala.	Western Carolina
1996	Johnson City, Tenn.	ETSU	2016	Cullowhee, N.C.	Western Carolina
1997	Boone, N.C.	Western Carolina	2017	Birmingham, Ala.	Samford
1998	Lexington, Va.	Appalachian State			
1999	Johnson City, Tenn.	Western Carolina			
2000	Boone, N.C.	Western Carolina			
2001	Lexington, Va.	Western Carolina			
2002	Johnson City, Tenn.	Appalachian State			
2003	Boone, N.C.	Appalachian State			
2004	Boone, N.C.	Appalachian State			
2005	Cullowhee, N.C.	Appalachian State			
2006	Statesboro, Ga.	Appalachian State			

Total team titles	
Team	Titles
Appalachian State.....	18
Western Carolina.....	9
Samford.....	2
ETSU.....	1
Georgia Southern.....	1



TEAM ROSTERS



The Citadel Bulldogs

Head coach: Jody Huddleston

Assistant coaches: Kris Kut, Erin Leonard

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
D'Andre Adams	Fr.	Carthage, N.C.	Anna Barfield	Fr.	Charleston, S.C.
Daniel Andrews	Jr.	Atlanta, Ga.	Tamia Burch	Fr.	Charlotte, N.C.
Sam Blumer	Fr.	Greenville, S.C.	Kameron Cass	Jr.	Mobile, Ala.
Jacquary Bradford	So.	Charleston, S.C.	Asyria Daniels	Sr.	Hinesville, Ga.
Jamie Cunningham	Sr.	Alpharetta, Ga.	Samantha Engel	Fr.	Placerville, Calif.
Malik Diggs	Gr.	Laurinburg, N.C.	Kaeleigh Guth	So.	Washington, N.J.
Derrick Freeland	Sr.	Charlotte, N.C.	Ty Rhonza Harris	Sr.	Spring Hill, Fla.
Charlie Hatler	Jr.	Branchville, N.J.	Tiffany Hill	Fr.	Charlotte, N.C.
Prince Howard-Whitaker	So.	Columbia, S.C.	Victoria Krone	So.	Forest, Va.
Amos Jackson	Sr.	Jacksonville, Fla.	Casey Miller	Fr.	Johnson City, Tenn.
Josiah Johnson	Jr.	Ladson, S.C.	Hannah Murray	Jr.	San Antonio, Texas
Stephan Kulick	Jr.	Davidsonville, Md.	Jordan Neeley	So.	Gravette, Ark.
Michael Lantz	Sr.	Columbia, S.C.	Jessy Page	So.	Clermont, Fla.
Harrison Mansell	Fr.	Woodstock, Ga.	Holly Rickett	Sr.	Landrum, S.C.
Trey McClary	So.	Lexington, S.C.	Mady Riegel	Fr.	Schuykill Haven, Pa.
Evan McDonald	So.	Lugoff, S.C.	Joie Royer	Fr.	Stone Mountain, Ga.
Griffin Miller	Sr.	Baton Rouge, La.	Summer Thompson	Jr.	Raeform, N.C.
Timiebi Ogobri	Fr.	Reston, Va.			
Lindsay Pierce	Fr.	Camden, S.C.			
Kenya Pinckney	Fr.	Vilseck, Germany			
Trey Richardson	Jr.	Fayetteville, N.C.			
Jeremy Shipley	Fr.	Hillsborough, N.J.			
Devin Singleton	Sr.	Sumter, S.C.			
Charlie Walker	Sr.	Manning, S.C.			
Ja'Lon Williams	Jr.	Columbia, S.C.			
Jordan Williams	Jr.	Columbia, S.C.			

ETSU Buccaneers

Head coach: George Watts

Assistant coaches: Hassaan Stamps, Steven Sanchez, Catherine Layne, Michael Lockhart

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Haydn Borghetti-Metz	Sr.	Rogersville, Tenn.	Kyra Atkins	Jr.	Greer, S.C.
Adam Bradtmueller	So.	Sarasota, Fla.	Symphony Buxton	Fr.	Knoxville, Tenn.
Dræe Butts	Fr.	Gray, Ga.	Macy Carrier	Sr.	Bluff City, Tenn.
Noah Charles	So.	Johnson City, Tenn.	Marabeth Clark	Sr.	Maryville, Tenn.
Karon Delince	Fr.	Phenix City, Ala.	Aubree Collins	Sr.	Atlanta, Ga.
James Garst	Jr.	Jonesborough, Tenn.	Kiana Davis	Jr.	Ooltewah, Tenn.
Malick Gemechu	So.	Johnson City, Tenn.	Mia DePillo	So.	Fort Wayne, Ind.
Ben Johnson	R-Jr.	Nashville, Tenn.	Timia Easley	Sr.	Columbus, Ohio
Yohana Koko	Jr.	Alcoa, Tenn.	Gia Faoro	Fr.	Knoxville, Tenn.
Nathan Longfellow	So.	Cookeville, Tenn.	Heather Feuchtenberger	Fr.	Elizabethton, Tenn.
Louis Morris	So.	Knoxville, Tenn.	Jaden Finch	Fr.	Glen Aubrey, N.Y.
Carl Oberfeiting	Sr.	Kingsport, Tenn.	Vicki Franse	So.	Clinton, Tenn.
Tate Overbay	Fr.	Johnson City, Tenn.	Starr Graham	Jr.	Alpharetta, Ga.
Nathan Rivera	Sr.	Knoxville, Tenn.	Sydney Hawks	Fr.	Pearisburg, Va.
Simeon Roberts	R-Sr.	Greeneville, Tenn.	Margaret Hayden	Jr.	Kildare, Ireland
Hunter Sampson	Jr.	Salem, Va.	Alyyah Hill	Fr.	Snellville, Ga.
Matt Scarr	Fr.	Wamberal, NSW, Australia	Jazmyh Lacy	R-Jr.	Smyrna, Ga.
Jordan Scott	R-So.	Friendsville, Tenn.	Kaitlyn Lay	So.	Knoxville, Tenn.
Harper Sigler	So.	Bogart, Ga.	Jessica Lord	Fr.	Morristown, Tenn.
Daniel Sonnenfeldt	R-Sr.	Knoxville, Tenn.	Makayla Shaw	Fr.	Jonesborough, Tenn.
Zackery Summerrall	R-So.	Sarasota, Fla.	Lamisha Simmons	Jr.	Hollywood, Fla.
Ben Varghese	Fr.	Kingsport, Tenn.	Nicki Smith	Sr.	Urbandale, Iowa
Kashif Warren	Fr.	Knoxville, Tenn.	Lindsey Stallworth	Fr.	Knoxville, Tenn.
Ashton Wilson	Sr.	Gray, Tenn.	Atlantis Warren	Fr.	Memphis, Tenn.
			Alyssa Whipkey	Jr.	Pennsville, N.J.
			Kendra Whitehurst	Fr.	Atlanta, Ga.
			Emily Williams-McElroy	Sr.	Bristol, Tenn.
			Colbie Williamson	Fr.	Clyde, N.C.

Furman Paladins

Head coach: Robert Gary

Assistant coaches: Rita Gary, Chris Neal, Chad Balyo, Mickey McCauley, Cari Neal

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Ryan Adams	Jr.	Hudson, Ohio	Carlen Baran	Fr.	Racine, Wis.
Daniel Bernal	Fr.	El Paso, Texas	Allie Buchalski	Sr.	Johns Creek, Ga.
Josh Brickell	Sr.	Suwanee, Ga.	Anisa Burciaga	Fr.	Canutillo, Texas
Austin Chewning	Sr.	Chesterfield, S.C.	Riley Burr	So.	Milton, Ga.
Allen Clark	Fr.	Evans, Ga.	Reilly Caldwell	Fr.	Middletown, Md.
Mason Coppi	So.	Dana Point, Calif.	Savannah Carnahan	So.	Cumming, Ga.
Hayden Cox	Sr.	Johns Creek, Ga.	Reagan Chewning	So.	Chesterfield, S.C.
Madison Daniel	So.	Durham, N.C.	Becca Cooley	Sr.	Branchburg, N.J.
Tanner Hinkle	Sr.	Mason, Mich.	Jacquelyn Crow	Sr.	Lebanon, Ohio
Frank Lara	Jr.	Houston, Texas	Grace Dwyer	So.	Hamilton, N.J.
Trenton Mandato	Fr.	Winter Park, Fla.	Kristlin Gear	Fr.	Fort Myers, Fla.
Quintin McKinnish	Sr.	Morristown, Tenn.	Anna Hayden	So.	Sandy Springs, Ga.
Patrick McNamara	Jr.	St. Petersburg, Fla.	Emma Grace Hurley	So.	Roswell, Ga.
Luke Meade	So.	Bluff City, Tenn.	Gabrielle Jennings	So.	Sidell, La.
Thomas Moore	So.	Bogart, Ga.	Emma Kuntz	Fr.	Louisville, Ky.
Jake Ogden	So.	Dana Point, Calif.	Emily Lane	Fr.	Cary, N.C.
Troy Reeder	Sr.	Fishers, Ind.	Shannon Smith	Sr.	Linville, N.C.
Jaylan Reid	Jr.	Marietta, Ga.	Jennifer Stephenson	So.	Fayetteville, N.C.
Aaron Templeton	Sr.	Knoxville, Tenn.			
Chad Word	Jr.	Orlando, Fla.			

Mercer Bears

Head coach: Jerod Wims

Assistant coaches: Taylor Hurst, Mariah Gandy

Women		
Name	Class	Hometown
Sydney Campbell	Fr.	Hoschton, Ga.
Courtney Czerniak	Sr.	Suwanee, Ga.
Laurny Dancy	Fr.	Maylene, Ala.
Tessola Duncan	Fr.	Marietta, Ga.
Ania Grzeszczak	So.	Jacksonville, Fla.
Myranda Ham	Jr.	Franklin, Tenn.
Marion Meadows	Fr.	McDonough, Ga.
Madison Mueller	Jr.	Fayetteville, Ga.
Marina Van Sickle	Fr.	Rincon, Ga.
Alex Williams	Sr.	College Park, Ga.
Alicia Williams	Jr.	Riverdale, Ga.
Cherrish Wright	Fr.	Apopka, Fla.



TEAM ROSTERS



UNCG Spartans

Head coach: Chad Pearson

Assistant coaches: Loren Donohue, David Silversmith

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Karl Barksdale	Fr.	Charlotte, N.C.	Kelsey Barrett	So.	Huntsville, Ala.
Weston Clayton	Fr.	Raleigh, N.C.	Kayla Contreras	Fr.	Ravensdale, Wash.
Palmer DuPree Jr.	Jr.	Charlotte, N.C.	Ashlyn Dalton	Fr.	Mastic, N.Y.
Preston Gaines	Fr.	Charlotte, N.C.	Taylor Delaney	So.	Hope Mills, N.C.
Ewan Hynes	Fr.	Cornelius, N.C.	Kassidy Dill	Fr.	Milford, Maine
Trelek Jones	So.	Lynchburg, Va.	Nautica Friday	So.	Lexington, N.C.
Juan Rodriguez	Fr.	Winston-Salem, N.C.	Ariana Garcia	Fr.	Beulaville, N.C.
Alex Roy	So.	Clayton, N.C.	Anna Habich	So.	Virginia Beach, Va.
Daniel Rust	Fr.	New Bern, N.C.	Josie McGee	Fr.	Apex, N.C.
William Sandin	Jr.	Raleigh, N.C.	Lefler McManus	Fr.	Oakboro, N.C.
Logan Sprinkle	Fr.	King, N.C.	Holly Mordoff	So.	Silver Spring, Md.
Luke Sumerford	Sr.	Greensboro, N.C.	Alexis Rice	So.	Charlotte, N.C.
Jonathan Timothy	Fr.	Greenville, N.C.	Antonia Smith	Jr.	Benson, N.C.
Ny Juan Williams	Jr.	Sumter, S.C.	Malea Smith	Fr.	Davidson, N.C.
			Kaitlyn Stone	So.	Winston-Salem, N.C.
			Kayla Wetherell	Jr.	Youngsville, N.C.

Samford Bulldogs

Head coach: Rod Tiffin

Assistant coaches: David Clyburn, Pat McGregor, Ashley Cope

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Marquis Barnes	Sr.	Carrollton, Ga.	Lauren Beard	So.	Birmingham, Ala.
Joyner Bousquet	R-Fr.	Suwanee, Ga.	Berkley Bryan	Jr.	Johns Creek, Ga.
Matt Cahoon	Fr.	Cullman, Ala.	Camille Caldwell	Jr.	Franklin, Tenn.
Brad Cheek	Jr.	Flowood, Miss.	Rachel Dixon	So.	Carmel, Ind.
Dillon Dean	So.	Alexander City, Ala.	Amanda Dumar	Fr.	Tampa, Fla.
Hugh Duggan	So.	Rome, Ga.	Jayne Claire Eubanks	Fr.	Kennesaw, Ga.
Austin Eck	Fr.	Cuyahoga Falls, Ohio	Erin Hines	So.	Pelham, Ala.
Keyth Fightmaster	Jr.	Calhoun, Ga.	Allison Holland	Fr.	Saint Johns, Fla.
Warren Fitzpatrick	Fr.	Birmingham, Ala.	Maggie Johnston	So.	Macon, Ga.
Ben Garner	Fr.	Opelika, Ala.	Charlotte Krause	So.	Mobile, Ala.
Gavin Gautreau	Sr.	New Iberia, La.	Sarah Lee	Jr.	Mount Pleasant, S.C.
Arsène Guillourel	Sr.	Pontchateau, France	Veronica Lyle	Jr.	Hewitt, Ala.
Carson Howe	Jr.	Alpharetta, Ga.	Shian Mallory	So.	Germantown, Tenn.
Jack McHugh	Fr.	Alpharetta, Ga.	Tonia McKinley	Sr.	Mobile, Ala.
Michael McMahan	Fr.	Franklin, Tenn.	Megan Meadow	Jr.	Murfreesboro, Tenn.
Tray Oates	R-Sr.	Acworth, Ga.	Carrie Neill	Sr.	Watkinsville, Ga.
Jordan Oballe	So.	Johns Creek, Ga.	Allie Nelson	Fr.	Brewton, Ala.
Noah Osborne	Fr.	Bradenton, Fla.	Bekah Pfitzer	Jr.	Vestavia Hills, Ala.
Thomas Ozburn Jr.	Fr.	Brentwood, Tenn.	Selena Popp	Jr.	Hixon, Tenn.
Michael Rohdy	Sr.	Homewood, Ala.	Megan Roach	Jr.	Franklin, Tenn.
Josh Salter	Sr.	Johns Creek, Ga.	Sarah Sanford	R-Jr.	Hoover, Ala.
Hunter Schlatter	So.	Coopersville, Mich.	Mary Grace Strozier	R-Fr.	Pelham, Ala.
Emmanuel Tait	So.	Alabaster, Ala.	Tatiana Taylor	Jr.	Kennesaw, Ga.
Jon Waarvick	So.	Millbrook, Ala.	Lauren Torsch	Sr.	Metairie, La.
			Haley Ward	Sr.	Athens, Tenn.
			Victoria Wicks	Sr.	Signal Mountain, Tenn.
			Tally Wilson	R-Fr.	Cullman, Ala.
			Abbey Zane	Fr.	Huntsville, Ala.

Chattanooga Mocs

Head coach: Andy Meyer

Assistant coach: Amanda Cotter

Women

Name	Class	Hometown
Abby Bateman	So.	Jefferson City, Tenn.
Ashlynd Broling	Fr.	Athens, Tenn.
Rebekah Bryant	Fr.	Dandridge, Tenn.
Nicole Buehrle	So.	Sugarloaf, Pa.
Hannah Caldwell	So.	Brentwood, Tenn.
Katie Coker	Fr.	Rockvale, Tenn.
Taylor Grayson	So.	Hendersonville, Tenn.
Rebekah Hampton	Fr.	Knoxville, Tenn.
Julia Henderson	So.	Brentwood, Tenn.
Haley Morris	Jr.	Lenoir City, Tenn.
Sophia Neglia	Fr.	Kingsport, Tenn.
Brianna Nelson	Jr.	Jefferson, Wis.
Emily Poole	So.	Ringgold, Ga.
Taylor Sawyer	So.	Chattanooga, Tenn.
Rebekah Wich	So.	Murfreesboro, Tenn.

VMI Keydets

Head coach: Darrin Webb

Assistant coaches: Drew Ludtke, Zack Scott, Sean Bernstein

Men

Name	Class	Hometown
Justin Adams	So.	Bohannon, Va.
Andrew Arlnt	Jr.	Haymarket, Va.
Jackson Betts	Fr.	Fairfax, Va.
Jay Broom	R-Jr.	Chesapeake, Va.
Chad Brown	So.	Chesapeake, Va.
John Collins	Fr.	Madison Heights, Va.
Ross Condrey	Sr.	Richmond, Va.
Micah Ellington	Sr.	Chesapeake, Va.
Carlos Fernandes	So.	Purcellville, Va.
Tripp Fitch	R-Jr.	Richmond, Va.
Andrew Gould	Sr.	Suffolk, Va.
James Granderson	So.	Stafford, Va.
Davone Hernandez	Fr.	Rome, N.Y.
Aaron Kempf	Fr.	Newport News, Va.
Walt Kitson	Fr.	Midlothian, Va.
Griffin Kowal	Fr.	Quinton, Va.
Jake Mazziotta	Fr.	Tallahassee, Fla.
Caleb Minus	So.	Oviedo, Fla.
Kellen Reeves	Fr.	Fredericksburg, Va.
Adam Roberto	Fr.	Wakefield, Mass.
Kyle Sabourin	Jr.	Virginia Beach, Va.
Jahanzib Shahbaz	So.	Stafford, Va.
Donovan Walton	Sr.	Stephens City, Va.
Lee Warren	Sr.	Mechanicsville, Va.
Desmond Weinberg-Jones	R-Sr.	Stafford, Va.
Levi Whitt	Jr.	Lewisburg, W.Va.
Joshua Willard	Sr.	Midlothian, Va.
Stephen Wolf	R-Fr.	Louisville, Ky.

Women

Name	Class	Hometown
Bria Anderson	Sr.	Richmond, Va.
Anna Armfield	Fr.	Raburn Gap, Ga.
Ariel Endicott	Fr.	Hurley, Va.
Emily Fulton	Sr.	Roanoke, Va.
Kerisha Goode	Sr.	Lorton, Va.
Sydney Hays	R-So.	Buchanan, Va.
Christina Hill	Sr.	Stafford, Va.
Bethany King	Sr.	Chesterfield, Va.
Emily Kirk	R-So.	Nokesville, Va.
Julianne Knoblett	So.	Fulton, Md.
Sarah Leckman	Fr.	Alexandria, Va.
Julia Logan	Sr.	Midlothian, Va.
Maura Logan	So.	Roscoe, Ill.
Mia McClain	Sr.	Suffolk, Va.
Isabela Melendez	So.	Chesapeake, Va.
Tiffany Quick	Jr.	Midlothian, Va.
Ariana Ruffin	Fr.	Philadelphia, Pa.
Catrena Schumacher	R-Jr.	Monticello, Minn.
Brenea Thomas	Jr.	Dumfries, Va.
Erin Weible	Fr.	Virginia Beach, Va.
Kathleen Yates	So.	Williamsburg, Va.



TEAM ROSTERS



Western Carolina Catamounts

Head coach: Cale McDaniel

Assistant coaches: Austin Davis, Jaymes Talkington

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Caleb Albrecht	Jr.	Franklin, N.C.	Dasha Arnaut	Jr.	Asheville, N.C.
Corey Alston	So.	Charlotte, N.C.	Ann Bennett	Jr.	Palos Hills, Ill.
Dylan Andrade	Jr.	East Bend, N.C.	Alisha Blackmon	Sr.	Charlotte, N.C.
Mac Bennett	Fr.	Gainesville, Ga.	Meghan Breden	Sr.	Wilkesboro, N.C.
Jordan Bostian	Jr.	Mount Ulla, N.C.	D'Amani Bryant	Fr.	Charlotte, N.C.
Mateius Brown	Sr.	Broadway, N.C.	Dominique Delisser	Fr.	Suwanee, Ga.
Devaniel Dale	So.	Salisbury, N.C.	Danyel de Souza	Jr.	Cary, N.C.
Corey Ginley	Sr.	Fletcher, N.C.	Kinley Drummonds	Fr.	Boone, N.C.
Miles Greer	Jr.	Marietta, Ga.	Tiffany Dunham	Jr.	Raleigh, N.C.
Tyler Hanks	Fr.	Sparta, N.C.	Jasmine Gooden	So.	Greensboro, N.C.
Kevin Hires	Sr.	Lorton, Va.	Autumn James	Fr.	Wilmington, N.C.
Di'Joun Huitt	So.	Catawba, N.C.	Kaitlyn Lingard	Jr.	Greensboro, N.C.
Devyn Montel Jones	Sr.	Duluth, Ga.	Mia Little	Jr.	High Point, N.C.
Mike Jones	Fr.	Tyrone, Ga.	Makaila McIntyre	Jr.	Lawrenceville, Ga.
Henry Kiedi	Sr.	Knightdale, N.C.	Christina Nikolaou	Fr.	Charlotte, N.C.
Dakota Lamont	Sr.	Winston-Salem, N.C.	Ashley Parker	Jr.	Valdese, N.C.
Nick Lawson	Jr.	Huntersville, N.C.	Rachel Rouse	So.	Morehead City, N.C.
Josh Little	Jr.	Salisbury, N.C.	Marisa Scott	Jr.	Morgantown, N.C.
Nicholas Lyons	So.	Hendersonville, N.C.	Lesleigh Tabor	Fr.	Franklin, N.C.
Tyler Manigault	Fr.	Concord, N.C.	Lindsey Trotter	So.	Abingdon, Va.
Matthew Mudd	Fr.	Walnut Cove, N.C.	Jaelyn Warren	Fr.	Waxhaw, N.C.
Scott Peretin	Sr.	Chapel Hill, N.C.	Kellsie Whitehead	So.	Raleigh, N.C.
Tyler Robakiewicz	So.	Greensboro, N.C.	Erin Willard	Fr.	Germantown, Wis.
Khadevis Snead	Fr.	Raleigh, N.C.	Simone Williams	Jr.	Charlotte, N.C.
Jay Stanley	So.	Maysville, Ky.	Sally Woerner	Sr.	Tiger, Ga.
Chase Stehling	Jr.	Lincolnton, N.C.	Jada Woods	So.	Huntersville, N.C.
Chace Washington-Saunders	R-So.	Winston-Salem, N.C.	Tamilia Wright	Jr.	Burlington, N.C.
Dakota Wright	Jr.	Leicester, N.C.	Amy Yarborough	So.	Hendersonville, N.C.

Wofford Terriers

Head coach: Johnny Bomar

Assistant coach: Mike Wilson

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Bosco Bapoupeleh	So.	San Francisco, Calif.	Jamie Barnett	Jr.	Pawley's Island, S.C.
Cody Chavis	So.	Inman, S.C.	Anya Bunao	Sr.	Summerville, S.C.
Isaiah Ellis	Fr.	Spartanburg, S.C.	Alexandra Burgess	Jr.	Pendleton, S.C.
Cisco Ferre	Jr.	Hilton Head, S.C.	Alexandra Christopoulos	Sr.	Knoxville, Tenn.
Walker Gibbs	So.	Greenville, S.C.	LeAndrea Combo	Jr.	Charlotte, N.C.
Hunter Griffin	So.	Fayetteville, Ga.	McLeod Dean	Jr.	Maryville, Tenn.
Jonathan Hall	So.	Mebane, N.C.	Megan Dunn	Fr.	Dorchester, Ontario
Joe Harbacevich	Jr.	Charlotte, N.C.	Whitley Elsass	Fr.	Wyoming, Ohio
Conrad Heinrich	Jr.	Sugar Land, Texas	Sara Jane Hayes	Sr.	Gainesville, Ga.
Ben Hensley	Sr.	Tucker, Ga.	Olivia Head	Jr.	Edmond, Okla.
Austin Lufkin	Fr.	Clifton, Maine	Sandra Lopez	Fr.	Enoree, S.C.
T.J. Maxey	Fr.	Charlotte, N.C.	Amber Lust	Jr.	Felton, Del.
Ford McCoy	Fr.	Greenville, S.C.	Sommer McKenzie	So.	Summerville, S.C.
Omar Mingo	Jr.	Camden, S.C.	Kassidy Morton	So.	Bristol, Tenn.
Longinus Nnodim	Jr.	Greenville, S.C.	Madison Paraskeva	So.	Mount Pleasant, S.C.
Sam Robinson	Sr.	Landrum, S.C.	Taryn Schoen	So.	Leavenworth, Kan.
Bradford Smith	So.	Lexington, S.C.	Hannah Steelman	Fr.	Orono, Maine
William Stout	So.	Nashville, Tenn.	Erin Troyer	Sr.	Spartanburg, S.C.
Jack Zemp	So.	Greenville, S.C.	Kaselyn Widmyer	Sr.	Couer d'Alene, Idaho



CONGRATULATIONS, SENIORS!



The Southern Conference would like to recognize the seniors who will be competing in their final outdoor conference meet.

Jamie Cunningham.....	The Citadel	Austin Chewning.....	Furman	Andrew Gould.....	VMI
Asyria Daniels.....	The Citadel	Hayden Cox.....	Furman	Christina Hill.....	VMI
Malik Diggs.....	The Citadel	Jacquelyn Crow.....	Furman	Bethany King.....	VMI
Derrick Freeland.....	The Citadel	Tanner Hinkle.....	Furman	Julia Logan.....	VMI
Ty'Rhonza Harris.....	The Citadel	Quintin McKinnish.....	Furman	Mia McClain.....	VMI
Amos Jackson.....	The Citadel	Troy Reeder.....	Furman	Donovan Walton.....	VMI
Michael Lantz.....	The Citadel	Shannon Smith.....	Furman	Lee Warren.....	VMI
Griffin Miller.....	The Citadel	Aaron Templeton.....	Furman	Desmond Weinberg-Jones.....	VMI
Holly Rickett.....	The Citadel	Courtney Czerniak.....	Mercer	Joshua Willard.....	VMI
Mady Riegel.....	The Citadel	Alex Williams.....	Mercer	Alisha Blackmon.....	Western Carolina
Devin Singleton.....	The Citadel	Luke Sumerford.....	UNCG	Meghan Breden.....	Western Carolina
Charlie Walker.....	The Citadel	Marquis Barnes.....	Samford	Mateius Brown.....	Western Carolina
Haydn Borghetti-Metz.....	ETSU	Gavin Gautreau.....	Samford	Corey Ginley.....	Western Carolina
Macy Carrier.....	ETSU	Arsène Guillourel.....	Samford	Kevin Hires.....	Western Carolina
Marabeth Clark.....	ETSU	Tonia McKinley.....	Samford	Devyn Montel Jones.....	Western Carolina
Aubree Collins.....	ETSU	Carrie Neill.....	Samford	Henry Kiedi.....	Western Carolina
Timia Easley.....	ETSU	Tray Oates.....	Samford	Dakota Lamont.....	Western Carolina
Carl Oberfeitingner.....	ETSU	Michael Rohdy.....	Samford	Scott Peretin.....	Western Carolina
Nathan Rivera.....	ETSU	Josh Salter.....	Samford	Sally Woerner.....	Western Carolina
Simeon Roberts.....	ETSU	Lauren Torsch.....	Samford	Anya Bunao.....	Wofford
Nicki Smith.....	ETSU	Haley Ward.....	Samford	Alexandra Christopoulos.....	Wofford
Daniel Sonnenfeldt.....	ETSU	Victoria Wicks.....	Samford	Sara Jane Hayes.....	Wofford
Emily Williams-McElroy.....	ETSU	Bria Anderson.....	VMI	Ben Hensley.....	Wofford
Ashton Wilson.....	ETSU	Ross Condry.....	VMI	Sam Robinson.....	Wofford
Josh Brickell.....	Furman	Micah Ellington.....	VMI	Erin Troyer.....	Wofford
Allie Buchalski.....	Furman	Emily Fulton.....	VMI	Kaselyn Widmyer.....	Wofford
Becca Cooley.....	Furman	Kerisha Goode.....	VMI		