

**2018 Southern Conference Outdoor Championships  
Western Carolina University - Cullowhee, NC**

**Thursday, May 10**

<b>Decathlon</b>	<b>Heptathlon</b>
<b>10:00am 100m</b>	<b>10:15am 100mH</b>
<b>LJ</b>	<b>HJ</b>
<b>SP</b>	<b>SP</b>
<b>HJ</b>	<b>200m</b>
<b>400m</b>	

**Friday, May 11**

<b>Decathlon</b>	<b>Heptathlon</b>
<b>9:00am 110H</b>	<b>10:00am LJ</b>
<b>DT</b>	<b>JT</b>
<b>PV</b>	<b>800m</b>
<b>JT</b>	
<b>1500m</b>	

**Track & Field Events Schedule**

**8:30am 10,000m (M) – Final**  
**9:15am 10,000m (W) – Final**  
**10:30am Hammer (M) – Final**  
**12:30am Hammer (W) – Final**  
**1:00pm Pole Vault (M) – Final**  
**1:00pm 1500m (M) – Trials**  
**1:15pm 1500m (W) – Trials**  
**1:30pm Long Jump (M) – Final**  
**2:00pm 110m HH Trials – (M)**  
**2:15pm 100m HH Trials – (W)**  
**2:35pm 400m Trials – (M)**  
**2:50pm 400m Trials – (W)**  
**3:00pm Javelin (M) – Final**  
**3:10pm 100m Trials – (M)**  
**3:25pm 100m Trials – (W)**  
**3:45pm 800m Trials – (M)**  
**4:00pm Pole Vault (W) – Final**  
**4:00pm Long Jump (W) – Final**  
**4:05pm 800m Trials – (W)**  
**4:25pm 400mH Trials – (M)**  
**4:40pm 400mH Trials – (W)**  
**5:00pm Javelin (W) – Final**  
**5:00pm 200m Trials – (M)**  
**5:15pm 200m Trials – (W)**  
**5:35pm 3000m SC (M) – Final**  
**5:55pm 3000m SC (W) – Final**

**Track & Field Events Schedule**

**11:15am Shot Put (M) – Final**  
**11:15pm Discus (W) – Final**  
**12:15pm High Jump (W) – Final**  
**1:00pm 4 x 100m (M) – Final**  
**1:10pm 4 x 100m (W) – Final**  
**1:20pm 1500m (M) – Final**  
**1:30pm 1500m (W) – Final**  
**1:40pm 110m HH (M) – Final**  
**1:50pm 100m HH (W) – Final**  
**2:00pm High Jump (M) – Final**  
**2:00pm 400m (M) – Final**  
**2:10pm 400m (W) – Final**  
**2:20pm 100m (M) – Final**  
**2:30pm 100m (W) – Final**  
**2:30pm Triple Jump (W) – Final**  
**2:40pm 800m (M) – Final**  
**2:45pm Discus (M) – Final**  
**2:50pm 800m (W) – Final**  
**3:00pm 400mH (M) – Final**  
**3:10pm 400mH (W) – Final**  
**3:15pm Triple Jump (M) – Final**  
**3:20pm Shot Put (W) – Final**  
**3:20pm 200m (M) – Final**  
**3:30pm 200m (W) – Final**  
**3:40pm 5000m (M) – Final**  
**4:00pm 5000m (W) – Final**  
**4:25pm 4 x 400m (M) – Final**  
**4:40pm 4 x 400m (W) – Final**  
**5:00pm Awards Ceremony**