

Southern Conference Wrestling Record Book



Through 2017-18 season



Regular-season standings

1993-94

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^Appalachian State	3-1	.750		12-4-1	.705	
^VMI	3-1	.750		9-5	.642	
^\$Chattanooga	3-1	.750		5-6	.454	
The Citadel	1-3	.250		9-12	.428	
Davidson	0-4	.000		6-16	.272	

1994-95

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$VMI	4-0	1.000	115-39	8-2	.800	201-76
\$Appalachian State	3-1	.750	101-47	6-6-1	.461	163-202
Chattanooga	2-2	.500	98-45	4-7	.363	107-170
The Citadel	1-3	.250	125-136	5-14	.263	163-441
Davidson	0-4	.000	51-201	4-20	.166	245-559

1995-96

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^VMI	4-0	1.000		11-3	.785	
Chattanooga	3-1	.750		6-4	.400	
\$Appalachian State	2-2	.500		10-8	.555	
The Citadel	1-3	.250		5-13	.277	
Davidson	0-4	.000		4-15	.210	

1996-97

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$Appalachian State	5-0	1.000	141-56	10-8	.556	377-350
\$VMI	4-1	.800	139-65	8-5	.615	288-231
\$UNCG	3-2	.600	123-75	9-5-1	.633	422-233
Chattanooga	2-3	.400	96-91	7-9	.438	292-367
The Citadel	1-4	.200	86-130	4-8	.333	227-296
Davidson	0-5	.000	29-207	2-13-1	.156	211-515

1997-98

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^UNCG	4-1	.800	136-73	10-3	.769	345-122
^\$Chattanooga	4-1	.800	139-73	7-8-1	.469	346-324
^Appalachian State	4-1	.800	131-64	6-7	.462	252-263
The Citadel	2-3	.400	98-110	4-10	.286	240-350
VMI	1-4	.200	85-132	1-13	.071	183-414
Davidson	0-5	.000	47-184	9-9-1	.500	458-404

1998-99

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^Appalachian State	4-1	.800	131-75	6-3	.667	213-155
^\$Chattanooga	4-1	.800	140-67	7-5	.583	279-192
VMI	4-1	.800	124-62	8-4	.667	311-180
UNCG	2-3	.400	120-87	8-5	.615	347-212
The Citadel	1-4	.200	80-123	4-10	.286	210-360
Davidson	0-5	.000	22-205	6-13	.316	281-564

1999-2000

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$Chattanooga	5-0-0	1.000	151-58	10-2-0	.833	336-163
VMI	4-1-0	.800	133-76	6-7-0	.462	250-278
Appalachian State	3-2-0	.600	185-96	7-10-0	.412	311-358
UNCG	2-3-0	.400	96-97	4-4-0	.500	166-143
The Citadel	1-4-0	.200	77-120	2-11-2	.200	225-391
Davidson	0-5-0	.000	35-185	3-12-0	.231	184-449

2000-01

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$Appalachian State	5-0-0	1.000	152-41	8-5-0	.615	307-186
Chattanooga	4-1-0	.800	141-57	6-7-0	.462	267-219
UNCG	2-3-0	.400	59-98	5-7-0	.417	169-322
The Citadel	2-3-0	.400	98-100	5-15-0	.250	309-459
VMI	2-3-0	.400	95-110	2-11-0	.154	175-370
Davidson	0-5-0	.000	39-166	6-13-0	.316	300-461

2001-02

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$Chattanooga	5-0-0	1.000	120-65	9-8-0	.529	255-366
VMI	4-1-0	.800	156-46	11-4-0	.733	388-185
The Citadel	3-2-0	.600	113-86	10-7-0	.588	384-321
Appalachian State	2-3-0	.400	119-77	6-8-0	.429	276-246
UNCG	1-4-0	.200	86-119	3-8-0	.273	194-255
Davidson	0-5-0	.000	22-223	0-15-0	.000	101-702

2002-03

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$Appalachian State	5-0	1.000	169-42	11-2	.846	385-159
VMI	4-1	.800	72-44	8-3	.727	167-120
The Citadel	3-2	.600	139-42	12-3	.800	406-167
Chattanooga	2-3	.400	93-88	6-17	.260	335-501
UNCG	1-4	.200	67-164	1-14	.066	202-469
Davidson	0-5	.000	33-153	1-13	.071	154-247

2003-04

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$The Citadel	5-0	1.000	151-49	13-3	.813	
Chattanooga	4-1	.800	143-67	11-6	.647	
Appalachian State	2-3	.400	105-90	6-4	.600	
UNCG	2-3	.400	90-107	9-6	.600	
VMI	2-3	.400	81-108	7-7	.500	
Davidson	0-5	.000	39-188	4-13	.235	

2004-05

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$Chattanooga	5-0-0	1.000	184-25	14-10-0	.528	629-358
UNCG	4-1-0	.800	188-66	12-5-0	.705	411-228
The Citadel	2-2-1	.500	135-93	5-8-1	.357	242-305
VMI	2-3-0	.400	97-140	6-6-1	.461	243-240
Appalachian State	1-3-1	.300	87-119	8-9-1	.444	375-396
Davidson	0-5-0	.000	40-185	8-7-0	.533	330-368

2005-06

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$Chattanooga	5-0	1.000	150-31	16-8-1	.660	
UNCG	4-1	.800	115-81	9-6	.600	
The Citadel	3-2	.600	106-84	8-8	.500	
Davidson	1-3-1	.200	67-146	7-9-1	.468	
Appalachian State	1-4	.200	73-112	11-8-1	.575	
VMI	0-4-1	.100	64-121	1-8-1	.150	

2006-07

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$Chattanooga	5-0	1.000	187-33	16-1	.941	
UNCG	4-1	.800	143-70	10-4	.714	
VMI	3-2	.667	80-129	6-8	.429	
Appalachian State	2-3	.400	82-116	8-15	.348	
The Citadel	1-4	.250	72-124	5-9	.364	
Davidson	0-5	.000	63-155	6-10	.375	



Regular-season standings

2007-08

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^\$Chattanooga	5-0	.1000	166-50	11-6	.733	
Appalachian State	4-1	.800	141-61	14-7	.666	
*UNCG	3-2	.667	129-71	9-9	.500	
The Citadel	2-3	.400	82-115	5-6	.454	
VMI	1-4	.250	57-154	6-8	.428	
Davidson	0-5	.000	42-166	3-11	.214	

^ Regular-season champion

\$ Tournament champion

* later vacated four wins (including one SoCon win)

2008-09

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^\$Chattanooga	5-0	1.000	171-48	12-10	.545	
*UNCG	4-1	.800	147-53	7-11	.389	
The Citadel	3-2	.600	81-93	9-6-1	.594	
Appalachian State	2-3	.400	90-102	7-16	.304	
Davidson	1-4	.200	51-139	6-12	.333	
VMI	0-5	.000	48-153	0-11	.000	

^ Regular-season champion

\$ Tournament champion

* later vacated all seven wins

2009-10

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^Chattanooga	5-0	1.000	161-43	11-7	.611	
\$*UNCG	4-1	.800	144-64	8-7	.533	
Appalachian State	3-2	.600	107-97	9-11	.450	
The Citadel	2-3	.400	87-109	9-6	.600	
VMI	1-4	.200	79-113	5-9	.357	
Davidson	0-5	.000	39-190	5-16	.238	

^ Regular-season champion

\$ Tournament champion

* later vacated all eight wins and SoCon Championship title

2010-11

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^\$Chattanooga	5-0	1.000	145-43	11-9	.550	
*UNCG	4-1	.800	120-72	8-11	.421	
The Citadel	3-2	.600	102-77	8-12	.400	
Appalachian State	2-3	.400	99-94	8-11-1	.425	
VMI	1-4	.200	74-118	4-10	.286	
Davidson	0-5	.000	39-175	5-13	.278	

^ Regular-season champion

\$ Tournament champion

* later vacated all eight wins

2011-12

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^Appalachian State	6-0	1.000	196-63	13-4	.765	
\$Chattanooga	5-1	.833	202-47	12-6	.667	
The Citadel	4-2	.667	160-89	9-9	.500	
Campbell	3-3	.500	109-129	11-17	.393	
VMI	2-4	.333	82-165	5-11	.313	
Gardner-Webb	1-5	.167	82-159	6-12	.333	
Davidson	0-6	.000	43-222	3-14	.176	

^ Regular-season champion

\$ Tournament champion

2012-13

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^\$Chattanooga	7-0	1.000	234-52	11-6	.647	
Appalachian State	5-2	.714	135-124	8-6	.571	
Citadel	5-2	.714	189-91	7-6	.538	
Campbell	5-2	.714	181-100	7-10	.412	
Gardner-Webb	2-5	.286	113-160	4-13	.235	
VMI	2-5	.286	113-146	2-15	.118	
Davidson	1-6	.143	77-224	6-14	.300	
SIUE	1-6	.143	83-228	5-19	.208	

^ Regular-season champion

\$ Tournament champion

2013-14

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^\$Chattanooga	7-0	1.000	238-51	16-7	.696	
The Citadel	6-1	.857	186-82	11-3	.786	
Campbell	5-2	.714	169-116	5-3	.625	
Appalachian State	4-3	.571	153-115	7-8	.467	
Gardner-Webb	2-5	.286	98-176	6-17	.261	
SIUE	2-5	.286	106-166	5-19	.208	
Davidson	1-6	.143	101-214	5-14	.263	
VMI	1-6	.143	72-203	3-16	.158	

^ Regular-season champion

\$ Tournament champion

2014-15

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^\$Chattanooga	7-0	1.000	226-44	13-6	.684	
Appalachian State	6-1	.857	216-75	9-8	.529	
The Citadel	5-2	.714	169-113	7-6	.538	
Gardner-Webb	4-3	.571	183-104	8-10	.444	
VMI	3-4	.429	132-160	6-8	.429	
SIUE	2-5	.286	116-170	5-18	.217	
Davidson	1-6	.143	89-199	6-15	.286	
Campbell	0-7	.000	34-300	0-10	.000	

^ Regular-season champion

\$ Tournament champion

2015-16

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^\$Appalachian State	6-1	.857	208-79	12-4	.750	
^Chattanooga	6-1	.857	205-72	12-4	.750	
^Gardner-Webb	6-1	.857	213-79	9-6	.600	
SIUE	3-3	.500	96-143	5-11	.313	
Campbell	3-4	.429	137-148	3-13	.188	
The Citadel	2-5	.286	109-160	5-10	.333	
VMI	1-6	.143	98-170	3-10	.231	
Davidson	0-6	.000	28-243	4-14	.222	

^ Regular-season champion

\$ Tournament champion

2016-17

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^Appalachian State	7-0	1.000	214-74	13-3	.813	
\$Campbell	6-1	.857	200-86	10-6	.625	
Chattanooga	5-2	.714	211-79	7-9	.438	
SIUE	4-3	.571	163-132	4-12	.250	
Gardner-Webb	3-4	.429	159-119	8-10	.444	
The Citadel	2-5	.286	114-188	3-10	.231	
VMI	1-6	.143	79-218	2-13	.133	
Davidson	0-7	.000	35-279	4-14	.222	

^ Regular-season champion

\$ Tournament champion

2017-18

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^\$Appalachian State	7-0	1.000	214-74	9-4	.692	
Chattanooga	6-1	.857	200-86	8-7	.533	
Campbell	5-2	.714	211-79	8-8	.500	
SIUE	4-3	.571	163-132	6-14	.300	
Gardner-Webb	3-4	.429	159-119	3-10	.231	
VMI	2-5	.286	114-188	2-10	.167	
Davidson	1-6	.143	79-218	3-10	.231	
The Citadel	0-7	.000	35-279	1-11	.083	

^ Regular-season champion

\$ Tournament champion



Southern Conference champions

Year	Site	Team champion	Year	Site	Team champion	Year	Site	Team champion
1930	Lexington, Va.	VMI	1961	Morgantown, W.Va.	Virginia Tech	1992	Asheville, N.C.	Chattanooga
1931	NO MEET		1962	Blacksburg, Va.	Virginia Tech	1993	Asheville, N.C.	Chattanooga
1932	NO MEET		1963	Morgantown, W.Va.	Virginia Tech	1994	Asheville, N.C.	Chattanooga
1933	Lexington, Va.	Washington & Lee	1964	Davidson, N.C.	West Virginia	1995	Asheville, N.C.	Appalachian State
1934	Blacksburg, Va.	Washington & Lee	1965	Lexington, Va.	West Virginia			VMI
1935	Lexington, Va.	VMI	1966	Williamsburg, Va.	West Virginia	1996	Greensboro, N.C.	Appalachian State
1936	Lexington, Va.	Washington & Lee	1967	Morgantown, W.Va.	The Citadel	1997	Greensboro, N.C.	Appalachian State
1937	NO MEET		1968	Lexington, Va.	William & Mary			VMI
1938	Blacksburg, Va.	VMI	1969	Charleston, S.C.	William & Mary			UNCG
1939	NO MEET		1970	Williamsburg, Va.	William & Mary	1998	Greensboro, N.C.	Chattanooga
1940	NO MEET		1971	Williamsburg, Va.	William & Mary	1999	Greensboro, N.C.	Chattanooga
1941	College Park, Md.	Washington & Lee	1972	Greenville, N.C.	East Carolina	2000	Chattanooga, Tenn.	Chattanooga
1942	Greensboro, N.C.	North Carolina	1973	Williamsburg, Va.	East Carolina	2001	Chapel Hill, N.C.	Appalachian State
1943	Waynesboro, Va.	VMI	1974	Boone, N.C.	East Carolina	2002	Raleigh, N.C.	Chattanooga
1944	NO MEET		1975	Richmond, Va.	East Carolina	2003	Boone, N.C.	Appalachian State
1945	NO MEET		1976	Charleston, S.C.	East Carolina	2004	Charlottesville, Va.	The Citadel
1946	NO MEET		1977	Greenville, N.C.	William & Mary	2005	Greensboro, N.C.	Chattanooga
1947	Lexington, Va.	North Carolina	1978	Boone, N.C.	Chattanooga	2006	Lexington, Va.	Chattanooga
1948	Lexington, Va.	Washington & Lee	1979	Chattanooga, Tenn.	Chattanooga	2007	Raleigh, N.C.	Chattanooga
1949	Lexington, Va.	Washington & Lee	1980	Charleston, S.C.	Chattanooga	2008	Chattanooga, Tenn.	Chattanooga
1950	College Park, Md.	Washington & Lee	1981	Boone, N.C.	Chattanooga	2009	Charleston, S.C.	Chattanooga
1951	Lexington, Va.	VMI	1982	Lexington, Va.	Chattanooga	2010	Davidson, N.C.	UNCG
1952	Lexington, Va.	Maryland	1983	Chattanooga, Tenn.	Chattanooga	2011	Boone, N.C.	Chattanooga
1953	Lexington, Va.	Maryland	1984	Charleston, S.C.	Appalachian State	2012	Chattanooga, Tenn.	Chattanooga
1954	Lexington, Va.	West Virginia	1985	Boone, N.C.	VMI	2013	Lexington, Va.	Chattanooga
1955	Lexington, Va.	Virginia Tech	1986	Lexington, Va.	Chattanooga	2014	Buies Creek, N.C.	Chattanooga
1956	Lexington, Va.	Virginia Tech	1987	Chattanooga, Tenn.	Chattanooga	2015	Asheville, N.C.	Chattanooga
1957	Lexington, Va.	VMI	1988	Davidson, N.C.	Chattanooga	2016	Asheville, N.C.	Appalachian State
1958	Blacksburg, Va.	Virginia Tech	1989	Greenville, S.C.	Chattanooga	2017	Charleston, S.C.	Campbell
1959	Charleston, S.C.	West Virginia	1990	Charleston, S.C.	Chattanooga			
1960	Davidson, N.C.	Virginia Tech	1991	Boone, N.C.	Chattanooga			

Southern Conference results

1930	VMI	33	1941	Washington & Lee	32	1949	Washington & Lee	33	1953	Maryland	40
	Virginia Tech	17		VMI	29		VMI	22		West Virginia	23
	Washington & Lee	13		North Carolina	27		Maryland	16		Virginia Tech	14
	North Carolina	13		Maryland	11		North Carolina	13		VMI	12
	Duke	6		Davidson	7		Duke	11		Washington & Lee	10
				Duke	7		Virginia Tech	10		North Carolina	8
1933	Washington & Lee	32		N.C. State	4		Wake Forest	8		Duke	7
	VMI	24	1942	North Carolina	30		The Citadel	4		Davidson	5
	Virginia Tech	12		VMI	28		Davidson	2		The Citadel	2
	North Carolina	11		Washington & Lee	22	1950	Washington & Lee	29	1954	West Virginia	36
	Duke	3		Virginia Tech	16		VMI	24		VMI	28
1934	Washington & Lee	30		Duke	11		Maryland	15		Washington & Lee	24
	VMI	27		Davidson	7		Duke	14		Davidson	15
	N.C. State	18		N.C. State	7		The Citadel	11		Virginia Tech	11
	Virginia Tech	16		Maryland	1		North Carolina	11		The Citadel	2
	North Carolina	10	1943	VMI	33		Virginia Tech	7	1955	Virginia Tech	42
	Duke	4		North Carolina	32		N.C. State	2		West Virginia	41
1935	VMI	36		N.C. State	17		Davidson	1		VMI	35
	Washington & Lee	31		Duke	14		George Washington	0		Washington & Lee	22
	Virginia Tech	22		Washington & Lee	11	1951	VMI	29		Davidson	2
	N.C. State	19		Virginia Tech	7		Washington & Lee	23	1956	Virginia Tech	82
	North Carolina	11	1947	North Carolina	29		Maryland	18		VMI	47
	Duke	6		VMI	20		Duke	12		Washington & Lee	43
1936	Washington & Lee	33		N.C. State	20		West Virginia	12		West Virginia	27
	VMI	30		Washington & Lee	14		N.C. State	11		The Citadel	16
	North Carolina	5		Maryland	10		The Citadel	4		Davidson	15
	N.C. State	4		Virginia Tech	6	1952	Davidson	4	1957	VMI	66
	Duke	4		Davidson	4		Virginia Tech	4		Virginia Tech	62
	Virginia Tech	3	1948	Washington & Lee	41		North Carolina	0		Washington & Lee	41
	Maryland	0		VMI	17		West Virginia	43		West Virginia	35
1938	VMI	28		N.C. State	17		Davidson	16		Davidson	22
	Washington & Lee	24		Maryland	13		VMI	15		The Citadel	14
	Davidson	9					Virginia Tech	12			
	Virginia Tech	7					The Citadel	7			
	North Carolina	6					Wake Forest	6			
	Duke	1					Washington & Lee	6			
	N.C. State	1						5			
	Maryland	0									



Southern Conference results

1958	Virginia Tech	85	1969	William & Mary	87	1978	Chattanooga	100.25	1988	Chattanooga	110.5
	West Virginia	56		East Carolina	83		Appalachian State	83.5		Appalachian State	71
	The Citadel	43		VMI	66		Marshall	62		VMI	67.5
	VMI	33		The Citadel	53		The Citadel	29.5		The Citadel	28.5
	Davidson	13		Davidson	32		VMI	25.5		Furman	17
	Washington & Lee	13		George Washington	22		Davidson	5.5		Davidson	5.5
				Furman	4						
1959	West Virginia	73	1970	William & Mary	113	1979	Chattanooga	94.5	1989	Chattanooga	107.75
	Virginia Tech	67		East Carolina	91		Appalachian State	84		Appalachian State	94
	VMI	45		The Citadel	54		The Citadel	59		VMI	54.5
	Davidson	25		VMI	40		Marshall	35.25		The Citadel	28.5
	The Citadel	15		Davidson	19		VMI	24		Furman	19
				George Washington	9		Furman	0			
				Furman	6	1980	Chattanooga	100.75	1990	Chattanooga	94
1960	Virginia Tech	74	1971	William & Mary	103		VMI	64.5		Appalachian State	93.25
	VMI	61		East Carolina	92		Appalachian State	56.5		VMI	58.25
	West Virginia	53		The Citadel	50		The Citadel	51.5		The Citadel	34.50
	The Citadel	28		VMI	26		Marshall	32		Furman	9
	Davidson	12		Davidson	26		Davidson	10.5	1991	Chattanooga	103.5
1961	Virginia Tech	73		The Citadel	19		Furman	1		Appalachian State	82.5
	VMI	56	1972	East Carolina	107	1981	Chattanooga	101		VMI	49
	West Virginia	52		William & Mary	94.5		Appalachian State	89.25		The Citadel	44.5
	The Citadel	35		VMI	51		The Citadel	57	1992	Chattanooga	91.75
	Davidson	12		The Citadel	29		VMI	46.25		Appalachian State	87
1962	Virginia Tech	71		Furman	16		Marshall	45.25		VMI	62.5
	The Citadel	50		Davidson	6		ETSU	7.5		The Citadel	51
	VMI	48		Richmond	0		Davidson	5		Davidson	4
	West Virginia	43	1973	East Carolina	119.5	1982	Chattanooga	107	1993	Chattanooga	87.25
	Davidson	15		William & Mary	95		Appalachian State	73.75		Appalachian State	83.5
1963	Virginia Tech	73		Appalachian State	53.5		VMI	73.25		The Citadel	62
	West Virginia	63		VMI	33		The Citadel	39.75		VMI	57.25
	The Citadel	47		Furman	5.5		Marshall	37.75		Davidson	5.5
	Davidson	24		The Citadel	5		Davidson	7.5	1994	Chattanooga	91.25
	VMI	18		Davidson	0		ETSU	0		Appalachian State	88.75
1964	West Virginia	75	1974	East Carolina	171		Furman	0		VMI	76
	Virginia Tech	59		Appalachian State	121.5	1983	Chattanooga	104.75		The Citadel	42
	VMI	44		William & Mary	111.5		Appalachian State	77.75		Davidson	12
	The Citadel	30		VMI	52.5		VMI	68.5	1995	Appalachian State	99.5
	Davidson	14		The Citadel	38.5		The Citadel	59		VMI	99.5
1965	West Virginia	74		Richmond	23.5		Davidson	11		Chattanooga	88.5
	Virginia Tech	71		Davidson	10.5		Furman	0		The Citadel	31
	VMI	42	1975	East Carolina	159.5	1984	Appalachian State	98.5		Davidson	13
	The Citadel	40		William & Mary	143.5		Chattanooga	83.75	1996	Appalachian State	103
	Davidson	22		Appalachian State	84.5		VMI	82		VMI	79.5
	Furman	0		Richmond	53		The Citadel	39		Chattanooga	74.5
	William & Mary	0		The Citadel	46		Davidson	5.5		The Citadel	39.5
1966	West Virginia	76		VMI	37		Furman	0		Davidson	25
	The Citadel	72		Davidson	11	1985	VMI	91	1997	Appalachian State	73
	VMI	37	1976	East Carolina	111		Appalachian State	80		VMI	73
	East Carolina	30		William & Mary	74.75		Chattanooga	73.5		UNCG	73
	William & Mary	22		VMI	30		The Citadel	54		Chattanooga	60.5
	Davidson	19		The Citadel	26.5		Furman	2		The Citadel	42
1967	The Citadel	80		Richmond	24.5		Davidson	0		Davidson	12.5
	West Virginia	69		Appalachian State	20.5	1986	Chattanooga	86	1998	Chattanooga	92.5
	Davidson	56		Davidson	6		Appalachian State	85.5		UNCG	83.5
	VMI	46	1977	William & Mary	94.5		VMI	77.5		Appalachian State	71.0
	William & Mary	19		East Carolina	83.5		The Citadel	59.5		VMI	50.5
	East Carolina	15		VMI	54.75		Furman	16		The Citadel	43.5
1968	William & Mary	87		Appalachian State	37.5		Davidson	0		Davidson	14.5
	VMI	65		Marshall	26.25	1987	Chattanooga	97.75	1999	Chattanooga	92
	East Carolina	51		The Citadel	14.75		Appalachian State	97.50		UNCG	72.5
	West Virginia	49		Davidson	0.5		VMI	74		VMI	71
	The Citadel	44					The Citadel	24		Appalachian State	48.5
	Davidson	26					Furman	13.5		The Citadel	42
							Davidson	8		Davidson	13



Southern Conference results

2000	Chattanooga	102.5	2010	UNCG	81.5*	2018	Appalachian State	110.0
	Appalachian State	80		The Citadel	74		Chattanooga	88.0
	UNCG	70.5		Appalachian State	71.5		Campbell	63.0
	VMI	54.5		Chattanooga	43		SIUE	62.0
	The Citadel	26.5		VMI	37		The Citadel	30.5
	Davidson	16.5		Davidson	21		Gardner-Webb	21.5
2001	Appalachian State	113.5					VMI	15.5
	Chattanooga	77		* title later vacated			Davidson	13.0
	VMI	49	2011	Chattanooga	98			
	The Citadel	48.5		UNCG	87.5			
	UNCG	37.5		Appalachian State	57.5			
	Davidson	16.5		The Citadel	44.5			
2002	Chattanooga	72		VMI	27			
	VMI	70		Davidson	18			
	The Citadel	62.5	2012	Chattanooga	102			
	Appalachian State	61.5		Appalachian State	72.5			
	UNCG	28		The Citadel	72.5			
	Davidson	16.5		Campbell	65			
2003	Appalachian State	97.5		VMI	25.5			
	VMI	80		Gardner-Webb	21			
	The Citadel	70		Davidson	6.5			
	Chattanooga	51.5	2013	Chattanooga	102.5			
	UNCG	20		Campbell	62.5			
	Davidson	4.5		The Citadel	59.0			
2004	The Citadel	89		Gardner-Webb	49.5			
	Chattanooga	79		SIUE	29.5			
	VMI	65		Appalachian State	27.0			
	Appalachian State	51.5		Davidson	25.5			
	UNCG	49.5		VMI	23.5			
	Davidson	10	2014	Chattanooga	88.0			
2005	Chattanooga	90		The Citadel	78.5			
	The Citadel	81		Campbell	54.0			
	UNCG	77		Appalachian State	36.0			
	Appalachian State	57.5		Gardner-Webb	32.5			
	Davidson	30.5		SIUE	30.5			
	VMI	23.5		Davidson	29.0			
2006	Chattanooga	112.5		VMI	13.5			
	UNCG	72	2015	Chattanooga	89.0			
	The Citadel	63.5		Appalachian State	70.5			
	Appalachian State	49.5		The Citadel	62.0			
	VMI	28.5		Gardner-Webb	54.0			
	Davidson	17		SIUE	38.5			
2007	Chattanooga	117.5		Davidson	27.5			
	UNCG	75		VMI	24.5			
	VMI	41	2016	Appalachian State	83.5			
	The Citadel	38.5		Chattanooga	83.0			
	Appalachian State	36.5		Gardner-Webb	61.5			
	Davidson	34.5		SIUE	51.5			
2008	Chattanooga	104.5		Campbell	46.5			
	Appalachian State	86.5		The Citadel	34.5			
	UNCG	71.5		VMI	27.0			
	The Citadel	30.5		Davidson	5.5			
	VMI	26	2017	Campbell	89.5			
	Davidson	24.5		Appalachian State	86.0			
2009	Chattanooga	104		SIUE	69.5			
	UNCG	73		Chattanooga	66.0			
	Appalachian State	63		Gardner-Webb	37.5			
	The Citadel	55.5		The Citadel	33.5			
	VMI	27		VMI	9.5			
	Davidson	20.5		Davidson	7.0			



All-Southern Conference teams

1993
 118 David Barden, UTC
 126 Donnell Rawls, APP
 134 Frank Mathews, UTC
 142 Charlie Branch, VMI
 150 Guy Harris, UTC
 158 Corey Creech, APP
 167 Shomari Rozier, APP
 177 Chad Dennis, UTC
 190 John Reynolds, APP
 HWT Melvin Crosby, APP

1994
 118 Jason Laffin, UTC
 126 David Barden, UTC
 134 Vince Zullo, APP
 142 Charlie Branch, VMI
 150 Kyle Kuykendall, APP
 158 Chad Dennis, UTC
 167 Shomari Rozier, APP
 177 Seth Meyerson, APP
 190 Vince Crum, CIT
 HWT Mark Wysong, VMI

1995
 118 Mike Orris, APP
 126 Aaron Mickiewicz, VMI
 134 Adam Mickiewicz, VMI
 142 Charlie Branch, VMI
 150 Jeremy Ingram, VMI
 158 Kevin Johnson, VMI
 167 Rob Reaves, CIT
 177 Daryk Moistner, APP
 190 Raymond James, VMI
 HWT Hercules Ward, UTC

1996
 118 Tony Hairston, APP
 126 David Barden, UTC
 134 Adam Mickiewicz, VMI
 142 Jason Foresman, VMI
 150 Reese Edgington, VMI
 158 Greg Young, UTC
 167 Chad Dennis, UTC
 177 Jason Hooker, APP
 190 Seth Meyerson, APP
 HWT Leslie Apedoe, VMI

1997
 118 Miles Cox, DAV
 126 Andy Cook, UTC
 134 Adam Mickiewicz, VMI
 142 Jarrod Fitzgerald, VMI
 150 Jason Foresman, VMI
 158 Joe Stanton, UNCG
 167 Jamie Hensch, UNCG
 177 Nathan Funk, UTC
 190 Isaac Moore, VMI
 HWT Leslie Apedoe, VMI

1998
 118 Corey Williams, UNCG
 126 Bob Hanson, UTC
 134 Bobby Cook, UTC
 142 Melvin Saunders, UTC
 150 Heath Eslinger, UTC
 158 Jarrod Fitzpatrick, VMI
 167 Jamie Hensch, UNCG
 177 Nathan Funk, UTC
 190 Isaac Moore, VMI
 HWT Leslie Apedoe, VMI

1999
 125 Adrian Tramutola, UTC
 133 Bobby Hanson, UTC
 141 Bobby Cook, UTC
 149 Melvin Saunders, UNCG
 157 Heath Eslinger, UTC
 165 Gill Decher, VMI
 174 Jamie Hensch, UNCG
 184 Dax Pecaro, UNCG
 197 Isaac Moore, VMI
 HWT Leslie Apedoe, VMI

2000
 125 Adrian Tramutola, UTC
 133 Oliver Ruiz, VMI
 141 Jeremy Hart, APP
 149 Andy Putnam, APP
 157 Ian Kaplan, DAV
 165 Heath Eslinger, UTC
 174 Austen Palmer, VMI
 184 Dax Pecaro, UNCG
 197 Josh Lambrecht, UTC
 HWT A.J. Lyczkowski, UTC

2001
 125 Rich Caisse, APP
 133 Travis Drake, APP
 141 Jared Sullivan, UTC
 149 Adam Britt, VMI
 157 P.J. Boccia, APP
 165 Jacob Inge, VMI
 174 Mike Regner, CIT
 184 Adam Duncan, UTC
 197 Geoff McIntosh, APP
 HWT Danny Misenheimer, APP

2002
 125 Matt Pitts, UTC
 133 Travis Drake, APP
 141 Jared Sullivan, UTC
 149 Mike Parsons, VMI
 157 Adam Britt, VMI
 165 Mark Fee, APP
 174 Lee Roper, APP
 184 Jason Cox, VMI
 197 Austin David, UTC
 HWT Greg Forbes, UNCG

2003
 125 Rich Caisse, APP
 133 Travis Drake, APP
 141 Eric Burns, APP
 149 Jacob Harris, UTC
 157 Adam Britt, VMI
 165 Lee Roper, APP
 174 Mark Fee, APP
 184 Sean McIntosh, APP
 197 Josh Carroll, APP
 HWT Billy Linane, CIT
 John Kimble, UNCG
 Scott Buhman, VMI

2004
 125 Ryan McClester, CIT
 133 Josh Keefe, UTC
 141 Michael Keefe, UTC
 149 Jason Jones, APP
 157 Dan Thompson, CIT
 165 Jon Sioredas, UTC
 174 Keith Clifton, CIT
 184 John Davis, UTC
 197 Jason Cox, VMI
 HWT Billy Linane, CIT

2005
 125 Matt Pitts, UTC
 133 Josh Keefe, UTC
 141 Michael Keefe, UTC
 149 Wayne French, UTC
 157 Travis Piccard, CIT
 165 Jon Sioredas, UTC
 174 Daniel Peterson, UTC
 184 John Davis, UTC
 197 Daren Burns, UNCG
 HWT Ruebon Daniels, APP

2006
 125 Javier Maldonado, UTC
 133 Matt Keller, UTC
 141 Sean Markey, CIT
 149 Eric Burns, APP
 157 Jake Yost, APP
 165 Dan Thompson, CIT
 174 Joe Lowe, UNCG
 184 John Davis, UTC
 197 Daren Burns, UNCG
 HWT Tyler Sholvin, UNCG

2007
 125 Javier Maldonado, UTC
 133 Matt Keller, UTC
 141 Michael Keefe, UTC
 149 Aaron Martin, UTC
 157 Jake Yost, UTC
 165 T.J. Sayers, UTC
 174 Josh Edmondson, UTC
 184 Matt Koz, UTC
 197 Joe Lowe, UNCG
 HWT Corry Murray, VMI

2008
 125 Javier Maldonado, UTC
 133 Jeff Hedges, UNCG
 141 Cody Cleveland, UTC
 149 Scott Ervin, APP
 157 Seth Garvin, UTC
 165 Byron Sigmon, UNCG
 174 Lloyd Rogers, UTC
 184 Josh Edmondson, UTC
 197 Daren Burns, UNCG
 HWT Ryan Hsu, UNCG

2009
 125 Tyler Sim, CIT
 133 Frank Celorrio, APP
 141 Cody Cleveland, UTC
 149 Dan Waddell, UTC
 Ben Wilmore, UNCG
 157 Joey Knox, UTC
 165 Seth Garvin, UTC
 174 Jason McCroskey, UTC
 184 Mikal McKee, UNCG
 197 Odie Delaney, CIT
 HWT Josh Wine, VMI

2010
 125 Demetrius Johnson, UTC
 133 Josh Statum, UTC
 141 Ivan Lopouchanski, UNCG
 149 Savva Kostis, APP
 157 Josh Condon, UTC
 165 Brandon Wright, UTC
 174 Byron Sigmon, UNCG
 184 Austin Trotman, APP
 197 Niko Brown, UTC
 HWT Josh Wine, VMI

2011
 125 Manuel Ramirez, UNCG
 133 Jamel Johnson, UNCG
 141 Cody Cleveland, UTC
 149 Ivan Lopouchanski, UNCG
 157 Josh Condon, UTC
 165 Turtogtokh Luvsandorj, CIT
 174 Brandon Wright, UTC
 184 Austin Trotman, APP
 197 Caylor Williams, UNCG
 HWT Josh Wine, VMI

2012
 125 Manuel Ramirez, UTC
 133 Nick Soto, UTC
 141 Mike Kessler, APP
 149 Savva Kostis, APP
 157 Dan Waddell, UTC
 165 Kyle Blevins, APP
 174 Turtogtokh Luvsandorj, CIT
 184 Austin Trotman, APP
 197 Kelby Smith, CIT
 HWT Odie Delaney, CIT

2013
 125 Nick Soto, UTC
 133 Aaron Hansen, CIT
 141 Ugi Khishignyam, CIT
 149 Alex Hudson, UTC
 157 Matt Frisch, CIT
 165 Zack Strickland, APP
 Josh Condon, UTC
 174 John Lampe, UTC
 184 Josh Tuck, CIT
 197 Niko Brown, UTC
 HWT Odie Delaney, CIT

2014
 125 Dominic Parisi, APP
 133 Nick Soto, UTC
 141 Ugi Khishignyam, CIT
 149 Dylan Cottrell, APP
 157 Aaron Walker, CIT
 165 Turtogtokh Luvsandorj, CIT
 174 Levi Clemons, UTC
 184 John Lampe, UTC
 197 Scottie Boykin, UTC
 HWT Dawson Peck, UTC

2015
 125 Sean Boyle, UTC
 133 Nick Soto, UTC
 141 Mike Pongracz, UTC
 149 Ryan Mosley, GWU
 157 Aaron Walker, CIT
 165 Nick Kee, APP
 174 Jake Residori, SIUE
 184 Scott Patrick, DAV
 197 Scottie Boykin, UTC
 HWT Denzel Dejournette, APP

2016
 125 Vito Pasone, APP
 133 Nathan Kraisser, CAM
 141 Michael Longo, APP
 149 Chris Vassar, GWU
 157 Aaron Walker, CIT
 165 Austin Trott, GWU
 174 Nick Kee, APP
 184 Hunter Gamble, GWU
 197 Scottie Boykin, UTC
 HWT Denzel Dejournette, APP

2017
 125 Vito Pasone, APP
 133 Chris Debien, UTC
 141 Josh Heil, CAM
 149 Ty Buckiso, CIT
 157 Aaron Walker, CIT
 165 Justin Lampe, UTC
 174 Jake Residori, SIUE
 184 Ville Heino, CAM
 197 Sawyer Root, CIT
 HWT Denzel Dejournette, APP

2018
 125 Korbin Meink, CAM
 133 John Muldoon, SIUE
 141 Mike Pongracz, UTC
 149 Gavin Longodd, APP
 157 Angel Najjar, APP
 165 Nate Higgins, SIUE
 174 Forrest Przybysz, APP
 184 Jere Carr, UTC
 197 Randall Diabe, APP
 HWT Jere Heino, CAM

* Prior to 1993, all individual Southern Conference meet champions earned all-conference honors.

All-SoCon by school (since 1993)	
Chattanooga	94
Appalachian State	59
The Citadel	30
VMI	38
UNCG	27
Campbell	5
Gardner-Webb	4
SIUE	4
Davidson	3



All-Southern Conference teams

Multiple all-conference selections

(since 1993)

Four times

Leslie Apedoe, VMI, 1996-99
Nick Soto, UTC, 2012-15
Aaron Walker, CIT, 2014-17

Three times

Charlie Branch, VMI, 1993-95
David Barden, UTC, 1993-94, 96
Chad Dennis, UTC, 1993-94, 96
Adam Mickiewicz, VMI, 1995-97
Jamie Hensch, UNCG, 1997-99
Isaac Moore, VMI, 1997-99
Heath Eslinger, UTC, 1998-00
Adam Britt, VMI, 2001-03
Travis Drake, APP, 2001-03
John Davis, UTC, 2004-06
Michael Keefe, UTC, 2004-05, 07
Daren Burns, UNCG, 2005-06, 08
Javier Maldonado, UTC, 2006-08
Cody Cleveland, UTC, 2008-09, 11
Josh Wine, VMI, 2009-11
Austin Trotman, APP, 2010-12
Josh Condon, UTC, 2010-11, 13
Odie Delaney, CIT, 2009, 12-13
Turtogtokh Luvsandorj, CIT, 2011-12, 14
Scottie Boykin, UTC, 2014-16
Denzel Dejournette, APP, 2015-17

Two times

Shomari Rozier, APP, 1993-94
Seth Meyerson, APP, 1994, 96
Jason Foresman, VMI, 1996-97
Jarrod Fitzpatrick, VMI, 1997-98
Nathan Funk, UTC, 1997-98
Bobby Cook, UTC, 1998-99
Bobby Hanson, UTC, 1998-99
Melvin Saunders, UTC/UNCG, 1998-99
Dax Pecaro, UNCG, 1999-00
Adrian Tramutola, UTC, 1999-00
Jared Sullivan, UTC, 2001-02
Rich Caisse, APP, 2001, 03
Mark Fee, APP, 2002-03
Lee Roper, APP, 2002-03
Jason Cox, VMI, 2002, 04
Billy Linane, CIT, 2003-04
Josh Keefe, UTC, 2004-05
Matt Pitts, UTC, 2002, 05
Jon Sioredas, UTC, 2004-05
Eric Burns, APP, 2003, 06
Dan Thompson, CIT, 2004, 06
Matt Keller, UTC, 2006-07
Joe Lowe, UNCG, 2006-07
Jake Yost, APP/UTC, 2006-07
Josh Edmondson, UTC, 2007-08
Seth Garvin, UTC, 2008-09
Byron Sigmon, UNCG, 2008, 10
Ivan Lopouchanski, UNCG, 2010-11
Brandon Wright, UTC, 2010-11
Savva Kostis, APP, 2010, 12
Dan Waddell, UTC, 2009, 12
Niko Brown, UTC, 2010, 13
Manuel Ramirez, UNCG/UTC, 2011-12
Ugi Khishignyam, CIT, 2013-14
John Lampe, UTC, 2013-14
Nick Kee, APP, 2015-16
Vito Pasone, APP, 2016-17
Jake Residori, SIUE, 2015, 17



Southern Conference All-Freshman teams

2009

Kyle Blevins, Appalachian State
 Mike Kessler, Appalachian State
 J.C. Oddo, The Citadel
 Odie Delaney, The Citadel
 Richard Alarcon, The Citadel
 David DeCamp, Davidson
 Tyler Mullen, Davidson
 Jason McCroskey, Chattanooga
 Demetrius Johnson, Chattanooga
 Dan Waddell, Chattanooga
 Tyler Roberson, Chattanooga
 Ethan Winel, Chattanooga
 Andrew Szymborski, VMI

2010

Jacob Earp, Appalachian State
 Niko Brown, Chattanooga
 Josh Condon, Chattanooga
 Dean Pavlou, Chattanooga
 Jake Young, Chattanooga
 Nick LaFevre, The Citadel
 Turtogtokh Luvsandorj, The Citadel
 Eric Chandler, UNCG
 Ivan Lopouchanski, UNCG
 Travis Sheehy, UNCG

2011

Chris Johnson, Appalachian State
 Marc Tyson, Appalachian State
 Luke Johnson, The Citadel
 Scott Patrick, Davidson
 Elijah Adams, UNCG
 Jamel Johnson, UNCG
 Caylor Williams, UNCG
 Levi Clemons, Chattanooga
 Shawn Greevy, Chattanooga
 Ted Gottwald, VMI

2012

Paul Weiss, Appalachian State
 James Cook, Campbell
 Mark Hartenstine, Campbell
 Ryan Krecker, Campbell
 Joe Nolan, Campbell
 Joey Rizzolino, Campbell
 Kyle Casaletto, The Citadel
 Anthony Elias, Davidson
 Kevin Malone, Chattanooga
 Nick Soto, Chattanooga

2013

Colin Hedash, Appalachian State
 Zack Strickland, Appalachian State
 Eric Montoya, Campbell
 Matt Frisch, The Citadel
 Marshall Haas, The Citadel
 Aaron Hansen, The Citadel
 Ugi Khishignyam, The Citadel
 Gray Jones, Gardner-Webb
 Jake Residori, SIUE
 John Lampe, Chattanooga

2014

Dylan Cottrell, Appalachian State
 Vito Pasone, Appalachian State
 Ville Heino, Campbell
 Drew Walker, Campbell
 Tyler Walker, Campbell
 Aaron Walker, The Citadel
 Austin Trott, Gardner-Webb
 Scottie Boykin, Chattanooga
 Dawson Peck, Chattanooga
 Mike Pongracz, Chattanooga

2015

Nick Kee, Appalachian State
 Mike Longo, Appalachian State
 Forrest Przybysz, Appalachian State
 Ty Buckiso, The Citadel
 Tyler Marinelli, Gardner-Webb
 Angelo Silvestro, SIUE
 Justin Lampe, Chattanooga

2016

Irvin Enriquez, Appalachian State
 Matt Zovistoski, Appalachian State
 Jere Heino, Campbell
 Nate Higgins, SIUE
 Alonzo Allen, Chattanooga
 Dominic Lampe, Chattanooga
 Kamaal Shakur, Chattanooga
 Chase Zemenak, Chattanooga
 Dominick Gallo, VMI
 Neal Richards, VMI

2017

Gavin Londoff, Appalachian State
 Colby Smith, Appalachian State
 Ben Barton, Campbell
 Austin Kraisser, Campbell
 Josh Heil, Campbell
 Douglas Gudenburr, The Citadel
 Ruston Hill II, The Citadel
 Dylanger Potter, Chattanooga
 Chris Beck, VMI
 Cade Kiely, VMI

2018

Joe Accousti, Appalachian State
 Alan Clothier, Appalachian State
 Codi Russell, Appalachian State
 De'Andre Swinson-Barr, Appalachian State
 Zach Barnes, Campbell
 Luke Funck, Campbell
 Korbin Meink, Campbell
 Anthony Perrine, Gardner-Webb
 Denton Spencer, Gardner-Webb
 Cliff Conway, VMI

* In 2009, the league coaches approved a 10-member all-freshman team, regardless of weight class.

All-freshman by school

Chattanooga	23
Appalachian State	21
Campbell	16
The Citadel	15
UNCG	6
VMI	7
Gardner-Webb	5
Davidson	4
SIUE	3



NCAA individual & team finishes

NCAA individual top-8 finishers

Year	Wt.	Fin.	Individual
1955	115	4th	Robert Perry, WVU
	123	2nd	Lewis Guidi, WVU
1950	130	3rd	Brandon Glover, VT
1974	134	5th	Mark Belknap, W&M
	177	5th	Bill Hill, ECU
1975	134	3rd	Mark Belknap, W&M
1979	126	5th	Byron McGlathery, UTC
1983	118	2nd	Charlie Heard, UTC
1984	118	7th	Charlie Heard, UTC
1991	177	5th	Bret Gustafson, UTC
1992	118	4th	Donnell Rawls, APP
1992	142	8th	Guy Harris, UTC
1992	158	8th	Howard Langford, UTC
1994	142	4th	Charlie Branch, VMI
1999	HWT	6th	Leslie Apedoe, VMI
2002	165	5th	Mark Fee, APP
2005	141	5th	Michael Keefe, UTC
	165	5th	Jon Sioredas, UTC
2006	133	8th	Matt Keller, UTC
	165	7th	Dan Thompson, CIT
2007	133	4th	Matt Keller, UTC
2008	141	8th	Cody Cleveland, UTC
2012	165	4th	Kyle Blevins, APP
	184	3rd	Austin Trotman, APP
2013	141	4th	Ugi Khishignyam, CIT
	HWT	7th	Odie Delaney, CIT
2014	165	6th	Turtogtokh Luvsandorj, CIT
2017	125	8th	Nathan Kraisser, CAM
	174	8th	Jake Residori, SIUE
	HWT	8th	Denzel Dejournette, APP

NCAA team finishes

Year	Finish	School	Points
1934	T-10th	Washington & Lee	2
1935	10th	Washington & Lee	5
	13th	VMI	2
1941	T-21st	VMI	1
1952	T-20th	Maryland	1
1955	12th	West Virginia	13
1956	T-19th	Virginia Tech	5
	T-33rd	VMI	1
1961	T-24th	The Citadel	2
1964	T-37th	West Virginia	3
1968	T-52nd	Davidson	2
	T-67th	The Citadel	1
1971	T-44th	East Carolina	1
1972	T-55th	East Carolina	2.0
	T-55th	William & Mary	2.0
1973	T-32nd	East Carolina	5.0
	T-37th	William & Mary	4.0
1974	T-24th	East Carolina	8.0
	T-24th	William & Mary	8.0
1975	17th	William & Mary	18.5
	38th	East Carolina	4.5
1976	31st	East Carolina	6.5
	37th	The Citadel	3.75
	T-41st	William & Mary	3.0
	T-72nd	VMI	0.5
1977	33rd	William & Mary	4.25
	T-51st	Appalachian State	1.0
	T-51st	VMI	1.0
1978	T-47th	Chattanooga	2.0
1980	31st	Chattanooga	8.5
	T-56th	Appalachian State	1.75

1981	T-40th	Chattanooga	3.5
	T-47th	Appalachian State	2.0
	T-53rd	The Citadel	1.75
1982	38th	Chattanooga	5.0
1983	T-14th	Chattanooga	20.25
1984	29th	Chattanooga	6.75
1985	T-38th	Appalachian State	6.0
	T-55th	Chattanooga	2.0
1986	T-49th	Appalachian State	5.75
	T-59th	Chattanooga	3.0
1987	T-45th	The Citadel	5.0
	T-47th	Appalachian State	4.5
	T-62nd	Chattanooga	1.5
1988	T-27th	Chattanooga	11.5
	T-46th	The Citadel	3.0
1989	35th	Chattanooga	7.0
	T-46th	Appalachian State	3.5
1990	T-57th	Appalachian State	2.0
	T-57th	Chattanooga	2.0
	T-57th	VMI	2.0
1991	28th	Chattanooga	10.5
1992	T-21st	Appalachian State	14.5
	28th	Chattanooga	11.0
1993	40th	Appalachian State	5.25
	T-50th	VMI	3.0
	T-67th	Chattanooga	0.5
1994	35th	VMI	11.5
	T-50th	Chattanooga	3.75
1995	52nd	VMI	2.5
	T-53rd	Chattanooga	2.0
1996	T-42nd	VMI	4.0
	52nd	Appalachian State	3.0
	T-54th	Chattanooga	2.0
1997	T-47th	VMI	5.0
	T-58th	Appalachian State	3.0
	T-58th	UNCG	3.0
	T73rd	Chattanooga	0.0
1998	T-58th	Chattanooga	2.5
	T-67th	VMI	1.0
1999	T-34th	VMI	10.0
	41st	Chattanooga	6.0
	T-48th	Appalachian State	4.0
	T-64th	UNCG	1.0
2000	T-47th	Appalachian State	4.5
	T-47th	UNCG	4.5
	T-47th	Chattanooga	4.5
	T-57th	VMI	2.5
2001	T-51st	Chattanooga	3.0
	T-66th	Appalachian State	1.5
	T-68th	UNCG	1.0
2002	28th	Appalachian State	17.5
	T-39th	VMI	7.5
	T-70th	Chattanooga	0.5
	T-72nd	The Citadel	0.0
	T-72nd	UNCG	0.0
2003	33rd	Appalachian State	12.5
	T-46th	VMI	4.0
	T-48th	The Citadel	3.5
2004	T-29th	Chattanooga	15.5
	T-50th	The Citadel	4.5
	T-60th	UNCG	1.0
	T-68th	VMI	0.0
2005	21st	Chattanooga	29.0
	45th	The Citadel	6.5
	T-47th	UNCG	5.5
	T-63rd	Appalachian State	1.0
2006	30th	Chattanooga	15.0
	T-31st	UNCG	14.0
	33rd	The Citadel	13.0
2007	21st	Chattanooga	29.5
	T-49th	Appalachian State	3.0
	T-54th	VMI	2.0

	T-60th	UNCG	1.0
2008	37th	Chattanooga	9.0
	38th	Appalachian State	8.5
	T-41st	UNCG*	5.5
	T-53rd	VMI	2.0
2009	T-52nd	Chattanooga	4.0
	T-58th	UNCG*	2.0
	T-62nd	Appalachian State	0.0
	T-62nd	The Citadel	0.0
	T-62nd	VMI	0.0
2010	T-43rd	UNCG*	7.0
	55th	Chattanooga	2.2
	T-56th	Appalachian State	2.0
	T-66th	Davidson	0.0
	T-66th	The Citadel	0.0
2011	T-52nd	UNCG*	4.0
	T-56th	Appalachian State	3.0
	T-65th	The Citadel	0.0
	T-65th	Chattanooga	0.0
	T-65th	VMI	0.0
2012	T-21st	Appalachian State	28.0
	T-48th	The Citadel	4.5
	T-51st	Chattanooga	3.5
	T-59th	Campbell	1.0
2013	20th	The Citadel	27.0
	T-49th	Appalachian State	3.0
	T-55th	Chattanooga	2.0
	T-60th	Gardner-Webb	1.0
	T-66th	Campbell	0.0
	T-66th	Davidson	0.0
2014	31st	The Citadel	13.0
	T-51st	Chattanooga	3.5
	T-61st	Gardner-Webb	1.5
	T-66th	Appalachian State	0.0
	T-66th	Campbell	0.0
	T-66th	Davidson	0.0
	T-66th	SIUE	0.0
2015	T-43rd	Appalachian State	4.0
	45th	Chattanooga	3.5
	T-53rd	Davidson	1.5
	T-58th	The Citadel	1.0
	T-58th	SIUE	1.0
	T-67th	Gardner-Webb	0.0
2016	T-41st	Appalachian State	6.5
	T-50th	Campbell	3.0
	T-50th	Gardner-Webb	3.0
	T-60th	SIUE	2.0
	T-60th	Chattanooga	2.0
	T-69th	The Citadel	0.0
	T-69th	VMI	0.0
2017	T26th	Appalachian State	13.5
	29th	SIUE	12.0
	38th	Campbell	6.5
	T47th	Gardner-Webb	3.0
	T66th	The Citadel	0.0
	69th	Chattanooga	-0.5
2018	T50	Appalachian State	2.0
	T65	The Citadel	0.0
	T65	Gardner-Webb	0.0
	T65	SIUE	0.0

* NCAA appearance later vacated

NCAA at-large bids

1997

- 134 Eric Smith, Appalachian State
- 158 Reese Edgington, VMI

1999

- 157 Matt Erwin, VMI
- Ian Kaplan, Davidson
- 197 Greg Forbes, UNCG

2000

- 141 Joe Herron, UNCG
- 165 Matt Erwin, VMI
- 184 Mike Regner, The Citadel

2001

- 141 Jared Sullivan, Chattanooga
- 141 Corey Williams, UNCG
- 157 Robby Bell, The Citadel

2002

- 141 Mark DiSalvo, VMI
- 157 P.J. Boccia, Appalachian State
- 165 Craig Johnson, Chattanooga

2003

- 125 Ryan McClester, The Citadel
- 133 Sean Markey, The Citadel
- 174 Matt Erwin, VMI

2004

- 125 Matt Pitts, Chattanooga
- 133 Sean Markey, The Citadel
- 141 Michael Keefe, Chattanooga

2005

- 125 Matt Pitts, Chattanooga
- 133 Josh Keefe, Chattanooga
- 141 Jason Jones, Appalachian State

2006

- 141 Micheal Keefe, Chattanooga
- Kevin Artis, UNCG
- 285 Israel Silva, Chattanooga

2007

- 149 Aaron Martin, Chattanooga
- Sam Alvarenga, VMI
- 174 Neal Martin, Appalachian State
- Lloyd Rogers, Chattanooga

2008

- 133 Terrely Williams, Appalachian State
- Steve Hromada, Chattanooga
- 149 Joey Knox, Chattanooga
- 184 Austin Trotman, Appalachian State
- 197 Matt Koz, Chattanooga

2009

- 141 Chris Bencivenga, UNCG
- 174 Byron Sigmon, UNCG

2010

- 184 Andrew Saunders, UNCG
- Jason McCroskey, Chattanooga

2011

- 197 Niko Brown, Chattanooga

2012

- 165 Kyle Blevins, Appalachian State
- 174 Levi Clemons, Chattanooga

2013

- 125 Eric Montoya, Campbell

2014

- 285 Dawson Peck, Chattanooga

2015

- 125 Dominic Parisi, Appalachian State
- 141 Mike Pongracz, Chattanooga
- 197 Scottie Boykin, Chattanooga

2016

- 141 Michael Pongracz, Chattanooga
- 149 Chris Vassar, Gardner-Webb
- 157 Aaron Walker, The Citadel
- 165 Forrest Przybysz, Appalachian State
- 174 Sean Mappes, Chattanooga
- 184 John Lampe, Chattanooga

2017

- 133 Colby Smith, Appalachian State
- 174 Austin Trott, Gardner-Webb

2017

- 165 Quentin Perez, Campbell
- 197 Randall Diabe, Appalachian State



Southern Conference Honors

Coach of the Year

1975	John Welborn, East Carolina
1976	John Welborn, East Carolina
1977	Oscar Gupton, VMI
1978	Jim Morgan, Chattanooga
1979	Major Gene Styles, The Citadel
1980	Ike Sherlock, VMI
1981	Jim Hargan, Chattanooga
1982	Ike Sherlock, VMI
1983	Jim Morgan, Chattanooga
1984	Ike Sherlock, VMI
1985	Ike Sherlock, VMI
1986	Ken Shelton, The Citadel
1987	Ethan Reeve, Chattanooga
1988	Ethan Reeve, Chattanooga
1989	Paul Mance, Appalachian State
1990	Ethan Reeve, Chattanooga
1991	Ralph Manning, Chattanooga
1992	Ralph Manning, Chattanooga
1993	Paul Mance, Appalachian State
1994	John Trudgeon, VMI
1995	John Trudgeon, VMI
1996	Paul Mance, Appalachian State
1997	Denny Moore, UNCG
1998	Denny Moore, UNCG
1999	John Trudgeon, VMI
2000	John Trudgeon, VMI
2001	Paul Mance, Appalachian State
2002	Franky James, Chattanooga
2003	Paul Mance, Appalachian State
2004	Rob Hjerling, The Citadel
2005	Terry Brands, Chattanooga
2006	Joe Seay, Chattanooga
2007	Chris Bono, Chattanooga
2008	Chris Bono, Chattanooga
2009	Chris Bono, Chattanooga
2010	Jason Loukides, UNCG
2011	Heath Eslinger, Chattanooga
2012	JohnMark Bentley, Appalachian State
2013	Heath Eslinger, Chattanooga
2014	Rob Hjerling, The Citadel
2015	JohnMark Bentley, Appalachian State Daniel Elliott, Gardner-Webb
2016	JohnMark Bentley, Appalachian State
2017	Cary Kolat, Campbell
2018	John Mark Bentley, Appalachian State

Pinnacle Award

(student-athlete with the highest GPA on the championship-winning team)

2017	Nathan Kraisser, Campbell
2018	Forrest Przybysz, Appalachian State

Wrestler of the Year

1993	Donnell Rawls, Appalachian State
1994	Charlie Branch, VMI
1995	Charlie Branch, VMI
1996	David Barden, Chattanooga
1997	Adam Mickiewicz, VMI
1998	Leslie Apedoe, VMI
1999	Leslie Apedoe, VMI
2000	Heath Eslinger, Chattanooga
2001	Travis Drake, Appalachian State
2002	Travis Drake, Appalachian State
2003	Adam Britt, VMI
2004	Ryan McClester, The Citadel
2005	Jon Sioredas, Chattanooga
2006	Sean Markey, The Citadel
2007	Matt Keller, Chattanooga
2008	Scott Ervin, Appalachian State Lloyd Rogers, Chattanooga
2009	Chris Bencivenga, UNCG Cody Cleveland, Chattanooga
2010	Austin Trotman, Appalachian State
2011	Turtogtokh Luvsandorj, The Citadel
2012	Kyle Blevins, Appalachian State
2013	Odie Delaney, The Citadel
2014	Turtogtokh Luvsandorj, The Citadel
2015	Sean Boyle, Chattanooga
2016	Denzel Dejournette, Appalachian State
2017	Denzel Dejournette, Appalachian State
2018	Bryce Carr, Chattanooga

Freshman of the Year

1992	Charlie Branch, VMI
1993	Gerald Carr, Chattanooga
1994	Miles Miller, Davidson
1995	Kevin Johnson, VMI
1996	Leslie Apedoe, VMI
1997	Trey Burlingame, UNCG
1998	Corey Williams, UNCG
1999	Matt Erwin, VMI
2000	Josh Lambrecht, Chattanooga
2001	Jarred Sullivan, Chattanooga
2002	Matt Pitts, Chattanooga
2003	Chris Seta, VMI
2004	Daren Burns, UNCG
2005	Joe Kemmerer, UNCG
2006	Anothony Easter, The Citadel
2007	Ben Altman, Davidson
2008	Austin Trotman, Appalachian State
2009	Jason McCroskey, Chattanooga
2010	Jake Young, Chattanooga
2011	Caylor Williams, UNCG
2012	Nick Soto, Chattanooga
2013	Ugi Khishignyam, The Citadel
2014	Dylan Cottrell, Appalachian State
2015	Nick Kee, Appalachian State
2016	Kamaal Shakur, Chattanooga
2017	Austin Kraisser, Campbell
2018	Korbin Meink, Campbell

Tournament Outstanding

Wrestler

1949	Phil Kemp, North Carolina
1950	Jerry Gallagher, Duke
1951	Ted Lonergan, Washington & Lee
1952	Ernie Fischer, Maryland
1953	Rodney Norris, Maryland
1961	Jeff Hartsell, The Citadel
1962	Jeff Hartsell, The Citadel
1963	Jose Barcelo, The Citadel
1964	Bruce Schwanda, The Citadel
1965	Henry Seymour, Virginia Tech
1966	John Luckini, West Virginia
1967	Ed Steers, The Citadel
1968	Bob Hobson, William & Mary
1969	John Wood, The Citadel
1970	Bob Hobson, William & Mary
1971	Lonnie Parker, William & Mary
1972	John Kaila, William & Mary
1973	Mark Belknap, William & Mary
1974	Chris Jacobsen, Appalachian State
1975	Mark Belknap, William & Mary
1976	Mike Regner, The Citadel
1977	Phil Mueller, East Carolina
1978	Randy Batten, Chattanooga
1979	Tom Flanagan, Chattanooga
1980	Larry Meierotto, Chattanooga
1981	Todd Sumter, Appalachian State Larry Meierotto, Chattanooga
1982	Charlie Heard, Chattanooga
1983	Bill Moss, Chattanooga
1984	Charlie Heard, Chattanooga John Munno, VMI
1985	Amaro Lamar, Appalachian State
1986	Ben Walker, VMI
1987	Amaro Lamar, Appalachian State
1988	Tom Sell, Chattanooga Clay Ogden, The Citadel
1989	Charlie Buckshaw, Chattanooga
1990	Michael Murray, VMI
1991	Bret Gustafson, Chattanooga
1992	Bret Gustafson, Chattanooga
1993	Victor Balmeceda, Appalachian State
1994	Charlie Branch, VMI
1995	David Barden, Chattanooga
1996	Aaron Mickiewicz, VMI
1997	Leslie Apedoe, VMI
1998	Bob Hanson, Chattanooga
1999	Jeremy Hart, Appalachian State
2000	Heath Eslinger, Chattanooga
2001	Jeremy Hart, Appalachian State
2002	Mark Fee, Appalachian State
2003	Adam Britt, VMI
2004	Josh Keefe, Chattanooga
2005	Jon Sioredas, Chattanooga
2006	Matt Keller, Chattanooga
2007	Scott Ervin, Appalachian State
2008	Cody Cleveland, Chattanooga
2009	Cody Cleveland, Chattanooga
2010	Victor Hojilla, UNCG
2011	Kyle Blevins, Appalachian State
2012	Austin Trotman, Appalachian State
2013	Anthony Elias, Davidson
2014	Corey Mock, Chattanooga
2015	Connor McMahan, SIUE
2016	Kamaal Shakur, Chattanooga
2017	Ryan Mosley, Gardner-Webb
2018	Irvin Enriquez, Appalachian State



Southern Conference honors

Wrestlers of the Week

2000-01

Nov. 15 Travis Drake, APP
 Nov. 22 Josh Hooker, UTC
 Nov. 29 Corey Williams, UNCG
 Dec. 6 Travis Drake, APP
 Jan. 3 PJ Boccia, APP
 Jan. 10 Jeff Libersat, DAV
 Jan. 17 Joe Scolaro, UNCG
 Jan. 24 Danny Misenheimer, APP
 Jan. 31 Jeff Libersat, DAV
 Feb. 7 Robby Bell, CIT
 Feb. 14 Adam Britt, VMI
 Feb. 21 Jason Cox, VMI
 Adam Duncan, UTC

2001-02

Jan. 8 Travis Drake, APP
 Jan. 15 Adam Britt, VMI
 Jan. 22 Adam Britt, VMI
 Jan. 29 Mark Fee, APP
 Feb. 5 Matt Erwin, VMI
 Mike Regner, CIT
 Feb. 12 Mark Fee, APP
 Feb. 19 Mike Regner, CIT
 Feb. 26 Adam Britt, VMI

2002-03

Jan. 8 Patrick Coman, APP
 Jan. 15 Adam Britt, VMI
 Jan. 22 Travis Drake, APP
 Jan. 29 Sean Markey, CIT
 Feb. 5 Ryan McClester, CIT
 Feb. 11 Adam Britt, VMI
 Feb. 19 Keith Clifton, CIT
 Feb. 24 Mark Fee, APP

2003-04

Dec. 8 Sean Markey, CIT
 Jan. 6 Jason Cox, VMI
 Jan. 12 Josh Keefe, UTC
 Jan. 19 Jason Cox, VMI
 Jan. 26 Mark O'Hair, DAV
 Feb. 3 Sean Markey, CIT
 Feb. 10 Micah Amrozowicz, VMI
 Feb. 17 Charles Jones, UNCG
 Feb. 24 Ryan McClester, CIT

2004-05

Dec. 8 Matt Pitts, UTC
 Dec. 15 Jon Sioredas, UTC
 Dec. 22 Jason Jones, APP
 Jan. 5 Travis Piccard, CIT
 Daren Burns, UNCG
 Benjamin Graham, DAV
 Jan. 19 Michael Keefe, UTC
 Jan. 26 Travis Piccard, CIT
 Feb. 2 Daren Burns, UNCG
 Ryan McClester, CIT
 Feb. 16 Jon Sioredas, UTC
 Feb. 23 Josh Keefe, UTC

2005-06

Dec. 7 Matt Keller, UTC
 Dec. 21 Matt Keller, UTC
 Jan. 4 Sean Markey, CIT
 Jan. 11 Matt Keller, UTC
 Jan. 18 Matt Keller, UTC
 Jan. 25 Marcus Cox, APP
 Feb. 1 Joe Lowe, UNCG
 Feb. 8 Sean Markey, CIT
 Feb. 15 Lloyd Rogers, UTC
 Feb. 22 Kevin Artis, UNCG
 Israel Silva, UTC

2006-07

Dec. 6 Matt Keller, UTC
 Dec. 20 Aaron Martin, UTC
 Jan. 3 Lloyd Rogers, UTC
 Jan. 9 Marcus Boyd, DAV
 Jan. 17 Jeff Hedges, UNCG
 Jan. 31 Scott Buhman, VMI
 Feb. 7 Sam Alvarenga, VMI
 Feb. 15 Scott Ervin, APP
 Feb. 22 Travis Piccard, CIT

2007-08

Dec. 4 Daren Burns, UNCG
 Dec. 11 Josh Wine, VMI
 Dec. 20 Scott Ervin, APP
 Jan. 3 Cody Cleveland, UTC
 Jan. 10 Eddie Hutchinson, APP
 Jan. 17 Sam O'Hair, DAV
 Jan. 23 Jeff Hedges, UNCG
 Jan. 30 Tommy Hutchinson, APP
 Feb. 6 David Metzler, VMI
 Feb. 13 Javier Maldonado, UTC
 Feb. 21 Terreyll Williams, APP

2008-09

Nov. 28 Chris Bencivenga, UNCG
 Dec. 3 Austin Trotman, APP
 Dec. 10 Vitaly Radsky, DAV
 Jan. 8 Chris Bencivenga, UNCG
 Jan. 13 Leon Barrow, VMI
 Jan. 21 Frank Celorrio, APP
 Jan. 28 Jason McCroskey, UTC
 Feb. 4 Keith Kozziel, CIT
 Feb. 11 Tyler Sim, CIT
 Feb. 17 Sam O'Hair, DAV
 Feb. 25 Odie Delaney, CIT

2009-10

Dec. 2 Jake Young, UTC
 Dec. 9 Odie Delaney, CIT
 Dec. 16 Ronnie Ellsworth, VMI
 Jan. 6 Andrew Saunders, UNCG
 Jan. 13 Andrew Szymborski, VMI
 Jan. 20 Austin Trotman, APP
 Jan. 27 Kyle Blevins, APP
 Feb. 3 Ryan Sughrue, UNCG
 Feb. 10 Austin Trotman, APP
 Feb. 17 Vitaly Radsky, DAV
 Feb. 24 Turtogtokh Luvsandorj, CIT

2010-11

Nov. 24 Ivan Lopouchanski, UNCG
 Dec. 1 Ivan Lopouchanski, UNCG
 Dec. 8 Andrew Saunders, UNCG
 Dec. 15 Matthew Brock, VMI
 Jan. 5 Turtogtokh Luvsandorj, CIT
 Jan. 12 Vitaly Radsky, DAV
 Jan. 19 Austin Trotman, APP
 Jan. 26 Kyle Blevins, APP
 Feb. 2 Turtogtokh Luvsandorj, CIT
 Feb. 9 Brandon Wright, UTC
 Feb. 16 Austin Trotman, APP
 Feb. 23 Justin Sparrow, CIT

2011-12

Nov. 16 Austin Trotman, APP
 Nov. 23 Niko Brown, UTC
 Nov. 30 Nick Rex, CAM
 Dec. 7 Chip Powell, APP
 Dec. 14 Mark Hartenstine, CAM
 Dec. 21 Nick Soto, UTC
 Jan. 4 Nick Soto, UTC
 Jan. 11 Austin Trotman, APP
 Jan. 18 Odie Delaney, CIT
 Jan. 25 Matthew Brock, VMI
 Feb. 1 John Weakley, CAM
 Feb. 8 Travis Porter, GWU
 Feb. 15 Kyle Blevins, APP
 Feb. 22 Odie Delaney, CIT

2012-13

Nov. 7 Nick Soto, UTC
 Nov. 14 Niko Brown, UTC
 Nov. 21 Odie Delaney, CIT
 Dec. 5 Patrick Myers, SIUE
 Dec. 12 Ugi Khishignyam, CIT
 Dec. 19 Ugi Khishignyam, CIT
 Jan. 3 Ugi Khishignyam, CIT
 Jan. 9 Zack Strickland, APP
 Jan. 16 Eric Montoya, CAM
 Jan. 23 Marshall Haas, CIT
 Jan. 30 John Merickel, CAM
 Feb. 6 Odie Delaney, CIT
 Feb. 13 Odie Delaney, CIT
 Feb. 20 Odie Delaney, CIT
 Feb. 27 Josh Condon, UTC

2013-14

Nov. 13 Corey Mock, UTC
 Nov. 20 Dylan Cottrell, APP
 Nov. 27 Corey Mock, UTC
 Dec. 11 Jake Residori, SIUE
 Dec. 18 Dylan Cottrell, APP
 Jan. 1 Nick Soto, UTC
 Jan. 8 Nick Soto, UTC
 Jan. 15 Kevin Birmingham, DAV
 Jan. 22 Austin Trott, GWU
 Jan. 29 Turtogtokh Luvsandorj, CIT
 Feb. 5 Aaron Walker, CIT
 Feb. 12 Turtogtokh Luvsandorj, CIT
 Feb. 19 Dawson Peck, UTC
 Feb. 26 Dawson Peck, UTC

2014-15

Nov. 5 Kevin Birmingham, DAV
 Nov. 12 Dalton Henderson, VMI
 Nov. 19 Denzel Dejournette, APP
 Nov. 26 Denzel Dejournette, APP
 Dec. 10 Dominic Parisi, APP
 Dec. 17 Austin Trott, GWU
 Dec. 24 Jared Johnson, UTC
 Jan. 7 Sean Boyle, UTC
 Jan. 14 Matt Frisch, CIT
 Jan. 21 Jared Johnson, UTC
 Jan. 28 Jake Residori, SIUE
 Feb. 4 Nick Kee, APP
 Feb. 11 Juan Adams, VMI
 Feb. 18 Jared Johnson, UTC
 Feb. 25 Sean Boyle, UTC

2015-16

Nov. 4 Paul Duggan, CAM
 Nov. 11 John Fahy, SIUE
 Nov. 18 Denzel Dejournette, APP
 Nov. 25 Denzel Dejournette, APP
 Dec. 9 Nick Kee, APP
 Dec. 16 Forrest Przybysz, APP
 Dec. 23 Marshall Haas, CIT
 Jan. 6 Denzel Dejournette, APP
 Jan. 13 Nathan Kraisser, CAM
 Jan. 20 Aaron Walker, CIT
 Jan. 27 Austin Trott, GWU
 Feb. 3 Dalton Henderson, VMI
 Feb. 10 Boyce Cornwell, GWU
 Feb. 17 Scottie Boykin, UTC
 Feb. 23 Freddie Rodriguez, SIUE

2016-17

Nov. 9 Nathan Kraisser, CAM
 Nov. 16 David Peters-Logue, APP
 Nov. 23 Freddie Rodriguez, SIUE
 Dec. 7 Nathan Kraisser, CAM
 Dec. 14 Jake McKiernan, SIUE
 Dec. 21 Vito Pasone, APP
 Jan. 4 Bryce Carr, UTC
 Jan. 11 Colby Smith, APP
 Jan. 18 Jared Johnson, UTC
 Jan. 25 Austin Trott, GWU
 Feb. 1 Jere Heino, CAM
 Feb. 8 Denzel Dejournette, APP
 Feb. 15 Freddie Rodriguez, SIUE
 Feb. 22 Jake Residori, SIUE

2017-18

Nov. 8 Bryce Carr, UTC
 Nov. 15 Forrest Przybysz, APP
 Nov. 21 Quentin Perez, CAM
 Dec. 6 Nathan Boston, CAM
 Dec. 13 Forrest Przybysz, APP
 Dec. 20 Denton Spencer, GWU
 Jan. 3 Bryce Carr, UTC
 Jan. 10 Blake Hohman, VMI
 Jan. 17 Scottie Boykin, UTC
 Jan. 24 Nate Higgins, SIUE
 Jan. 31 Jere Heino, CAM
 Feb. 7 Randall Diabe, APP
 Feb. 14 Quentin Perez, CAM
 Feb. 21 Chad Pyke, UTC

WOTW by school

Appalachian State.....	48
Chattanooga.....	46
The Citadel.....	39
VMI.....	24
UNCG.....	17
Campbell.....	14
Davidson.....	12
SIUE.....	10
Gardner-Webb.....	7

Wrestler of the Week repeat winners

8 times

Odie Delaney, CIT (2008-13)

7 times

Austin Trotman, APP (2008-12)

6 times

Adam Britt, VMI (2000-03)
 Denzel Dejournette, APP (2014-17)

5 times

Sean Markey, CIT (2002-06)
 Matt Keller, UTC (2005-07)
 Nick Soto, UTC (2011-14)
 Turtogtokh Luvsandorj, CIT (2009-14)

4 times

Travis Drake, APP (2000-03)
 Jared Johnson, UTC (2014-17)
 Austin Trott, GWU (2013-17)

3 times

Mark Fee, APP (2001-03)
 Jason Cox, VMI (2000-04)
 Ryan McClester, CIT (2002-05)
 Travis Piccard, CIT (2004-07)
 Daren Burns, UNCG (2004-08)
 Vitaly Radsky, DAV (2008-11)
 Ugi Khishignyam, CIT (2012-13)

Nathan Kraisser, CAM (2015-17)
 Freddie Rodriguez, SIUE (2015-17)
 Jake Residori, SIUE (2013-17)
 Bryce Carr, UTC (2016-18)

2 times

Jeff Libersat, DAV (2000-01)
 Mike Regner, CIT (2001-02)
 Josh Keefe, UTC (2003-05)
 Jon Sioredas, UTC (2004-05)
 Lloyd Rogers, UTC (2005-07)
 Scott Ervin, APP (2006-08)
 Jeff Hedges, UNCG (2006-08)
 Sam O'Hair, DAV (2007-09)
 Chris Bencivenga, UNCG (2008-09)
 Andrew Saunders, UNCG (2009-11)
 Ivan Lopouchanski, UNCG (2010-11)
 Matthew Brock, VMI (2010-12)
 Kyle Blevins, APP (2010-12)
 Niko Brown, UTC (2011-13)
 Corey Mock, UTC (2013-14)
 Dylan Cottrell, APP (2013-14)
 Dawson Peck, UTC (2013-14)
 Sean Boyle, UTC (2014-15)
 Nick Kee, APP (2014-16)
 Marshall Haas, CIT (2012-16)
 Aaron Walker, CIT (2013-16)
 Dalton Henderson, VMI (2014-16)
 Scottie Boykin, UTC (2015-18)



Southern Conference honors

Wrestlers of the Month

2003-04
 December..... Matt Pitts, UTC
 January..... Sean Markey, CIT
 February..... Kevin Artis, UNCG

2004-05
 November..... Matt Pitts, UTC
 December..... Jon Sioredas, UTC
 January..... Joe Kemmerer, UNCG
 February..... Daren Burns, UNCG
 March..... Jon Sioredas, UTC

2005-06
 November..... Michael Keefe, UTC
 December..... Matt Keller, UTC
 January..... Matt Keller, UTC
 February..... Israel Silva, UTC

2006-07
 November..... Javier Maldonado, UTC
 December..... Michael Keefe, UTC
 January..... Aaron Martin, UTC
 February..... Joe Lowe, UNCG
 March..... Matt Keller, UTC

2007-08
 November..... Matt Koz, UTC
 December..... Cody Cleveland, UTC
 January..... Jeff Hedges, UNCG
 February..... Lloyd Rogers, UTC
 March..... Cody Cleveland, UTC

2008-09
 November..... Chris Bencivenga, UNCG
 December..... Seth Garvin, UTC
 January..... Cody Cleveland, UTC
 February..... Chip Powell, APP

2009-10
 November..... Jake Young, UTC
 December..... Josh Wine, VMI
 January..... Josh Wine, VMI
 February..... Turtogtokh Luvsandorj, CIT

2010-11
 November..... Ivan Lopouchanski, UNCG
 December..... Turtogtokh Luvsandorj, CIT
 January..... Turtogtokh Luvsandorj, CIT
 February..... Cody Cleveland, UTC

2011-12
 November..... Austin Trotman, APP
 December..... Austin Trotman, APP
 January..... Nick Soto, UTC
 February..... Kyle Blevins, APP

2012-13
 November..... Niko Brown, UTC
 December..... Ugi Khishignyam, CIT
 January..... Odie Delaney, CIT
 February..... Odie Delaney, CIT

2013-14
 November..... Corey Mock, UTC
 December..... Nick Soto, UTC
 January..... Kevin Birmingham, DAV
 February..... Turtogtokh Luvsandorj, CIT

2014-15
 November..... Denzel Dejournette, APP
 December..... Austin Trott, GWU
 January..... Aaron Walker, CIT
 February..... Sean Boyle, UTC

2015-16
 November..... Denzel Dejournette, APP
 December..... Marshall Haas, CIT
 January..... Nathan Kraisser, CAM
 February..... Denzel Dejournette, APP

Wrestler of the Month repeat winners

4 times
 Cody Cleveland, UTC (2007-11)
 Turtogtokh Luvsandorj, CIT (2009-14)

3 times
 Matt Keller, UTC (2005-07)
 Denzel Dejournette, APP (2014-16)

2 times
 Matt Pitts, UTC (2003-05)
 Jon Sioredas, UTC (2004-05)
 Michael Keefe, UTC (2005-07)
 Josh Wine, VMI (2009-10)
 Austin Trotman, APP (2011-12)
 Odie Delaney, CIT (2012-13)
 Nick Soto, UTC (2011-14)
 Freddie Rodriguez, SIUE (2016-17)
 Bryce Carr, UTC (2015-17)

WOTM by school

Chattanooga	28
The Citadel.....	10
Appalachian State.....	9
UNCG	7
Gardner-Webb.....	2
SIUE.....	2
VMI.....	2
Campbell.....	1
Davidson.....	1

2016-17
 November..... Freddie Rodriguez, SIUE
 December..... Chris Vassar, GWU
 January..... Bryce Carr, UTC
 February..... Freddie Rodriguez, SIUE

2017-18
 November..... Bryce Carr, UTC
 December..... Forrest Przybysz, APP
 January..... Bryce Carr, UTC
 February..... Randall Diabe, APP

Individual champions

115 pounds

1930 Graves, Virginia Tech
 1933 Rowland Thomas, Washington & Lee
 1934 Dave Morrah, North Carolina State
 1967 Colin Hudson, Davidson
 1968 Lonnie Parker, William & Mary
 1969 Lonnie Parker, William & Mary

118 pounds

1935 Rowland Thomas, Washington & Lee
 1936 Rowland Thomas, Washington & Lee
 1938 Kemp, Washington & Lee
 1970 Lonnie Parker, William & Mary
 1971 Lonnie Parker, William & Mary
 1972 Glenn Baker, East Carolina
 1973 Glenn Baker, East Carolina
 1974 Jim Blair, East Carolina
 1975 Jim Blair, East Carolina
 1976 Tom Dursee, William & Mary
 1977 Tom Dursee, William & Mary
 1978 Byron McGlathery, Chattanooga
 1979 Mike Marino, Chattanooga
 1980 Bobby Greenwood, VMI
 1981 Tom Moore, Appalachian State
 1982 Charlie Heard, Chattanooga
 1983 Charlie Heard, Chattanooga
 1984 Charlie Heard, Chattanooga
 1985 Bob Zoeke, VMI
 1986 Ben Reichel, Chattanooga
 1987 Ben Reichel, Chattanooga
 1988 Tom Herring, Chattanooga
 1989 Ben Reichel, Chattanooga
 1990 Antonio Calloway, Appalachian State
 1991 Antonio Calloway, Appalachian State
 1992 Donnell Rawls, Appalachian State
 1993 David Barden, Chattanooga
 1994 Jason Laflin, Chattanooga
 1995 Mike Orris, Appalachian State
 1996 Tony Hairston, Appalachian State
 1997 Tony Hairston, Appalachian State
 1998 Corey Williams, UNCG

121 pounds

1941 Graham, Washington & Lee
 1942 John McCarthy, Virginia Tech
 1943 Warren Danneburg, VMI
 1947 Matt Moyer, VMI
 1948 Matt Moyer, VMI
 1949 Mike Kusturiss, Duke
 1950 Howie David, Washington & Lee

123 pounds

1951 Johnny Jordan, VMI
 1952 Bobby Perry, West Virginia
 1953 Bobby Perry, West Virginia
 1954 Bobby Perry, West Virginia
 1955 Bobby Perry, West Virginia
 1956 Ernie Piercy, Virginia Tech
 1957 Tom Westfall, West Virginia
 1958 Tom Westfall, West Virginia
 1959 Bob Bowman, Virginia Tech
 1960 Bob Bowman, Virginia Tech
 1961 Mike Grandstaff, Virginia Tech
 1962 Ernie Venturino, Virginia Tech
 1963 Ernie Venturino, Virginia Tech
 1964 Henry Seymour, Virginia Tech
 1965 Henry Seymour, Virginia Tech
 1966 Don Check, West Virginia
 1967 Howard Metzgar, East Carolina
 1968 John Wood, The Citadel
 1969 John Wood, The Citadel

125 pounds

1930 Stuart Will, VMI
 1933 Fred Sarkis, Washington & Lee
 1934 Fred Sarkis, Washington & Lee
 1999 Adrian Tramutola, Chattanooga
 2000 Adrian Tramutola, Chattanooga
 2001 Adrian Tramutola, Chattanooga
 2002 Matt Pitts, Chattanooga
 2003 Rich Caisse, Appalachian State
 2004 Ryan McClester, The Citadel
 2005 Joe Kemmerer, UNCG
 2006 Javier Maldonado, Chattanooga
 2007 Javier Maldonado, Chattanooga
 2008 Javier Maldonado, Chattanooga
 2009 Demetrius Johnson, Chattanooga

2010 Tony Gravely, Appalachian State
 2011 Manuel Ramirez, UNCG*
 2012 Tony Gravely, Appalachian State
 2013 Nick Soto, Chattanooga
 2014 Dominic Parisi, Appalachian State
 2015 Sean Boyle, Chattanooga
 2016 Freddie Rodriguez, SIUE
 2017 Freddie Rodriguez, SIUE
 2018 Alonzo Allen, Chattanooga

* later vacated

126 pounds

1935 Sherrard, VMI
 1936 Sherrard, VMI
 1938 Pound, VMI
 1970 Tim Ellenberger, East Carolina
 1971 Dan Monroe, East Carolina
 1972 Dan Monroe, East Carolina
 1973 Dan Monroe, East Carolina
 1974 Glenn Baker, East Carolina
 1975 Jim Hicks, William & Mary
 1976 Paul Osman, East Carolina
 1977 Paul Osman, East Carolina
 1978 Randy Batten, Chattanooga
 1979 Ike Anderson, Appalachian State
 1980 Byron McGlathery, Chattanooga
 1981 Floyd Dotter, The Citadel
 1982 Thomas Hutchinson, Appalachian State
 1983 Leonard Champaign, Chattanooga
 1984 John Munno, VMI
 1985 Ron Ensign, Chattanooga
 1986 Trey Bennett, The Citadel
 1987 Tom Herring, Chattanooga
 1988 Scott Corcoran, Chattanooga
 1989 Jevon Morris, Appalachian State
 1990 John Jones, The Citadel
 1991 Brian Mason, VMI
 1992 Brian Mason, VMI
 1993 Allan Smith, The Citadel
 1994 David Barden, Chattanooga
 1995 David Barden, Chattanooga
 1996 Aaron Mickiewicz, VMI
 1997 David Hopper, Appalachian State
 1998 Bobby Hanson, Chattanooga

128 pounds

1941 Bud Robb, Washington & Lee
 1942 Hobie McKeever, North Carolina
 1943 Hobie McKeever, North Carolina
 1947 Tom Hearn, North Carolina
 1948 Ted Lonergan, Washington & Lee
 1949 Irving Perry, VMI
 1950 Kerry Gallagher, Duke

130 pounds

1951 Irving Perry, VMI
 1952 Matt Flynn, Maryland
 1953 Al Motley, Virginia Tech
 1954 Lew Guidi, West Virginia
 1955 Al Carson, Virginia Tech
 1956 Lew Guidi, West Virginia
 1957 Brandon Glover, Virginia Tech
 1958 Brandon Glover, Virginia Tech
 1959 Brandon Glover, Virginia Tech
 1960 Brandon Glover, Virginia Tech
 1961 Mike Petres, West Virginia
 1962 Mike Grandstaff, Virginia Tech
 1963 Jose Barcelo, The Citadel
 1964 Bill Meacci, West Virginia
 1965 Mickey Jarrell, Virginia Tech
 1966 Fred Bates, East Carolina
 1967 Don Killen, West Virginia
 1968 Tim Ellenberger, East Carolina
 1969 Tim Ellenberger, East Carolina

133 pounds

1999 Bobby Hanson, Chattanooga
 2000 Bobby Hanson, Chattanooga
 2001 Travis Drake, Appalachian State
 2002 Travis Drake, Appalachian State
 2003 Travis Drake, Appalachian State
 2004 Josh Keefe, Chattanooga
 2005 Ryan McClester, The Citadel
 2006 Matt Keller, Chattanooga
 2007 Matt Keller, Chattanooga
 2008 Jeff Hedges, UNCG

2009 Frank Celorrio, Appalachian State
 2010 Alex Radsky, Davidson
 2011 Demetrius Johnson, Chattanooga
 2012 Nick Soto, Chattanooga
 2013 Anthony Elias, Davidson
 2014 Nick Soto, Chattanooga
 2015 Nick Soto, Chattanooga
 2016 Nathan Kraisser, Campbell
 2017 Chris Debien, Chattanooga
 2018 John Muldoon, SIUE

134 pounds

1970 John Kaila, William & Mary
 1971 Steve Morgan, East Carolina
 1972 Jim McCloe, East Carolina
 1973 Mark Belknap, William & Mary
 1974 Mark Belknap, William & Mary
 1975 Mark Belknap, William & Mary
 1976 Jim Hicks, William & Mary
 1977 Jim Hicks, William & Mary
 1978 Jim Polsineeli, Appalachian State
 1979 Andre Massey, Appalachian State
 1980 Rick Waller, Chattanooga
 1981 Rick Waller, Chattanooga
 1982 Fitz Johnson, The Citadel
 1983 Ricky Talley, Chattanooga
 1984 Larry Savides, Appalachian State
 1985 Mitch Fuller, The Citadel
 1986 Thomas Hutchinson, Appalachian State
 1987 Dave Sloan, Appalachian State
 1988 Mark Allison, Chattanooga
 1989 Clarence Arrington, Chattanooga
 1990 Clarence Arrington, Chattanooga
 1991 Jevon Morris, Appalachian State
 1992 Charlie Branch, VMI
 1993 Victor Balmececa, Appalachian State
 1994 Vinny Zullo, Appalachian State
 1995 Adam Mickiewicz, VMI
 1996 Adam Mickiewicz, VMI
 1997 Adam Mickiewicz, VMI
 1998 Bobby Cook, Chattanooga

135 pounds

1930 Fild, VMI
 1933 Mungler, Washington & Lee
 1934 Charley Nolan, North Carolina State
 1935 A. Witt, VMI
 1936 A. Witt, VMI
 1938 Reeves, VMI
 1942 Tom Fuller, Washington & Lee

136 pounds

1941 Tom Fuller, Washington & Lee
 1943 Jack McGrath, VMI
 1947 Steiff, Washington & Lee
 1948 Joe Sconce, Washington & Lee
 1949 Joe Sconce, Washington & Lee
 1950 Ted Lonergan, Washington & Lee

137 pounds

1951 Ted Lonergan, Washington & Lee
 1952 Rodney Norris, Maryland
 1953 Rodney Norris, Maryland
 1954 Bill Pritchard, West Virginia
 1955 Armand Taylor, Virginia Tech
 1956 Joe Heller, Virginia Tech
 1957 Armand Taylor, Virginia Tech
 1958 Joe Heller, Virginia Tech
 1959 Joe Heller, Virginia Tech
 1960 Joe Heller, Virginia Tech
 1961 Bob Robinson, Virginia Tech
 1962 Don Ellerman, Virginia Tech
 1963 Don Ellerman, Virginia Tech
 1964 Don Ellerman, Virginia Tech
 1965 Ken Cole, Virginia Tech
 1966 Bill Meacci, West Virginia
 1967 Jim Stevens, West Virginia
 1968 Steve Vaughan, VMI
 1969 Robert Corbo, East Carolina

141 pounds

1999 Jeremy Hart, Appalachian State
 2000 Jeremy Hart, Appalachian State
 2001 Jeremy Hart, Appalachian State
 2002 Jared Sullivan, Chattanooga
 2003 Jared Sullivan, Chattanooga
 2004 Kevin Artis, UNCG



Individual champions

141 pounds (cont.)

- 2005 Michael Keefe, Chattanooga
- 2006 Sean Markey, The Citadel
- 2007 Michael Keefe, Chattanooga
- 2008 Cody Cleveland, Chattanooga
- 2009 Cody Cleveland, Chattanooga
- 2010 Ivan Lopouchanski, UNCG
- 2011 Cody Cleveland, Chattanooga
- 2012 Mike Kessler, Appalachian State
- 2013 Ugi Khishignyam, The Citadel
- 2014 Ugi Khishignyam, The Citadel
- 2015 Michael Longo, Appalachian State
- 2016 Michael Longo, Appalachian State
- 2017 Josh Heil, Campbell

142 pounds

- 1970 John Childress, The Citadel
- 1971 Brad Smallwood, William & Mary
- 1972 John Kaila, William & Mary
- 1973 Milt Sherman, East Carolina
- 1974 Tom Marriot, East Carolina
- 1975 Tom Marriot, East Carolina
- 1976 Tom Marriot, East Carolina
- 1977 Ronald Moore, William & Mary
- 1978 Ralph Truitt, Marshall
- 1979 Cary Waller, Chattanooga
- 1980 Bob Hilfger, Appalachian State
- 1981 Bob Hilfger, Appalachian State
- 1982 Randel Wider, Chattanooga
- 1983 Billy Moss, Chattanooga
- 1984 John Ehrenberger, VMI
- 1985 Amaro Lamar, Appalachian State
- 1986 Amaro Lamar, Appalachian State
- 1987 Jay Smallden, VMI
- 1988 Jay Smallden, VMI
- 1989 Dave Sloan, Appalachian State
- 1990 Steve Pitts, VMI
- 1991 Marty Fajerman, Furman
- 1992 Guy Harris, Chattanooga
- 1993 Charlie Branch, VMI
- 1994 Charlie Branch, VMI
- 1995 Charlie Branch, VMI
- 1996 Jason Foresman, VMI
- 1997 Trey Burlingame, UNCG
- 1998 Melvin Saunders, UNCG

145 pounds

- 1930 Kellam, VMI
- 1933 Allison, Virginia Tech
- 1934 Bill White, VMI
- 1935 Glenn Shively, Washington & Lee
- 1936 Glenn Shively, Washington & Lee
- 1938 Pitts, North Carolina
- 1941 Somervell, North Carolina
- 1942 Sterling Edwards, VMI
- 1943 Bob Sherrard, VMI
- 1947 Bob Sherrard, VMI
- 1948 Ken Finley, Washington & Lee
- 1949 Ken Finley, Washington & Lee
- 1950 Hap Dasheir, VMI
- 1966 Ed Steers, The Citadel
- 1967 Ed Steers, The Citadel
- 1968 Ed Steers, The Citadel
- 1969 Stan Bastain, East Carolina

147 pounds

- 1951 Doug Martin, North Carolina State
- 1952 Ed Brown, VMI
- 1953 Ed Brown, VMI
- 1954 Jeff Robertson, VMI
- 1955 Pannill Jones, VMI
- 1956 Armand Taylor, Virginia Tech
- 1957 Sherman Vandevender, Virginia Tech
- 1958 Sherman Vandevender, Virginia Tech
- 1959 Andy Sadie, West Virginia
- 1960 Bryan Kane, VMI
- 1961 Al Bamforth, VMI
- 1962 Jeff Hartsell, The Citadel
- 1963 Sam Church, West Virginia
- 1964 Bruce Schwanda, The Citadel
- 1965 Bruce Schwanda, The Citadel

149 pounds

- 1999 Melvin Saunders, UNCG
- 2000 Melvin Saunders, UNCG
- 2001 Adam Britt, VMI
- 2002 Wayne Watts, The Citadel

- 2003 Jacob Harris, Chattanooga
- 2004 Sam Alvarenga, VMI
- 2005 Levi Duyn, The Citadel
- 2006 Aaron Martin, Chattanooga
- 2007 Scott Ervin, Appalachian State
- 2008 Scott Ervin, Appalachian State
- 2009 Dan Waddell, Chattanooga
- 2010 Dean Pavlou, Chattanooga
- 2011 Ivan Lopouchanski, UNCG
- 2012 Dean Pavlou, Chattanooga
- 2013 Alex Hudson, Chattanooga
- 2014 Dylan Cottrell, Appalachian State
- 2015 Matt Frisch, The Citadel
- 2016 John Fahy, SIUE
- 2017 Matt Zovistoski, Appalachian State
- 2018 Tyshawn Williams, SIUE

150 pounds

- 1970 Greg Giordano, William & Mary
- 1971 Bill Hogan, William & Mary
- 1972 Bill Hogan, William & Mary
- 1973 Tom Marriot, East Carolina
- 1974 Tom Marriot, East Carolina
- 1975 Paul Thorp, East Carolina
- 1976 Max Lorenzo, William & Mary
- 1977 Frank Schaeede, East Carolina
- 1978 Tom Lunsford, Appalachian State
- 1979 Walt Fingar, The Citadel
- 1980 Pat Cucci, Appalachian State
- 1981 Cary Waller, Chattanooga
- 1982 John Feldhacker, Chattanooga
- 1983 Cary Waller, Chattanooga
- 1984 John Feldhacker, Chattanooga
- 1985 John Feldhacker, Chattanooga
- 1986 Ben Walker, VMI
- 1987 Amaro Lamar, Appalachian State
- 1988 Tom Sell, Chattanooga
- 1989 Tom Sell, Chattanooga
- 1990 Adrian Hines, Appalachian State
- 1991 Adrian Hines, Appalachian State
- 1992 Adrian Hines, Appalachian State
- 1993 Guy Harris, Chattanooga
- 1994 Kyle Kuykendall, Appalachian State
- 1995 Jeremy Ingram, VMI
- 1996 Reese Edgington, VMI
- 1997 Jason Foresman, VMI
- 1998 Heath Eslinger, Chattanooga

152 pounds

- 1966 Bill Zimmerman, West Virginia
- 1967 Dick Conard, The Citadel
- 1968 Greg Giordano, William & Mary
- 1969 Tom Bull, The Citadel

155 pounds

- 1930 McCrary, VMI
- 1933 E. Landis, VMI
- 1934 Bill Currence, VMI
- 1935 Arnez, Washington & Lee
- 1936 Arnez, Washington & Lee
- 1938 Thomas, Washington & Lee
- 1941 Beamer, VMI
- 1942 Sam Mordecai, North Carolina
- 1943 Leroy Roper, VMI
- 1947 Zerple, North Carolina
- 1948 Doug Martin, North Carolina State
- 1949 Phil Kemp, North Carolina
- 1950 Phil Kemp, North Carolina

157 pounds

- 1951 Joel Adelberg, Maryland
- 1952 Bobby Fischer, Maryland
- 1953 Bobby Fischer, Maryland
- 1954 Bryce Kramer, West Virginia
- 1955 Bryce Kramer, West Virginia
- 1956 Sherman Vandevender, Virginia Tech
- 1957 Harold Westervelt, Davidson
- 1958 Harold Westervelt, Davidson
- 1959 Sherman Vandevender, Virginia Tech
- 1960 Bill Daniels, VMI
- 1961 Jeff Hartsell, The Citadel
- 1962 Bob Hatcher, Virginia Tech
- 1963 Charles Callahan, Virginia Tech
- 1964 Jim Jioio, West Virginia
- 1965 Jerry Gooden, West Virginia
- 1999 Heath Eslinger, Chattanooga
- 2000 P.J. Boccia, Appalachian State

- 2001 P.J. Boccia, Appalachian State
- 2002 Adam Britt, VMI
- 2003 Adam Britt, VMI
- 2004 Dan Thompson, The Citadel
- 2005 Travis Piccard, The Citadel
- 2006 Jake Yost, Chattanooga
- 2007 Jake Yost, Chattanooga
- 2008 Seth Garvin, Chattanooga
- 2009 Joey Knox, Chattanooga
- 2010 Turtogtokh Luvsandorj, The Citadel
- 2011 Josh Condon, Chattanooga
- 2012 Dan Waddell, Chattanooga
- 2013 Matt Frisch, The Citadel
- 2014 Aaron Walker, The Citadel
- 2015 Aaron Walker, The Citadel
- 2016 Kamaal Shakur, Chattanooga
- 2017 Ryan Mosley, Gardner-Webb
- 2018 Tyler Marinelli, Gardner-Webb

158 pounds

- 1970 Mike Spohn, East Carolina
- 1971 Greg Giordano, William & Mary
- 1972 Phil Smith, VMI
- 1973 Bruce Hall, East Carolina
- 1974 Bruce Hall, East Carolina
- 1975 Dale Midkiff, Appalachian State
- 1976 Mike Regner, The Citadel
- 1977 Craig Cody, Appalachian State
- 1978 Anthony Parris, Chattanooga
- 1979 Rich Boland, The Citadel
- 1980 David Strickland, Chattanooga
- 1981 Todd Sumpter, Appalachian State
- 1982 David Strickland, Chattanooga
- 1983 Steve Swan, Appalachian State
- 1984 Steve Swan, Appalachian State
- 1985 Jesse Waltz, VMI
- 1986 Clay Ogden, The Citadel
- 1987 Lee Reitzel, Appalachian State
- 1988 Clay Ogden, The Citadel
- 1989 Howard Langford, Chattanooga
- 1990 Michael Murray, VMI
- 1991 Jeff Clark, VMI
- 1992 Howard Langford, Chattanooga
- 1993 Corey Creech, Appalachian State
- 1994 Fred Barber, VMI
- 1995 Kevin Johnson, VMI
- 1996 Derek Strobel, Appalachian State
- 1997 Joe Stanton, UNCG
- 1998 Jarrod Fitzpatrick, VMI

160 pounds

- 1966 Steve Rothstein, The Citadel
- 1967 Steve Rothstein, The Citadel
- 1968 Jeff Thiel, William & Mary
- 1969 Jeff Thiel, William & Mary

165 pounds

- 1930 Tallamn, Virginia Tech
- 1933 Charley Pritchard, Washington & Lee
- 1934 Charley Pritchard, Washington & Lee
- 1935 Bill Currence, VMI
- 1936 Not Available
- 1938 Steidman, VMI
- 1941 Weddie Huffman, Duke
- 1942 Jim Wilson, VMI
- 1943 Frank Mordecai, North Carolina
- 1947 Don Troxler, North Carolina State
- 1948 Ken Lindell, Washington & Lee
- 1949 Oscar Gupton, North Carolina
- 1950 Bill Blackwell, VMI
- 1999 Tim Ritchie, The Citadel
- 2000 Heath Eslinger, Chattanooga
- 2001 Mark Fee, Appalachian State
- 2002 Mark Fee, Appalachian State
- 2003 Lee Roper, Appalachian State
- 2004 Jon Sioresas, Chattanooga
- 2005 Jon Sioresas, Chattanooga
- 2006 Dan Thompson, The Citadel
- 2007 T.J. Sayers, Chattanooga
- 2008 Byron Sigmon, UNCG
- 2009 Seth Garvin, Chattanooga
- 2010 Victor Hojilla, UNCG
- 2011 Kyle Blevins, Appalachian State
- 2012 Brandon Wright, Chattanooga
- 2013 Josh Condon, Chattanooga
- 2014 Corey Mock, Chattanooga

Individual champions

2015 Connor McMahon, SIUE
 2016 Austin Trott, Gardner-Webb
 2017 Quentin Perez, Campbell
 2018 Nate Higgins, SIUE

167 pounds

1951 Don Kniffen, West Virginia
 1952 Ernie Fischer, Maryland
 1953 Ernie Fischer, Maryland
 1954 Gil McSpadden, Washington & Lee
 1955 Gil McSpadden, Washington & Lee
 1956 John Wright, Virginia Tech
 1957 Don Vaughn, Virginia Tech
 1958 Charles Sherwood, West Virginia
 1959 Charles Sherwood, West Virginia
 1960 Phil Hoblitzell, West Virginia
 1961 Bill Daniels, VMI
 1962 Roy Sialer, West Virginia
 1963 Tom Rihn, West Virginia
 1964 Mark Biodolillo, West Virginia
 1965 Ken Jenkins, Virginia Tech
 1966 Mike Armstrong, The Citadel
 1967 Mike Armstrong, The Citadel
 1968 Bob Hobson, William & Mary
 1969 Bob Hobson, William & Mary
 1970 Bob Hobson, William & Mary
 1971 Bob Hobson, William & Mary
 1972 Scott Moyer, William & Mary
 1973 Scott Moyer, William & Mary
 1974 Bob Stark, William & Mary
 1975 Ron Whitcomb, East Carolina
 1976 Phil Mueller, East Carolina
 1977 Phil Mueller, East Carolina
 1978 Garth Hinckle, The Citadel
 1979 David Coyle, Marshall
 1980 Larry Meierotto, Chattanooga
 1981 Tim Jones, Marshall
 1982 Larry Meierotto, Chattanooga
 1983 Eric Williams, The Citadel
 1984 Jonathan Hampton, Appalachian State
 1985 Marshall Irby, Appalachian State
 1986 Todd Arris, VMI
 1987 Todd Arris, VMI
 1988 Bret Gustafson, Chattanooga
 1989 Mike Maxam, Appalachian State
 1990 Bryan Flint, Chattanooga
 1991 Bryan Flint, Chattanooga
 1992 Corey Creech, Appalachian State
 1993 Rob Reaves, The Citadel
 1994 Shomari Rozier, Appalachian State
 1995 Rob Reaves, The Citadel
 1996 Chad Dennis, Chattanooga
 1997 Derek Strobel, Appalachian State
 1998 Jamie Hensch, UNCG

174 pounds

1999 Jamie Hensch, UNCG
 2000 Austen Palmer, VMI
 2001 Mike Regner, The Citadel
 2002 Matt Erwin, VMI
 2003 Mark Fee, Appalachian State
 2004 Keith Clifton, The Citadel
 2005 Joe Lowe, UNCG
 2006 Joe Lowe, UNCG
 2007 Joe Lowe, UNCG
 2008 Lloyd Rogers, Chattanooga
 2009 Jason McCroskey, Chattanooga
 2010 Byron Sigmon, UNCG
 2011 Brandon Wright, Chattanooga
 2012 Turtogtokh Luvsandorj, The Citadel
 2013 Hunter Gamble, Gardner-Webb
 2014 Levi Clemons, Chattanooga
 2015 Sean Mappes, Chattanooga
 2016 Nick Kee, Appalachian State
 2017 Jake Residori, SIUE
 2018 Forrest Przybysz, Appalachian State

175 pounds

1930 Tilson, Washington & Lee
 1933 Nelson Waldrop, Virginia Tech
 1934 Nelson Waldrop, Virginia Tech
 1935 Burgess, VMI
 1936 Not Available
 1938 Martin, VMI
 1941 McNeil, Maryland
 1942 Jim Dorier, VMI
 1943 Weddie Huffman, Duke

1947 J.B. Edwards, North Carolina State
 1948 Bob Mahoney, Washington & Lee
 1949 Ken Lindell, Washington & Lee
 1950 Stewart Oliver, Virginia Tech

177 pounds

1951 Dick Harrison, Duke
 1952 Jack Shanahan, Maryland
 1953 Jack Shanahan, Maryland
 1954 Miles Nowitzky, VMI
 1955 Frank Craze, West Virginia
 1956 Gil McSpadden, Washington & Lee
 1957 Mike McClintic, West Virginia
 1958 Tom Burrus, Virginia Tech
 1959 Harold Westervelt, Davidson
 1960 Buddy Sanders, Virginia Tech
 1961 Frank Kirk, Virginia Tech
 1962 Tom Hill, VMI
 1963 Roy Sisler, West Virginia
 1964 Roy Sisler, West Virginia
 1965 Marshall Taylor, VMI
 1966 John Luckini, West Virginia
 1967 Scott Curzi, William & Mary
 1968 Don Taylor, VMI
 1969 Cliff Bernard, East Carolina
 1970 Scott Moyer, William & Mary
 1971 Bill Hill, East Carolina
 1972 Bill Hill, East Carolina
 1973 Bill Hill, East Carolina
 1974 Bill Hill, East Carolina
 1975 Mike Radford, East Carolina
 1976 Ron Whitcomb, East Carolina
 1977 Bob Stark, William & Mary
 1978 Tom Flanagan, Chattanooga
 1979 Tom Flanagan, Chattanooga
 1980 Bobby Orand, Chattanooga
 1981 Larry Meierotto, Chattanooga
 1982 Steve Evans, VMI
 1983 Johnathan Hampton, Appalachian State
 1984 Robert Wyndham, The Citadel
 1985 Johnathan Hampton, Appalachian State
 1986 Charlie Buckshaw, Chattanooga
 1987 Charlie Buckshaw, Chattanooga
 1988 Charlie Buckshaw, Chattanooga
 1989 Erick Ames, VMI
 1990 Bret Gustafson, Chattanooga
 1991 Bret Gustafson, Chattanooga
 1992 Bret Gustafson, Chattanooga
 1993 Chad Dennis, Chattanooga
 1994 Seth Meyerson, Appalachian State
 1995 Seth Meyerson, Appalachian State
 1996 Eddy Clark, Appalachian State
 1997 Nathan Funk, Appalachian State
 1998 Nathan Funk, Appalachian State

184 pounds

1999 Dax Pecaro, UNCG
 2000 Dax Pecaro, UNCG
 2001 Adam Duncan, Chattanooga
 2002 Quantel Langford, Chattanooga
 2003 Keith Clifton, The Citadel
 2004 John Davis, Chattanooga
 2005 John Davis, Chattanooga
 2006 John Davis, Chattanooga
 2007 Josh Edmondson, Chattanooga
 2008 Josh Edmondson, Chattanooga
 2009 Mikal McKee, UNCG
 2010 Austin Trotman, Appalachian State
 2011 Austin Trotman, Appalachian State
 2012 Austin Trotman, Appalachian State
 2013 James Cook, Campbell
 2014 Scott Patrick, Davidson
 2015 Scott Patrick, Davidson
 2016 Ville Heino, Campbell
 2017 Bryce Carr, Chattanooga
 2018 Bryce Carr, Chattanooga

190 pounds

1970 Tom Williams, The Citadel
 1971 Jim Bailey, VMI
 1972 Jim Bailey, VMI
 1973 Mike Furiness, William & Mary
 1974 Mike Radford, East Carolina
 1975 Rick Dixon, William & Mary
 1976 Mike Radford, East Carolina
 1977 John Vizzi, VMI
 1978 Bobby Orand, Chattanooga

1979 Bobby Orand, Chattanooga
 1980 Pat Murphy, Chattanooga
 1981 Pat Murphy, Chattanooga
 1982 Pat Murphy, Chattanooga
 1983 Pat Murphy, Chattanooga
 1984 Thermus Biggs, Appalachian State
 1985 Jeff Rufolo, Chattanooga
 1986 Chris Thornbury, Chattanooga
 1987 Jeff Rufolo, Chattanooga
 1988 Jeff Rufolo, Chattanooga
 1989 Charlie Buckshaw, Chattanooga
 1990 Chris Zwilling, Appalachian State
 1991 Rod Horner, Chattanooga
 1992 Warren Osbourn, Chattanooga
 1993 Gearld Carr, Chattanooga
 1994 Vince Crum, The Citadel
 1995 Daryl Moistner, Appalachian State
 1996 Seth Meyerson, Appalachian State
 1997 Eric Sanders, UNCG
 1998 Isaac Moore, VMI

191 pounds

1967 Don Taylor, VMI
 1968 Gil Reel, West Virginia
 1969 Kerry Keith, Davidson

197 pounds

1999 Isaac Moore, VMI
 2000 Josh Lambrecht, Chattanooga
 2001 David Tyner, Chattanooga
 2002 Austin David, Chattanooga
 2003 Josh Carroll, Appalachian State
 2004 Daren Burns, UNCG
 2005 Daren Burns, UNCG
 2006 Daren Burns, UNCG
 2007 Corry Murray, VMI
 2008 Daren Burns, UNCG
 2009 Odie Delaney, The Citadel
 2010 Dylan Temple, Appalachian State
 2011 Caylor Williams, UNCG
 2012 Kelby Smith, The Citadel
 2013 Niko Brown, Chattanooga
 2014 Marshall Haas, The Citadel
 2015 Jake Tindle, SIUE
 2016 Scottie Boykin, Chattanooga
 2017 Jake Tindle, SIUE
 2018 Scottie Boykin, Chattanooga

285 pounds

1930 Davis, Virginia Tech
 1933 Idol, North Carolina
 1934 Hugo Bonino, Washington & Lee
 1935 Hugo Bonino, Washington & Lee
 1936 Not Available
 1938 McFayden, Davidson
 1941 Lillard Ailor, Washington & Lee
 1942 Woody Jones, North Carolina State
 1943 John Coppedge, VMI
 1947 Hooper, North Carolina
 1948 Bill George, Wake Forest
 1949 Bill George, Wake Forest
 1950 Jerry Jack, Washington & Lee
 1951 Bob Boswell, West Virginia
 1952 Bill George, Wake Forest
 1953 Jack McNicol, Virginia Tech
 1954 Nick Servidio, VMI
 1955 Jim Lock, Virginia Tech
 1956 Dale Vaughn, VMI
 1957 Don Basham, VMI
 1958 J.D. Miller, West Virginia
 1959 J.D. Miller, West Virginia
 1960 Ray Bazzoli, West Virginia
 1961 Dennis Merklinger, VMI
 1962 Gene Breen, Virginia Tech
 1963 Don Marks, Virginia Tech
 1964 Ken Woodeshick, West Virginia
 1965 Mike George, West Virginia
 1966 Ken Woodeshick, West Virginia
 1967 Lowell Bryan, Davidson
 1968 Bob Biddle, VMI
 1969 Bob Biddle, VMI
 1970 Doug Freiburger, William & Mary
 1971 Greg Freaney, William & Mary
 1972 Greg Freaney, William & Mary
 1973 Mark Pohren, East Carolina
 1974 Willie Bryant, East Carolina
 1975 Willie Bryant, East Carolina



Individual champions

285 pounds (cont.)

1976	Ned Stepahovich, VMI
1977	Ned Stepahovich, VMI
1978	Lo Carmen, Appalachian State
1979	Lo Carmen, Appalachian State
1980	Chuck Pinta, The Citadel
1981	Chuck Pinta, The Citadel
1982	Chuck Pinta, The Citadel
1983	Jim Ettari, The Citadel
1984	David Besser, Appalachian State
1985	John Long, VMI
1986	Mike Wallace, Chattanooga
1987	Chris Thornbury, Chattanooga
1988	Rock Burch, Appalachian State
1989	Chris Thornbury, Chattanooga
1990	Rock Burch, Appalachian State
1991	Warren Osbourn, Chattanooga
1992	Melvin Crosby, Appalachian State
1993	Melvin Crosby, Appalachian State
1994	Mark Wysong, VMI
1995	Duke Howell, Appalachian State
1996	Leslie Apedoe, VMI
1997	Leslie Apedoe, VMI
1998	Leslie Apedoe, VMI
1999	Leslie Apedoe, VMI
2000	Kevin Baltz, Chattanooga
2001	John Kimble, UNCG
2002	Greg Forbes, UNCG
2003	Billy Linane, The Citadel
2004	Billy Linane, The Citadel
2005	Ruebon Daniels, Appalachian State
2006	Tyler Sholvin, UNCG
2007	Matt Koz, Chattanooga
2008	Josh Wine, VMI
2009	Josh Wine, VMI
2010	Odie Delaney, The Citadel
2011	Josh Wine, VMI
2012	Odie Delaney, The Citadel
2013	Odie Delaney, The Citadel
2014	David Devine, SIUE
2015	Denzel Dejournette, Appalachian State
2016	Denzel Dejournette, Appalachian State
2017	Denzel Dejournette, Appalachian State
2018	Jere Heino, Campbell

SoCon champions by school

Chattanooga.....	149	Davidson.....	11
VMI.....	110	Maryland.....	11
Appalachian State.....	100	SIUE.....	8
The Citadel.....	67	NC State.....	7
East Carolina.....	44	Campbell.....	5
West Virginia.....	42	Duke.....	5
William & Mary.....	39	Gardner-Webb.....	3
Washington & Lee.....	38	Marshall.....	3
UNCG.....	32	Wake Forest.....	3
Virginia Tech.....	18	Furman.....	1
North Carolina.....	13		

Repeat individual champions

Four-time champions (16)

Name, school	Years (weights)
Bobby Perry, West Virginia	1952-55 (123)
Sherman Vandevender, Virginia Tech	1956, 1959 (157), 1957-58 (147)
Brandon Glover, Virginia Tech	1957-60 (130)
Joe Heller, Virginia Tech	1956, 1958-60 (137)
Lonnie Parker, William & Mary	1968-69 (115), 1970-71 (118)
Bob Hobson, William & Mary	1968-71 (167)
Bill Hill, East Carolina	1971-74 (177)
Tom Marriot, East Carolina	1973 (150), 1974-76 (142)
Pat Murphy, Chattanooga	1980-83 (190)
Charlie Buckshaw, Chattanooga	1986-88 (177), 1989 (190)
Bret Gustafson, Chattanooga	1988 (167), 1990-92 (177)
Charlie Branch, VMI	1992 (134), 1993-95 (142)
Leslie Apedoe, VMI	1996-99 (285)
Daren Burns, UNCG	2004-06, 2008 (197)
Odie Delaney, The Citadel	2009 (197), 2010, 2012-13 (285)
Nick Soto, Chattanooga	2012, 2014-15 (133), 2013 (125)

Three-time champions (46)

Name, school	Years (weights)
Rowland Thomas, Washington & Lee	1933 (115), 1935-36 (118)
Ted Lonergan, Washington & Lee	1947 (128), 1950 (136), 1951 (137)
Bill George, Wake Forest	1948-49, 1952 (285)
Gil McSpadden, West Virginia	1954-55 (167), 1956 (177)
Armand Taylor, Virginia Tech	1955, 1957 (137), 1956 (147)
Harold Westervelt, Davidson	1957-58 (157), 1959 (177)
Don Ellerman, Virginia Tech	1962-64 (137)
Ed Steers, The Citadel	1966-68 (145)
Tom Ellenberger, East Carolina	1968-69 (130), 1970 (126)
Greg Giordano, VMI	1968 (152), 1970 (150), 1971 (158)
Dan Monroe, East Carolina	1971-73 (126)
Scott Moyer, William & Mary	1970 (177), 1972-73 (167)
Glenn Baker, East Carolina	1972-73 (118), 1974 (126)
Mark Belknap, William & Mary	1973-75 (134)
Mike Radford, East Carolina	1974, 1976 (190), 1975 (177)
Jim Hicks, William & Mary	1975 (126), 1976-77 (134)
Bobby Orand, Chattanooga	1978-79 (190), 1980 (177)
Larry Meierotto, Chattanooga	1980, 1982 (167), 1981 (177)
Chuck Pinta, The Citadel	1980-82 (285)
Cary Waller, Chattanooga	1979 (142), 1981, 1983 (150)
Charlie Heard, Chattanooga	1982-84 (118)
John Feldhacker, Chattanooga	1982, 1984-85 (150)
Johnathan Hampton, Appalachian State	1983, 1985 (177), 1984 (167)
Amaro Lamar, Appalachian State	1985-86 (142), 1987 (150)
Jeff Rufolo, Chattanooga	1985, 1987-88 (190)
Ben Reichel, Chattanooga	1986-87, 1989 (118)
Chris Thornbury, Chattanooga	1986 (190), 1987, 1989 (285)
David Barden, Chattanooga	1993 (118), 1994-95 (126)
Adam Mickiewicz, VMI	1995-97 (134)
Bobby Hanson, Chattanooga	1998 (126), 1999-00 (133)
Melvin Saunders, UNCG	1998 (142), 1999-00 (149)
Adrian Tramutola, Chattanooga	1999-01 (125)
Jeremy Hart, Appalachian State	1999-01 (141)
Adrian Hines, Appalachian State	1990-92 (150)
Seth Meyerson, Appalachian State	1994-95 (177), 1996 (190)
Heath Eslinger, Chattanooga	1998 (150), 1999 (157), 2000 (165)
Travis Drake, Appalachian State	2001-03 (133)
Adam Britt, VMI	2001 (149), 2002-03 (157)
Mark Fee, Appalachian State	2001-02 (165), 2003 (174)
John Davis, Chattanooga	2004-06 (184)
Joe Lowe, UNCG	2005-07 (174)
Javier Moldanado, Chattanooga	2006-08 (125)
Cody Cleveland, Chattanooga	2008-09, 2011 (141)
Josh Wine, VMI	2008-09, 2011 (285)
Austin Trotman, Appalachian State	2010-12 (184)
Denzel Dejournette, Appalachian State	2015-17 (285)