

# Southern Conference



## Wrestling History





# Regular Season Standings

## 1993-94

Team	SoCon		Points	Overall		Points
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	Own-Opp
^Appalachian State	3-1	.750		12-4-1	.705	
^VMI	3-1	.750		9-5	.642	
^\$Chattanooga	3-1	.750		5-6	.454	
The Citadel	1-3	.250		9-12	.428	
Davidson	0-4	.000		6-16	.272	

^ Regular-season champion  
\$ Tournament Champion

## 1994-95

Team	SoCon		Points	Overall		Points
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	Own-Opp
^\$VMI	4-0	1.000	115-39	8-2	.800	201-76
\$Appalachian State	3-1	.750	101-47	6-6-1	.461	163-202
Chattanooga	2-2	.500	98-45	4-7	.363	107-170
The Citadel	1-3	.250	125-136	5-14	.263	163-441
Davidson	0-4	.000	51-201	4-20	.166	245-559

^ Regular-season champion  
\$ Tournament Champion

## 1995-96

Team	SoCon		Points	Overall		Points
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	Own-Opp
^VMI	4-0	1.000		11-3	.785	
Chattanooga	3-1	.750		6-4	.400	
\$Appalachian State	2-2	.500		10-8	.555	
The Citadel	1-3	.250		5-13	.277	
Davidson	0-4	.000		4-15	.210	

^ Regular-season champion  
\$ Tournament Champion

## 1996-97

Team	SoCon		Points	Overall		Points
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	Own-Opp
^\$Appalachian State	5-0	1.000	141-56	10-8	.556	377-350
\$VMI	4-1	.800	139-65	8-5	.615	288-231
\$UNCG	3-2	.600	123-75	9-5-1	.633	422-233
Chattanooga	2-3	.400	96-91	7-9	.438	292-367
The Citadel	1-4	.200	86-130	4-8	.333	227-296
Davidson	0-5	.000	29-207	2-13-1	.156	211-515

^ Regular-season champion  
\$ Tournament Champion

## 1997-98

Team	SoCon		Points	Overall		Points
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	Own-Opp
^UNCG	4-1	.800	136-73	10-3	.769	345-122
^\$Chattanooga	4-1	.800	139-73	7-8-1	.469	346-324
^Appalachian State	4-1	.800	131-64	6-7	.462	252-263
The Citadel	2-3	.400	98-110	4-10	.286	240-350
VMI	1-4	.200	85-132	1-13	.071	183-414
Davidson	0-5	.000	47-184	9-9-1	.500	458-404

^ Regular-season champion  
\$ Tournament Champion

## 1998-99

Team	SoCon		Points	Overall		Points
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	Own-Opp
^Appalachian State	4-1	.800	131-75	6-3	.667	213-155
^\$Chattanooga	4-1	.800	140-67	7-5	.583	279-192
VMI	4-1	.800	124-62	8-4	.667	311-180
UNCG	2-3	.400	120-87	8-5	.615	347-212
The Citadel	1-4	.200	80-123	4-10	.286	210-360
Davidson	0-5	.000	22-205	6-13	.316	281-564

^ Regular-season champion  
\$ Tournament Champion

## 1999-2000

Team	SoCon		Points	Overall		Points
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	Own-Opp
^\$Chattanooga	5-0-0	1.000	151-58	10-2-0	.833	336-163
VMI	4-1-0	.800	133-76	6-7-0	.462	250-278
Appalachian State	3-2-0	.600	185-96	7-10-0	.412	311-358
UNCG	2-3-0	.400	96-97	4-4-0	.500	166-143
The Citadel	1-4-0	.200	77-120	2-11-2	.200	225-391
Davidson	0-5-0	.000	35-185	3-12-0	.231	184-449

^ Regular-season champion  
\$ Tournament Champion

## 2000-01

Team	SoCon		Points	Overall		Points
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	Own-Opp
^\$Appalachian State	5-0-0	1.000	152-41	8-5-0	.615	307-186
Chattanooga	4-1-0	.800	141-57	6-7-0	.462	267-219
UNCG	2-3-0	.400	59-98	5-7-0	.417	169-322
The Citadel	2-3-0	.400	98-100	5-15-0	.250	309-459
VMI	2-3-0	.400	95-110	2-11-0	.154	175-370
Davidson	0-5-0	.000	39-166	6-13-0	.316	300-461

^ Regular-season champion  
\$ Tournament Champion

## 2001-02

Team	SoCon		Points	Overall		Points
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	Own-Opp
^\$Chattanooga	5-0-0	1.000	120-65	9-8-0	.529	255-366
VMI	4-1-0	.800	156-46	11-4-0	.733	388-185
The Citadel	3-2-0	.600	113-86	10-7-0	.588	384-321
Appalachian State	2-3-0	.400	119-77	6-8-0	.429	276-246
UNCG	1-4-0	.200	86-119	3-8-0	.273	194-255
Davidson	0-5-0	.000	22-223	0-15-0	.000	101-702

^ Regular-season champion  
\$ Tournament Champion

## 2002-03

Team	SoCon		Points	Overall		Points
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	Own-Opp
^\$Appalachian State	5-0	1.000	169-42	11-2	.846	385-159
VMI	4-1	.800	72-44	8-3	.727	167-120
The Citadel	3-2	.600	139-42	12-3	.800	406-167
Chattanooga	2-3	.500	93-88	6-17	.260	335-501
UNCG	1-4	.200	67-164	1-14	.066	202-469
Davidson	0-5	.000	33-153	1-13	.071	154-247

^ Regular-season champion  
\$ Tournament Champion



# Regular Season Standings

## 2003-04

Team	SoCon		Points	Overall		Points
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	Own-Opp
^\$The Citadel	5-0	1.000	151-49	13-3	.813	
Chattanooga	4-1	.800	143-67	11-6	.647	
Appalachian State	2-3	.400	105-90	6-4	.600	
UNCG	2-3	.400	90-107	9-6	.600	
VMI	2-3	.400	81-108	7-7	.500	
Davidson	0-5	.000	39-188	4-13	.235	

^ Regular-season champion

\$ Tournament Champion

## 2004-05

Team	SoCon		Points	Overall		Points
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	Own-Opp
^\$Chattanooga	5-0-0	1.00	184-25	14-10-0	.528	629-358
UNCG	4-1-0	.800	188-66	12-5-0	.705	411-228
The Citadel	2-2-1	.500	135-93	5-8-1	.357	242-305
VMI	2-3-0	.400	97-140	6-6-1	.461	243-240
Appalachian State	1-3-1	.300	87-119	8-9-1	.444	375-396
Davidson	0-5-0	.000	40-185	8-7-0	.533	330-368

^ Regular-season champion

\$ Tournament Champion

## 2005-06

Team	SoCon		Points	Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.
^\$Chattanooga	5-0	.1000		16-8-1	.660
UNCG	4-1	.800		9-6	.600
The Citadel	3-2	.600		8-8	.500
Davidson	1-3-1	.200		7-9-1	.468
Appalachian State	1-4	.200		11-8-1	.575
VMI	0-4-1	.100		1-8-1	.150

^ Regular-season champion

\$ Tournament Champion

## 2006-07

Team	SoCon		Points	Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.
^\$Chattanooga	5-0	.1000	187-33	16-1	.941
UNCG	4-1	.800	143-70	10-4	.714
VMI	3-2	.667	80-129	6-8	.429
Appalachian State	2-3	.400	82-116	8-15	.348
The Citadel	1-4	.250	72-124	5-9	.364
Davidson	0-5	.000	63-155	6-10	.375

^ Regular-season champion

\$ Tournament Champion

## 2007-08

Team	SoCon		Points	Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.
^\$Chattanooga	5-0	.1000	166-50	11-6	.733
Appalachian State	4-1	.800	141-61	14-7	.666
UNCG	3-2	.667	129-71	9-9	.500
The Citadel	2-3	.400	82-115	5-6	.454
VMI	1-4	.250	57-154	6-8	.428
Davidson	0-5	.000	42-166	3-11	.214

^ Regular-season champion

\$ Tournament Champion

## 2008-09

Team	SoCon		Points	Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.
^\$Chattanooga	5-0	1.000	171-48	12-10	.545
UNCG	4-1	.800	147-53	7-11	.389
The Citadel	3-2	.600	81-93	9-6-1	.594
Appalachian State	2-3	.400	90-102	7-16	.304
Davidson	1-4	.200	51-139	6-12	.333
VMI	0-5	.000	48-153	0-11	.000

^ Regular-season champion

\$ Tournament Champion

## 2009-10

Team	SoCon		Points	Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.
*Chattanooga	5-0	1.000	161-43	11-7	.611
\$UNCG	4-1	.800	144-64	8-7	.533
Appalachian State	3-2	.600	107-97	9-11	.450
The Citadel	2-3	.400	87-109	9-6	.600
VMI	1-4	.200	79-113	5-9	.357
Davidson	0-5	.000	39-190	5-16	.238

^ Regular-season champion

\$ Tournament Champion

## 2010-11

Team	SoCon		Points	Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.
*\$Chattanooga	5-0	1.000	145-43	11-9	.550
UNCG	4-1	.800	120-72	8-11	.421
The Citadel	3-2	.600	102-77	8-12	.400
Appalachian State	2-3	.400	99-94	8-11-1	.425
VMI	1-4	.200	74-118	4-10	.286
Davidson	0-5	.000	39-175	5-13	.278

^ Regular-season champion

\$ Tournament Champion



# Southern Conference Champions

Year	Site	Team Champion	Year	Site	Team Champion	Year	Site	Team Champion
1930	Lexington, Va.	VMI	1959	Charleston, S.C.	West Virginia	1987	Chattanooga, Tenn.	Chattanooga
1931	NO MEET		1960	Davidson, N.C.	Virginia Tech	1988	Davidson, N.C.	Chattanooga
1932	NO MEET		1961	Morgantown, W.Va.	Virginia Tech	1989	Greenville, S.C.	Chattanooga
1933	Lexington, Va.	Washington & Lee	1962	Blacksburg, Va.	Virginia Tech	1990	Charleston, S.C.	Chattanooga
1934	Blacksburg, Va.	Washington & Lee	1963	Morgantown, W.Va.	Virginia Tech	1991	Boone, N.C.	Chattanooga
1935	Lexington, Va.	VMI	1964	Davidson, N.C.	West Virginia	1992	Asheville, N.C.	Chattanooga
1936	Lexington, Va.	Washington & Lee	1965	Lexington, Va.	West Virginia	1993	Asheville, N.C.	Chattanooga
1937	NO MEET		1966	Williamsburg, Va.	West Virginia	1994	Asheville, N.C.	Chattanooga
1938	Blacksburg, Va.	VMI	1967	Morgantown, W.Va.	The Citadel	1995	Asheville, N.C.	Appalachian State, VMI
1939	NO MEET		1968	Lexington, Va.	William & Mary			
1940	NO MEET		1969	Charleston, S.C.	William & Mary	1996	Greensboro, N.C.	Appalachian State
1941	College Park, Md.	Washington & Lee	1970	Williamsburg, Va.	William & Mary	1997	Greensboro, N.C.	Appalachian State
1942	Greensboro, N.C.	North Carolina	1971	Williamsburg, Va.	William & Mary			
1943	Waynesboro, Va.	VMI	1972	Greenville, N.C.	East Carolina			UNC Greensboro
1944	NO MEET		1973	Williamsburg, Va.	East Carolina	1998	Greensboro, N.C.	Chattanooga
1945	NO MEET		1974	Boone, N.C.	East Carolina	1999	Greensboro, N.C.	Chattanooga
1946	NO MEET		1975	Richmond, Va.	East Carolina	2000	Chattanooga, Tenn.	Chattanooga
1947	Lexington, Va.	North Carolina	1976	Charleston, S.C.	East Carolina	2001	Chapel Hill, N.C.	Appalachian State
1948	Lexington, Va.	Washington & Lee	1977	Greenville, N.C.	William & Mary	2002	Raleigh, N.C.	Chattanooga
1949	Lexington, Va.	Washington & Lee	1978	Boone, N.C.	Chattanooga	2003	Boone, N.C.	Appalachian State
1950	College Park, Md.	Washington & Lee	1979	Chattanooga, Tenn.	Chattanooga	2004	Charlottesville, Va.	The Citadel
1951	Lexington, Va.	VMI	1980	Charleston, S.C.	Chattanooga	2005	Greensboro, N.C.	Chattanooga
1952	Lexington, Va.	Maryland	1981	Boone, N.C.	Chattanooga	2006	Lexington, Va.	Chattanooga
1953	Lexington, Va.	Maryland	1982	Lexington, Va.	Chattanooga	2007	Raleigh, N.C.	Chattanooga
1954	Lexington, Va.	West Virginia	1983	Chattanooga, Tenn.	Chattanooga	2008	Chattanooga, Tenn.	Chattanooga
1955	Lexington, Va.	Virginia Tech	1984	Charleston, S.C.	Appalachian State	2009	Charleston, S.C.	Chattanooga
1956	Lexington, Va.	Virginia Tech	1985	Boone, N.C.	VMI	2010	Davidson, N.C.	UNC Greensboro
1957	Lexington, Va.	VMI	1986	Lexington, Va.	Chattanooga	2011	Boone, N.C.	Chattanooga
1958	Blacksburg, Va.	Virginia Tech						

## SoCon Championship Results

1930	VMI	33	1943	VMI	33	1952	Maryland	43	1958	Virginia Tech	85
	Virginia Tech	17		North Carolina	32		West Virginia	16		West Virginia	56
	Washington & Lee	13		N.C. State	17		Davidson	15		The Citadel	43
	North Carolina	13		Duke	14		VMI	12		VMI	33
	Duke	6		Washington & Lee	11		Virginia Tech	7		Davidson	13
				Virginia Tech	7		The Citadel	6		Washington & Lee	13
							North Carolina	6			
1933	Washington & Lee	32	1947	North Carolina	29		Wake Forest	6	1959	West Virginia	73
	VMI	24		VMI	20		Washington & Lee	5		Virginia Tech	67
	Virginia Tech	12		N.C. State	20					VMI	45
	North Carolina	11		Washington & Lee	14	1953	Maryland	40		Davidson	25
	Duke	3		Maryland	10		West Virginia	23		The Citadel	15
				Virginia Tech	6		Virginia Tech	14			
1934	Washington & Lee	30		Davidson	4		VMI	12	1960	Virginia Tech	74
	VMI	27	1948	Washington & Lee	41		Washington & Lee	10		VMI	61
	N.C. State	18		VMI	17		North Carolina	8		West Virginia	53
	Virginia Tech	16		N.C. State	17		Duke	7		The Citadel	28
	North Carolina	10		Maryland	13		Davidson	5		Davidson	12
	Duke	4					The Citadel	2			
1935	VMI	36	1949	Washington & Lee	33	1954	West Virginia	36	1961	Virginia Tech	73
	Washington & Lee	31		VMI	22		VMI	28		VMI	56
	Virginia Tech	22		Maryland	16		Washington & Lee	24		West Virginia	52
	N.C. State	19		North Carolina	13		Davidson	15		The Citadel	35
	North Carolina	11		Duke	11		Virginia Tech	11		Davidson	12
	Duke	6		Virginia Tech	10		The Citadel	2	1962	Virginia Tech	71
1936	Washington & Lee			Wake Forest	8	1955	Virginia Tech	42		The Citadel	50
				The Citadel	4		West Virginia	41		VMI	48
				Davidson	2		VMI	35		West Virginia	43
1938	VMI	28	1950	Washington & Lee	29		Washington & Lee	22		Davidson	15
	Washington & Lee	24		VMI	24		Davidson	2	1963	Virginia Tech	73
	Davidson	9		Maryland	15	1956	Virginia Tech	82		West Virginia	63
	Virginia Tech	7		Duke	14		VMI	47		The Citadel	47
	North Carolina	6		The Citadel	11		Washington & Lee	43		Davidson	24
	Duke	1		North Carolina	11		West Virginia	27		VMI	18
	N.C. State	1		Virginia Tech	7		The Citadel	16	1964	West Virginia	75
	Maryland	0		N.C. State	2		Davidson	15		Virginia Tech	59
1941	Washington & Lee	32		Davidson	1	1957	VMI	66		VMI	44
	VMI	29	1951	George Washington	0		Virginia Tech	62		The Citadel	30
	North Carolina	27		VMI	29		Washington & Lee	41		Davidson	14
	Maryland	11		Washington & Lee	23		West Virginia	35	1965	West Virginia	74
	Davidson	7		Maryland	18		Davidson	22		Virginia Tech	71
	Duke	7		Duke	12		The Citadel	14		VMI	42
	N.C. State	4		West Virginia	12					The Citadel	40
1942	North Carolina	30		N.C. State	11					Davidson	22
	VMI	28		The Citadel	4					Furman	0
	Washington & Lee	22		Davidson	4					William & Mary	0
	Virginia Tech	16		Virginia Tech	4						
	Duke	11		North Carolina	0						
	Davidson	7									
	N.C. State	7									
	Maryland	1									



# SoCon Championship Results

<b>1966</b>	West Virginia 76 The Citadel 72 VMI 37 East Carolina 30 William & Mary 22 Davidson 19	<b>1977</b>	William & Mary 94.5 East Carolina 83.5 VMI 54.75 Appalachian State 37.5 Marshall 26.25 The Citadel 14.75 Davidson 0.5	<b>1988</b>	Chattanooga 110.5 Appalachian State 71 VMI 67.5 The Citadel 28.5 Furman 17 Davidson 5.5	<b>2001</b>	Appalachian State 113.5 Chattanooga 77 VMI 49 The Citadel 48.5 UNCG 37.5 Davidson 16.5
<b>1967</b>	The Citadel 80 West Virginia 69 Davidson 56 VMI 46 William & Mary 19 East Carolina 15	<b>1978</b>	Chattanooga 100.25 Appalachian State 83.5 Marshall 62 The Citadel 29.5 VMI 25.5 Davidson 5.5	<b>1989</b>	Chattanooga 107.75 Appalachian State 94 VMI 54.5 The Citadel 28.5 Furman 19	<b>2002</b>	Chattanooga 72 VMI 70 The Citadel 62.5 Appalachian State 61.5 UNCG 28 Davidson 16.5
<b>1968</b>	William & Mary 87 VMI 65 East Carolina 51 West Virginia 49 The Citadel 44 Davidson 26	<b>1979</b>	Chattanooga 94.5 Appalachian State 84 The Citadel 59 Marshall 35.25 VMI 24 Furman 0	<b>1990</b>	Chattanooga 94 Appalachian State 93.25 VMI 58.25 The Citadel 34.50 Furman 9	<b>2003</b>	Appalachian State 97.5 VMI 80 The Citadel 70 Chattanooga 51.5 UNCG 20 Davidson 4.5
<b>1969</b>	William & Mary 87 East Carolina 83 VMI 66 The Citadel 53 Davidson 32 George Washington 22 Furman 4	<b>1980</b>	Chattanooga 100.75 VMI 64.5 Appalachian State 56.5 The Citadel 51.5 Marshall 32 Davidson 10.5 Furman 1	<b>1991</b>	Chattanooga 103.5 Appalachian State 82.5 VMI 49 The Citadel 44.5 Furman 25.5	<b>2004</b>	The Citadel 89 Chattanooga 79 VMI 65 Appalachian State 51.5 UNC Greenboro 49.5 Davidson 10
<b>1970</b>	William & Mary 113 East Carolina 91 The Citadel 54 VMI 40 Davidson 19 George Washington 9 Furman 6	<b>1981</b>	Chattanooga 101 Appalachian State 89.25 The Citadel 57 VMI 46.25 Marshall 45.25 East Tennessee 7.5 Davidson 5 Furman 0	<b>1992</b>	Chattanooga 91.75 Appalachian State 87 VMI 62.5 The Citadel 51 Davidson 4	<b>2005</b>	Chattanooga 90 The Citadel 81 UNCG 77 Appalachian State 57.5 Davidson 30.5 VMI 23.5
<b>1971</b>	William & Mary 103 East Carolina 92 VMI 50 Davidson 26 The Citadel 19 Furman 2	<b>1982</b>	Chattanooga 107 Appalachian State 73.75 VMI 73.25 The Citadel 39.75 Marshall 37.75 Davidson 7.5 East Tennessee 0 Furman 0	<b>1993</b>	Chattanooga 87.25 Appalachian State 83.5 The Citadel 62 VMI 57.25 Davidson 5.5	<b>2006</b>	Chattanooga 112.5 UNCG 72 The Citadel 63.5 Appalachian State 49.5 VMI 28.5 Davidson 17
<b>1972</b>	East Carolina 107 William & Mary 94.5 VMI 51 The Citadel 29 Furman 16 Davidson 6 Richmond 0	<b>1983</b>	Chattanooga 104.75 Appalachian State 77.75 VMI 68.5 The Citadel 59 Davidson 11 Furman 0	<b>1994</b>	Chattanooga 91.25 Appalachian State 88.75 VMI 76 The Citadel 42 Davidson 12	<b>2007</b>	Chattanooga 117.5 UNCG 75 VMI 41 The Citadel 38.5 Appalachian State 36.5 Davidson 34.5
<b>1973</b>	East Carolina 119.5 William & Mary 95 Appalachian State 53.5 VMI 33 Furman 5.5 The Citadel 5 Davidson 0	<b>1984</b>	Appalachian State 98.5 Chattanooga 83.75 VMI 82 The Citadel 39 Davidson 5.5 Furman 0	<b>1995</b>	Appalachian State 99.5 VMI 99.5 Chattanooga 88.5 The Citadel 31 Davidson 13	<b>2008</b>	Chattanooga 104.5 Appalachian State 86.5 UNCG 71.5 The Citadel 30.5 VMI 26 Davidson 24.5
<b>1974</b>	East Carolina 171 Appalachian State 121.5 William & Mary 111.5 VMI 52.5 The Citadel 38.5 Richmond 23.5 Davidson 10.5 Furman 3.5	<b>1985</b>	VMI 91 Appalachian State 80 Chattanooga 73.5 The Citadel 54 Furman 2 Davidson 0	<b>1996</b>	Appalachian State 103 VMI 79.5 Chattanooga 74.5 The Citadel 39.5 Davidson 25	<b>2009</b>	Chattanooga 104 UNCG 73 Appalachian State 63 The Citadel 55.5 VMI 27 Davidson 20.5
<b>1975</b>	East Carolina 159.5 William & Mary 143.5 Appalachian State 84.5 Richmond 53 The Citadel 46 VMI 37 Davidson 11	<b>1986</b>	Chattanooga 86 Appalachian State 85.5 VMI 77.5 The Citadel 59.5 Furman 16 Davidson 0	<b>1997</b>	Appalachian State 73 VMI 73 UNCG 73 Chattanooga 60.5 The Citadel 42 Davidson 12.5	<b>2010</b>	UNCG 81.5 The Citadel 74 Appalachian State 71.5 Chattanooga 43 VMI 37 Davidson 21
<b>1976</b>	East Carolina 111 William & Mary 74.75 VMI 30 The Citadel 26.5 Richmond 24.5 Appalachian State 20.5 Davidson 6	<b>1987</b>	Chattanooga 97.75 Appalachian State 97.50 VMI 74 The Citadel 24 Furman 13.5 Davidson 8	<b>1998</b>	Chattanooga 92.5 UNCG 83.5 Appalachian State 71.0 VMI 50.5 The Citadel 43.5 Davidson 14.5	<b>2011</b>	Chattanooga 98 UNCG 87.5 Appalachian State 57.5 The Citadel 44.5 VMI 27 Davidson 18
		<b>1999</b>	Chattanooga 92 UNCG 72.5 VMI 71 Appalachian State 48.5 Citadel 42 Davidson 13	<b>2000</b>	Chattanooga 102.5 Appalachian State 80 UNCG 70.5 VMI 54.5 The Citadel 26.5 Davidson 16.5		



# All-Conference Teams

- 1993**
- 118 David Barden, UTC
  - 126 Donnell Rawls, ASU
  - 134 Frank Mathews, UTC
  - 142 Charlie Branch, VMI
  - 150 Guy Harris, UTC
  - 158 Corey Creech, ASU
  - 167 Shomari Rozier, ASU
  - 177 Chad Dennis, UTC
  - 190 John Reynolds, ASU
  - HWT Melvin Crosby, ASU

- 1994**
- 118 Jason Laflin, UTC
  - 126 David Barden, UTC
  - 134 Vince Zullo, ASU
  - 142 Charlie Branch, VMI
  - 150 Kyle Kuykendall, ASU
  - 158 Chad Dennis, UTC
  - 167 Shomari Rozier, ASU
  - 177 Seth Meyerson, ASU
  - 190 Vince Crum, CIT
  - HWT Mark Wysong, VMI

- 1995**
- 118 Mike Orris, ASU
  - 126 Aaron Mickiewicz, VMI
  - 134 Adam Mickiewicz, VMI
  - 142 Charlie Branch, VMI
  - 150 Jeremy Ingram, VMI
  - 158 Kevin Johnson, VMI
  - 167 Rob Reaves, CIT
  - 177 Daryk Moistner, ASU
  - 190 Raymond James, VMI
  - HWT Hercules Ward, UTC

- 1996**
- 118 Tony Hairston, ASU
  - 126 David Barden, UTC
  - 134 Adam Mickiewicz, VMI
  - 142 Jason Foresman, VMI
  - 150 Reese Edgington, VMI
  - 158 Greg Young, UTC
  - 167 Chad Dennis, UTC
  - 177 Jason Hooker, ASU
  - 190 Seth Meyerson, ASU
  - HWT Leslie Apedoe, VMI

- 1997**
- 118 Miles Cox, DAV
  - 126 Andy Cook, UTC
  - 134 Adam Mickiewicz, VMI
  - 142 Jarrod Fitzgerald, VMI
  - 150 Jason Foresman, VMI
  - 158 Joe Stanton, UNCG
  - 167 Jamie Hensch, UNCG
  - 177 Nathan Funk, UTC
  - 190 Isaac Moore, VMI
  - HWT Leslie Apedoe, VMI

- 1998**
- 118 Corey Williams, UNCG
  - 126 Bob Hanson, UTC
  - 134 Bobby Cook, UTC
  - 142 Melvin Saunders, UTC
  - 150 Heath Eslinger, UTC
  - 158 Jarrod Fitzpatrick, VMI
  - 167 Jamie Hensch, UNCG
  - 177 Nathan Funk, UTC
  - 190 Isaac Moore, VMI
  - HWT Leslie Apedoe, VMI

- 1999**
- 125 Adrian Tramutola, VMI
  - 133 Bobby Hanson, UTC
  - 141 Bobby Cook, UTC
  - 149 Melvin Saunders, UNCG
  - 157 Heath Eslinger, UTC
  - 165 Gill Decher, VMI
  - 174 Jamie Hensch, UNCG
  - 184 Dax Pecaro, UNCG
  - 197 Isaac Moore, VMI
  - HWT Leslie Apedoe, VMI

- 2000**
- 125 Adrian Tramutola, UTC
  - 133 Oliver Ruiz, VMI
  - 141 Jeremy Hart, ASU
  - 149 Andy Putnam, ASU
  - 157 Ian Kaplan, DAV
  - 165 Heath Eslinger, UTC
  - 174 Austen Palmer, VMI
  - 184 Dax Pecaro, UNCG
  - 197 Josh Lambrecht, UTC
  - HWT A.J. Lyczkowski, UTC

- 2001**
- 125 Rich Caisse, ASU
  - 133 Travis Drake, ASU
  - 141 Jared Sullivan, UTC
  - 149 Adam Britt, VMI
  - 157 PJ Boccia, ASU
  - 165 Jacob Inge, VMI
  - 174 Mike Regner, Citadel
  - 184 Adam Duncan, UTC
  - 197 Geoff McIntosh, ASU
  - HWT Danny Misenheimer, ASU

- 2002**
- 125 Matt Pitts, UTC (21-7, 5-0)
  - 133 Travis Drake, ASU (31-4, 4-0)
  - 141 Jared Sullivan, UTC (19-6, 4-1)
  - 149 Mike Parsons, VMI (26-6, 5-0)
  - 157 Adam Britt, VMI (35-6, 4-1)
  - 165 Mark Fee, ASU (23-8, 4-0)
  - 174 Lee Roper, ASU (13-12, 4-0)
  - 184 Jason Cox, VMI (17-13, 5-0)
  - 197 Austin David, UTC (10-12, 5-0)
  - HWT Greg Forbes, UNCG (8-2, 5-0)

- 2003**
- 125 Rich Caisse, ASU
  - 133 Travis Drake, ASU
  - 141 Erin Burns, ASU
  - 149 Jacob Harris, UTC
  - 157 Adam Britt, VMI
  - 165 Lee Roper, ASU
  - 174 Mark Fee, ASU
  - 184 Sean McIntosh, ASU
  - 197 Josh Carroll, ASU
  - HWT Billy Linane, CIT
  - John Kimble, UNCG
  - Scott Buhman, VMI

- 2004**
- 125 Ryan McClester, CIT
  - 133 Josh Keefe, UTC
  - 141 Michael Keefe, UTC
  - 149 Jason Jones, ASU
  - 157 Dan Thompson, CIT
  - 165 Jon Siores, UTC
  - 174 Keith Clifton, CIT
  - 184 John Davis, UTC
  - 197 Jason Cox, VMI
  - HWT Billy Linane, CIT

- 2005**
- 125 Matt Pitts, UTC
  - 133 Josh Keefe, UTC
  - 141 Michael Keefe, UTC
  - 149 Wayne French, UTC
  - 157 Travis Piccard, CIT
  - 165 Jon Siores, UTC
  - 174 Daniel Peterson, UTC
  - 184 John Davis, UTC
  - 197 Daren Burns, UNCG
  - HWT Ruebon Daniels, ASU

- 2006**
- 125 Javier Maldonado, UTC
  - 133 Matt Keller, UTC
  - 141 Sean Markey, CIT
  - 149 Eric Burns, ASU
  - 157 Jake Yost, ASU
  - 165 Dan Thompson, CIT
  - 174 Joe Lowe, UNCG
  - 184 John Davis, UTC
  - 197 Daren Burns, UNCG
  - HWT Tyler Sholvin, UNCG

- 2007**
- 125 Javier Maldonado, UTC
  - 133 Matt Keller, UTC
  - 141 Michael Keefe, UTC
  - 149 Aaron Martin, UTC
  - 157 Jake Yost, UTC
  - 165 T.J. Sayers, UTC
  - 174 Josh Edmondson, UTC
  - 184 Matt Koz, UTC
  - 197 Joe Lowe, UNCG
  - HWT Corry Murray-VMI

- 2008**
- 125 Javier Maldonado, UTC
  - 133 Jeff Hedges, UNCG
  - 141 Cody Cleveland, UTC
  - 149 Scott Ervin, ASU
  - 157 Seth Garvin, UTC
  - 165 Byron Sigmon, UNCG
  - 174 Lloyd Rogers, UTC
  - 184 Josh Edmondson, UTC
  - 197 Daren Burns, UNCG
  - HWT Ryan Hsu, UNCG

- 2009**
- 125 Tyler Sim, CIT
  - 133 Frank Celorrio, ASU
  - 141 Cody Cleveland, UTC
  - 149 Dan Waddell, UTC
  - Ben Wilmore, UNCG
  - 157 Joey Knox, UTC
  - 165 Seth Garvin, UTC
  - 174 Jason McCroskey, UTC
  - 184 Mikal McKee, UNCG
  - 197 Odie Delaney, CIT
  - HWT Josh Wine, VMI

- 2010**
- 125 Demetrius Johnson, UTC
  - 133 Josh Statum, UTC
  - 141 Ivan Lopouchanski, UNCG
  - 149 Savva Kostis, ASU
  - 157 Josh Condon, UTC
  - 165 Brandon Wright, UTC
  - 174 Byron Sigmon, UNCG
  - 184 Austin Trotman, ASU
  - 197 Niko Brown, UTC
  - HWT Josh Wine, VMI

- 2011**
- 125 Manuel Ramirez, UNCG
  - 133 Jamel Johnson, UNCG
  - 141 Cody Cleveland, UTC
  - 149 Ivan Lopouchanski, UNCG
  - 157 Josh Condon, UTC
  - 165 Turtogtokh Luvsandorj, CIT
  - 174 Brandon Wright, UTC
  - 184 Austin Trotman, ASU
  - 197 Caylor Williams, UNCG
  - HWT Josh Wine, VMI

\* Prior to 1993, all individual Southern Conference meet champions earned all-conference honors.  
\* In 2009 coaches approved a 10-member all-freshman team, regardless of weight class.

## All-Freshman Teams

- 2009**
- Kyle Blevins, ASU
  - Mike Kessler, ASU
  - J.C. Oddo, CIT
  - Odie Delaney, CIT
  - Richard Alarcon, CIT
  - David DeCamp, DAV
  - Tyler Mullen, DAV
  - Jason McCroskey, UTC
  - Demetrius Johnson, UTC
  - Dan Waddell, UTC
  - Tyler Roberson, UTC
  - Ethan Winel, UTC
  - Andrew Szymborski, VMI

- 2010**
- Jacob Earp, ASU
  - Niko Brown, UTC
  - Josh Condon, UTC
  - Dean Pavlou, UTC
  - Jake Young, UTC
  - Nick LaFevre, CIT
  - Turtogtokh Luvsandorj, CIT
  - Eric Chandler, UNCG
  - Ivan Lopouchanski, UNCG
  - Travis Sheehy, UNCG

- 2011**
- Chris Johnson, ASU
  - Marc Tyson, ASU
  - Luke Johnson, CIT
  - Scott Patrick, DAV
  - Elijah Adams, UNCG
  - Jamel Johnson, UNCG
  - Caylor Williams, UNCG
  - Levi Clemons, UTC
  - Shawn Greevy, UTC
  - Ted Gottwald, VMI



# NCAA Individual & Team Top Finishes

## NCAA Individual Top 8 Finishers

Year	Wgt.	Fin.	Individual
1955	115	4th	Robert Perry, West Virginia
	123	2nd	Lewis Guidi, West Virginia
1974	134	5th	Mark Belknap, W&M
	177	5th	Bill Hill, East Carolina
1975	134	3rd	Mark Belknap, W&M
1979	126	5th	Byron McGlathery, UTC
1983	118	2nd	Charlie Heard, UTC
1984	118	7th	Charlie Heard, UTC
1991	177	5th	Bret Gustafson, UTC
1992	142	8th	Guy Harris, UTC
1992	158	8th	Howard Langford, UTC
1999	HWT	6th	Leslie Apedoe, VMI
2002	165	5th	Mark Fee, Appalachian St
2005	141	5th	Michael Keefe, UTC
	165	5th	Jon Sioredas, UTC
2006	133	8th	Matt Keller, UTC
	165	7th	Dan Thompson, Citadel
2007	133	4th	Matt Keller, UTC
2008	141	8th	Cody Cleveland, UTC

## NCAA Team Finishes

Year	Finish	School
1935	13th	VMI
1941	T-21st	VMI
1952	T-20th	Maryland
1955	12th	West Virginia
1956	T-19th	Virginia Tech
	T-33rd	VMI
1961	T-23rd	The Citadel
1964	T-37th	West Virginia
1968	T-52nd	Davidson
1971	T-44th	East Carolina
1972	T-55th	East Carolina
	T-55th	William & Mary
	T-37th	William & Mary
1974	T-24th	East Carolina
	T-24th	William & Mary
1975	17th	William & Mary
	38th	East Carolina
1976	31st	East Carolina
	37th	The Citadel
	T-41st	William & Mary
	T-72nd	VMI
1977	33rd	William & Mary
	T-51st	Appalachian State
		VMI
1978	T-47th	Chattanooga
1979	31st	Chattanooga
	T-56th	Appalachian State
1980	T-40th	Chattanooga
	T-47th	Appalachian State
	T-53rd	The Citadel
1982	38th	Chattanooga
1983	T-14th	Chattanooga
1984	29th	Chattanooga
1985	T-38th	Appalachian State
	T-55th	Chattanooga
1986	T-49th	Appalachian State
	T-59th	Chattanooga

1987	T-45th	The Citadel
	T-47th	Appalachian State
	T-62nd	Chattanooga
1988	T-27th	Chattanooga
	T-46th	The Citadel
1989	35th	Chattanooga
	T-46th	Appalachian State
1991	T-27th	Chattanooga
1992	T-22nd	Chattanooga
1997	T-47th	VMI
	T-58th	Appalachian State
	T73rd	Chattanooga
1998	T-58	Chattanooga
	T-67	VMI
1999	T-34th	VMI
	41st	Chattanooga
	T-48th	Appalachian State
	T-64th	UNCG
2000	T-47th	Appalachian State
	T-47th	UNCG
	T-47th	Chattanooga
	T-57th	VMI
2001	T-51st	Chattanooga
	T-66th	Appalachian State
	T-68th	UNCG
2002	28th	Appalachian State
	T-39th	VMI
	T-70th	Chattanooga
	T-72nd	The Citadel
	T-72nd	UNCG
33rd		Appalachian State
	T-46th	VMI
	T-48th	The Citadel
2004	T-29th	Chattanooga
	T-50th	The Citadel
	T-60th	UNCG
	T-68th	VMI
2005	21st	Chattanooga
2006	30th	Chattanooga
	31st	UNCG
	33rd	The Citadel
2007	20th	Chattanooga
2008	37th	Chattanooga
	38th	Appalachian State
	T-41st	UNCG
2009	52nd	Chattanooga
	T-58th	UNCG
	T-62nd	Appalachian State
		The Citadel
		VMI
2010	T-43rd	UNCG
	55th	Chattanooga
	T-56th	Appalachian State
	T-66th	Davidson
		The Citadel
2011	T-52nd	UNCG
	T-56th	Appalachian State
	T-65th	The Citadel
	T-65th	Chattanooga
	T-65th	VMI

## NCAA At-Large Bids

<b>1997</b>	134 - Eric Smith, Appalachian State
	158 - Reese Edgington, VMI
<b>1999</b>	157 - Matt Erwin, VMI
	157 - Ian Kaplan, Davidson
	197 - Greg Forbes, UNCG
<b>2000</b>	141 - Joe Herron, UNCG
	165 - Matt Erwin, VMI
	184 - Mike Regner, The Citadel
<b>2001</b>	141 - Jared Sullivan, Chattanooga
	141 - Corey Williams, UNCG
	157 - Robby Bell, The Citadel
<b>2002</b>	141 - Mark DiSalvo, VMI
	157 - PJ Boccia, Appalachian State
	165 - Craig Johnson, Chattanooga
<b>2003</b>	125 - Ryan McClester, The Citadel
	133 - Sean Markey, The Citadel
	174 - Matt Erwin, VMI
<b>2004</b>	125 - Matt Pitts, Chattanooga
	133 - Sean Markey, The Citadel
	141 - Michael Keefe, Chattanooga
<b>2005</b>	125 - Matt Pitts, Chattanooga
	133 - Josh Keefe, Chattanooga
	141 - Jason Jones, Appalachian State
<b>2006</b>	141 - Micheal Keefe, Chattanooga
	Kevin Artis, UNCG
	285 - Israel Silva, Chattanooga
<b>2007</b>	149 - Aaron Martin, Chattanooga
	Sam Alvarenga, VMI
	174 - Neal Martin, Appalachian State
	Llyod Rogers, Chattanooga
<b>2008</b>	133 - Terrelly Williams, Appalachian State
	Steve Hromada, Chattanooga
	149 - Joey Knox, Chattanooga
	184 - Austin Trotman, Appalachian State
	197 - Matt Koz, Chattanooga
<b>2009</b>	141 - Chris Bencivenga, UNCG
	174 - Byron Sigmon, UNCG
<b>2010</b>	184 - Andrew Saunders, UNCG
	Jason McCroskey, Chattanooga
<b>2011</b>	197 - Niko Brown, Chattanooga



# Southern Conference Honors

## Coach Of The Year

- 1975 John Welborn, East Carolina
- 1976 John Welborn, East Carolina
- 1977 Oscar Gupton, VMI
- 1978 Jim Morgan, Chattanooga
- 1979 Major Gene Styles
- 1980 Ike Sherlock, VMI
- 1981 Jim Hargan, Chattanooga
- 1982 Ike Sherlock, VMI
- 1983 Jim Morgan, Chattanooga
- 1984 Ike Sherlock, VMI
- 1985 Ike Sherlock, VMI
- 1986 Ken Shelton, The Citadel
- 1987 Ethan Reeve, Chattanooga
- 1988 Ethan Reeve, Chattanooga
- 1989 Paul Mance, Appalachian State
- 1990 Ethan Reeve, Chattanooga
- 1991 Ralph Manning, Chattanooga
- 1992 Ralph Manning, Chattanooga
- 1993 Paul Mance, Appalachian State
- 1994 John Trudgeon, VMI
- 1995 John Trudgeon, VMI
- 1996 Paul Mance, Appalachian State
- 1997 Denny Moore, UNCG
- 1998 Denny Moore, UNCG
- 1999 John Trudgeon, VMI
- 2000 John Trudgeon, VMI
- 2001 Paul Mance, ASU
- 2002 Franky James, Chattanooga
- 2003 Paul Mance, Appalachian State
- 2004 Rob Hjerling, The Citadel
- 2005 Terry Brands, Chattanooga
- 2006 Joe Seay, Chattanooga
- 2007 Chris Bono, Chattanooga
- 2008 Chris Bono, Chattanooga
- 2009 Chris Bono, Chattanooga
- 2010 Jason Loukides, UNCG
- 2011 Heath Eslinger, Chattanooga

## Wrestler Of The Year

- 1993 Donnell Rawls, Appalachian State
- 1994 Charlie Branch, VMI
- 1995 Charlie Branch, VMI
- 1996 David Barden, Chattanooga
- 1997 Adam Mickiewicz, VMI
- 1998 Leslie Apedoe, VMI
- 1999 Leslie Apedoe, VMI
- 2000 Heath Eslinger, Chattanooga
- 2001 Jeremy Hart, ASU
- 2002 Travis Drake, ASU
- 2003 Adam Britt, VMI
- 2004 Ryan McClester, The Citadel
- 2005 Jon Sioredas, Chattanooga
- 2006 Sean Markey, the Citadel
- 2007 Matt Kellerm, Chattanooga
- 2008 Scott Ervin, Appalachian State
- Lloyd Rogers, Chattanooga
- 2009 Chris Bencivenga, UNCG
- Cody Cleveland, Chattanooga
- 2010 John Trotman, Appalachian State
- 2011 Turtohtokh Luvsandorj, The Citadel

## Freshman Of The Year

- 1992 Charlie Branch, VMI
- 1993 Gerald Carr, Chattanooga
- 1994 Miles Miller, Davidson
- 1995 Kevin Johnson, VMI
- 1996 Leslie Apedoe, VMI
- 1997 Trey Burlingame, UNCG
- 1998 Corey Williams, UNCG
- 1999 Matt Erwin, VMI
- 2000 Josh Lambrecht, Chattanooga
- 2001 Jarred Sullivan, Chattanooga
- 2002 Matt Pitts, Chattanooga
- 2003 Chris Seta, VMI
- 2004 Daren Burns, UNCG
- 2005 Joe Kemmerer, UNCG
- 2006 Anothony Easter, The Citadel
- 2007 Ben Altman, Davidson
- 2008 Austin Trotman, Appalachian State
- 2009 Jason McCroskey, Chattanooga
- 2010 Jake Young, Chattanooga
- 2011 Caylor Williams, Chattanooga

## Tournament Outstanding Wrestler

- 1949 Phil Kemp, North Carolina
- 1950 Jerry Gallagher, Duke
- 1951 Ted Lonergan, Washington & Lee
- 1952 Ernie Fischer, Maryland
- 1953 Rodney Norris, Maryland
- 1961 Jeff Hartsell, The Citadel
- 1962 Jeff Hartsell, The Citadel
- 1963 Jose Barcelo, The Citadel
- 1964 Bruce Schwanda, The Citadel
- 1965 Henry Seymour, Virginia Tech
- 1966 John Luckini, West Virginia
- 1967 Ed Steers, The Citadel
- 1968 Bob Hobson, William & Mary
- 1969 John Wood, The Citadel
- 1970 Bob Hobson, William & Mary
- 1971 Lonnie Parker, William & Mary
- 1972 John Kaila, William & Mary
- 1973 Mark Belknap, William & Mary
- 1974 Chris Jacobsen, Appalachian State
- 1975 Mark Belknap, William & Mary
- 1976 Mike Regner, The Citadel
- 1977 Phil Mueller, East Carolina
- 1978 Randy Batten, Chattanooga
- 1979 Tom Flanagan, Chattanooga
- 1980 Larry Meierotto, Chattanooga
- 1981 Todd Sumter, Appalachian State
- & Larry Meierotto, Chattanooga
- 1982 Charlie Heard, Chattanooga
- 1983 Bill Moss, Chattanooga
- 1984 Charlie Heard, Chattanooga
- & John Munno, VMI
- 1985 Amaro Lamar, Appalachian State
- 1986 Ben Walker, VMI
- 1987 Amaro Lamar, Appalachian State
- 1988 Tom Sell, Chattanooga
- & Clay Ogden, The Citadel
- 1989 Charlie Buckshaw, Chattanooga
- 1990 Michael Murray, VMI
- 1991 Bret Gustafson, Chattanooga
- 1992 Bret Gustafson, Chattanooga
- 1993 Victor Balmeceda, Appalachian State
- 1994 Charlie Branch, VMI
- 1995 David Barden, Chattanooga
- 1996 Aaron Mickiewicz, VMI
- 1997 Leslie Apedoe, VMI
- 1998 Bob Hanson, Chattanooga
- 1999 Jeremy Hart, Appalachian State
- 2000 Heath Eslinger, Chattanooga
- 2001 Jeremy Hart, Appalachian State
- 2002 Mark Fee, Appalachian State
- 2003 Adam Britt, VMI
- 2004 Josh Keefe, Chattanooga
- 2005 Jon Sioredas, Chattanooga
- 2006 Matt Keller, Chattanooga
- 2007 Scott Ervin, Appalachian State
- 2008 Cody Cleveland, Chattanooga
- 2009 Cody Cleveland, Chattanooga
- 2010 Victor Hojilla, UNCG
- 2011 Kyle Blevins, Appalachian State



# Southern Conference Honors

## Wrestlers Of The Week

### 2000-01

Nov. 15 Travis Drake, ASU  
Nov. 22 Josh Hooker, Chattanooga  
Nov. 29 Corey Williams, UNCG  
Dec. 6 Travis Drake, ASU  
Jan. 3 PJ Boccia, ASU  
Jan. 10 Jeff Libersat, Davidson  
Jan. 17 Joe Scolaro, UNCG  
Jan. 24 Danny Misenheimer, ASU  
Jan. 31 Jeff Libersat, Davidson  
Feb. 7 Robby Bell, The Citadel  
Feb. 14 Adam Britt, VMI  
Feb. 21 Jason Cox, VMI & Adam Duncan, UTC

### 2001-02

Jan. 8 Travis Drake, Jr./133-lbs., ASU  
Jan. 15 Adam Britt, Jr./157-lbs., VMI  
Jan. 22 Adam Britt, Jr./157-lbs., VMI  
Jan. 29 Mark Fee, Jr./165-lbs., ASU  
Feb. 5 Matt Erwin, VMI & Mike Regner, CIT  
Feb. 12 Mark Fee, Jr./165-174-lbs. ASU  
Feb. 19 Mike Regner, Sr./165-lbs. CIT  
Feb. 26 Adam Britt, Jr./157-lbs., VMI

### 2002-03

Jan. 8 Patrick Coman, ASU  
Jan. 15 Adam Britt, VMI  
Jan. 22 Travis Drake, Appalachian State  
Jan. 29 Sean Markey, The Citadel  
Feb. 5 Ryan McClester, The Citadel  
Feb. 11 Adam Britt, VMI  
Feb. 19 Keith Clifton, The Citadel  
Feb. 24 Mark Fee, Appalachian State

### 2003-04

Dec. 8 Sean Markey, The Citadel  
Jan. 6 Jason Cox, VMI  
Jan. 12 Josh Keefe, Chattanooga  
Jan. 19 Jason Cox, VMI  
Jan. 26 Mark O'Hair, Davidson  
Feb. 3 Sean Markey, The Citadel  
Feb. 10 Micah Amrozowicz, VMI  
Feb. 17 Charles Jones, UNCG  
Feb. 24 Ryan McClester, The Citadel

### 2004-05

Dec. 8 Matt Pitts, Chattanooga  
Dec. 15 Jon Sioredas, Chattanooga  
Dec. 22 Jason Jones, Appalachian State  
Jan. 5 Travis Piccard, The Citadel  
Daren Burns, UNCG  
Jan. 12 Benjamin Graham, Davidson  
Jan. 19 Michael Keefe, Chattanooga  
Jan. 26 Travis Piccard, The Citadel  
Feb. 2 Daren Burns, UNCG  
Feb. 9 Ryan McClester, The Citadel  
Feb. 16 Jon Sioredas, Chattanooga  
Feb. 23 Josh Keefe, Chattanooga

### 2005-06

Dec. 7 Matt Keller, Chattanooga  
Dec. 21 Matt Keller, Chattanooga  
Jan. 4 Sean Markey, The Citadel  
Jan. 11 Matt Keller, Chattanooga  
Jan. 18 Matt Keller, Chattanooga  
Jan. 25 Marcus Cox, Appalachian State  
Feb. 1 Joe Lowe, UNCG  
Feb. 8 Sean Markey, The Citadel  
Feb. 15 Lloyd Rogers, Chattanooga  
Feb. 22 Kevin Artis, UNCG  
Israel Silva, Chattanooga

### 2006-07

Dec. 6 Matt Keller, Chattanooga  
Dec. 20 Aaron Martin, Chattanooga  
Jan. 3 Lloyd Rogers, Chattanooga  
Jan. 9 Marcus Boyd, Davidson  
Jan. 17 Jeff Hodges, UNCG  
Jan. 31 Scott Buhman, VMI  
Feb. 7 Sam Alvarenga, VMI  
Feb. 15 Scott Ervin, Appalachian State  
Feb. 22 Travis Piccard, The Citadel

### 2007-08

Dec. 4 Daren Burns, UNCG  
Dec. 11 Josh Wine, VMI  
Dec. 20 Scott Ervin, Appalachian State  
Jan. 3 Cody Cleveland, Chattanooga  
Jan. 10 Eddie Hutchinson, Appalachian State  
Jan. 17 Sam O'Hair, Davidson  
Jan. 23 Jeff Hedges, UNCG  
Jan. 30 Tommy Hutchinson, Appalachian State  
Feb. 6 David Metzler, VMI  
Feb. 13 Javier Maldonado, Chattanooga  
Feb. 21 Terreyll Williams, Appalachian State

### 2008-09

Nov. 28 Chris Bencivenga, UNCG  
Dec. 3 Austin Trotman, Appalachian State  
Dec. 10 Vitaly Radsky, Davidson  
Jan. 8 Chris Bencivenga, UNCG  
Jan. 13 Leon Barrow, VMI  
Jan. 21 Frank Celorrio, Appalachian State  
Jan. 28 Jason McCroskey, Chattanooga  
Feb. 4 Keith Koziel, The Citadel  
Feb. 11 Tyler Sim, The Citadel  
Feb. 17 Sam O'Hair, Davidson  
Feb. 25 Odie Delaney, The Citadel

### 2009-10

Dec. 2 Jake Young, Chattanooga  
Dec. 9 Odie Delaney, The Citadel  
Dec. 16 Ronnie Ellsworth, VMI  
Jan. 6 Andrew Saunders, UNCG  
Jan. 13 Andrew Szymborski, VMI  
Jan. 20 Austin Trotman, Appalachian State  
Jan. 27 Kyle Blevins, Appalachian State  
Feb. 3 Ryan Sughrue, UNCG  
Feb. 10 Austin Trotman, Appalachian State  
Feb. 17 Vitaly Radsky, Davidson  
Feb. 24 Turtogtokh Luvsandorj, The Citadel

### 2010-11

Nov. 24 Ivan Lopouchanski, UNCG  
Dec. 1 Ivan Lopouchanski, UNCG  
Dec. 8 Andrew Saunders, UNCG  
Dec. 15 Matthew Brock, VMI  
Jan. 5 Turtogtokh Luvsandorj, The Citadel  
Jan. 12 Vitaly Radsky, Davidson  
Jan. 19 Austin Trotman, Appalachian State  
Jan. 26 Kyle Blevins, Appalachian State  
Feb. 2 Turtogtokh Luvsandorj, The Citadel  
Feb. 9 Brandon Wright, Chattanooga  
Feb. 16 Austin Trotman, Appalachian State  
Feb. 23 Justin Sparrow, The Citadel



# Individual Champions

## 115-LB

- 1930 Graves, Virginia Tech
- 1933 Rowland Thomas, Washington & Lee
- 1934 Dave Morrah, North Carolina State
- 1967 Colin Hudson, Davidson
- 1968 Lonnie Parker, William & Mary
- 1969 Lonnie Parker, William & Mary

## 118-LB

- 1935 Rowland Thomas, Washington & Lee
- 1936 Rowland Thomas, Washington & Lee
- 1938 Kemp, Washington & Lee
- 1970 Lonnie Parker, William & Mary
- 1971 Lonnie Parker, William & Mary
- 1972 Glenn Baker, East Carolina
- 1973 Glenn Baker, East Carolina
- 1974 Jim Blair, East Carolina
- 1975 Jim Blair, East Carolina
- 1976 Tom Dursee, William & Mary
- 1977 Tom Dursee, William & Mary
- 1978 Byron McGlathery, Chattanooga
- 1979 Mike Marino, Chattanooga
- 1980 Bobby Greenwood, VMI
- 1981 Tom Moore, Appalachian State
- 1982 Charlie Heard, Chattanooga
- 1983 Charlie Heard, Chattanooga
- 1984 Charlie Heard, Chattanooga
- 1985 Bob Zoeke, VMI
- 1986 Ben Reichel, Chattanooga
- 1987 Ben Reichel, Chattanooga
- 1988 Tom Herring, Chattanooga
- 1989 Ben Reichel, Chattanooga
- 1990 Antonio Calloway, Appalachian State
- 1991 Antonio Calloway, Appalachian State
- 1992 Donnell Rawls, Appalachian State
- 1993 David Barden, Chattanooga
- 1994 Jason Laflin, Chattanooga
- 1995 Mike Orris, Appalachian State
- 1996 Tony Hairston, Appalachian State
- 1997 Tony Hairston, Appalachian State
- 1998 Corey Williams, UNCG

## 121-LB

- 1941 Graham, Washington & Lee
- 1942 John McCarthy, Virginia Tech
- 1943 Warren Danneburg, VMI
- 1947 Matt Moyer, VMI
- 1948 Matt Moyer, VMI
- 1949 Mike Kusturiss, Duke
- 1950 Howie David, Washington & Lee

## 123-LB

- 1951 Johnny Jordan, VMI
- 1952 Bobby Perry, West Virginia
- 1953 Bobby Perry, West Virginia
- 1954 Bobby Perry, West Virginia
- 1955 Bobby Perry, West Virginia
- 1956 Ernie Piercy, Virginia Tech
- 1957 Tom Westfall, West Virginia
- 1958 Tom Westfall, West Virginia
- 1959 Bob Bowman, Virginia Tech
- 1960 Bob Bowman, Virginia Tech
- 1961 Mike Grandstaff, Virginia Tech
- 1962 Ernie Venturino, Virginia Tech
- 1963 Ernie Venturino, Virginia Tech
- 1964 Henry Seymour, Virginia Tech
- 1965 Henry Seymour, Virginia Tech
- 1966 Don Check, West Virginia
- 1967 Howard Metzgar, East Carolina
- 1968 John Wood, The Citadel
- 1969 John Wood, The Citadel

## 125-LB

- 1930 Stuart Will, VMI
- 1933 Fred Sarkis, Washington & Lee
- 1934 Fred Sarkis, Washington & Lee
- 1999 Adrian Tramutola, Chattanooga
- 2000 Adrian Tramutola, Chattanooga
- 2001 Adrian Tramutola, Chattanooga
- 2002 Matt Pitts, Chattanooga
- 2003 Rich Caisse, Appalachian State
- 2004 Ryan McClester, The Citadel
- 2005 Joe Kemmerer, UNCG
- 2006 Javier Maldonado, Chattanooga

- 2007 Javier Maldonado, Chattanooga
- 2008 Javier Maldonado, Chattanooga
- 2009 Demetrius Johnson, Chattanooga
- 2010 Tony Gravely, Appalachian State
- 2011 Manuel Ramirez, UNCG

## 126-LB

- 1935 Sherrard, VMI
- 1936 Sherrard, VMI
- 1938 Pound, VMI
- 1970 Tim Ellenberge, East Carolina
- 1971 Dan Monroe, East Carolina
- 1972 Dan Monroe, East Carolina
- 1973 Dan Monroe, East Carolina
- 1974 Glenn Baker, East Carolina
- 1975 Jim Hicks, William & Mary
- 1976 Paul Osman, East Carolina
- 1977 Paul Osman, East Carolina
- 1978 Randy Batten, Chattanooga
- 1979 Ike Anderson, Appalachian State
- 1980 Byron McGlathery, Chattanooga
- 1981 Floyd Dotter, The Citadel
- 1982 Thomas Hutchinson, Appalachian State
- 1983 Leonard Champain, Chattanooga
- 1984 John Munno, VMI
- 1985 Ron Ensign, Chattanooga
- 1986 Trey Bennett, The Citadel
- 1987 Tom Herring, Chattanooga
- 1988 Scott Corcoran, Chattanooga
- 1989 Jevon Morris, Appalachian State
- 1990 John Jones, The Citadel
- 1991 Brian Mason, VMI
- 1992 Brian Mason, VMI
- 1993 Allan Smith, The Citadel
- 1994 David Barden, Chattanooga
- 1995 David Barden, Chattanooga
- 1996 Aaron Mickiewicz, VMI
- 1997 David Hopper, Appalachian State
- 1998 Bob Hanson, Chattanooga

## 128-LB

- 1941 Bud Robb, Washington & Lee
- 1942 Hobie McKeever, North Carolina
- 1943 Hobie McKeever, North Carolina
- 1947 Tom Hearn, North Carolina
- 1948 Ted Lonergan, Washington & Lee
- 1949 Irving Perry, VMI
- 1950 Kerry Gallagher, Duke

## 130-LB

- 1951 Irving Perry, VMI
- 1952 Matt Flynn, Maryland
- 1953 Al Motley, Virginia Tech
- 1954 Lew Guidi, West Virginia
- 1955 Al Carson, Virginia Tech
- 1956 Lew Guidi, West Virginia
- 1957 Brandon Glover, Virginia Tech
- 1958 Brandon Glover, Virginia Tech
- 1959 Brandon Glover, Virginia Tech
- 1960 Brandon, Glover, Virginia Tech
- 1961 Mike Petres, West Virginia
- 1962 Mike Grandstaff, Virginia Tech
- 1963 Jose Barcelo, The Citadel
- 1964 Bill Meacci, West Virginia
- 1965 Mickey Jarrell, Virginia Tech
- 1966 Fred Bates, East Carolina
- 1967 Don Killen, West Virginia
- 1968 Tim Ellenberger, East Carolina
- 1969 Tim Ellenberger, East Carolina

## 133-LB

- 1999 Bobby Hanson, Chattanooga
- 2000 Bobby Hanson, Chattanooga
- 2001 Travis Drake, Appalachian State
- 2002 Travis Drake, Appalachian State
- 2003 Travis Drake, Appalachian State
- 2004 Josh Keefe, Chattanooga
- 2005 Ryan McClester, The Citadel
- 2006 Matt Keller, Chattanooga
- 2007 Matt Keller, Chattanooga
- 2008 Jeff Hedges, UNCG
- 2009 Frank Celorrio, Appalachian State
- 2010 Alex Radsky, Davidson
- 2011 Demetrius Johnson, Chattanooga

## 134-LB

- 1970 John Kaila, William & Mary
- 1971 Steve Morgan, East Carolina
- 1972 Jim McCloe, East Carolina
- 1973 Mark Belknap, William & Mary
- 1974 Mark Belknap, William & Mary
- 1975 Mark Belknap, William & Mary
- 1976 Jim Hicks, William & Mary
- 1977 Jim Hicks, William & Mary
- 1978 Jim Polsineeli, Appalachian State
- 1979 Andre Massey, Appalachian State
- 1980 Rick Waller, Chattanooga
- 1981 Rick Waller, Chattanooga
- 1982 Fitz Johnson, The Citadel
- 1983 Ricky Talley, Chattanooga
- 1984 Larry Savides, Appalachian State
- 1985 Mitch Fuller, The Citadel
- 1986 Thomas Hutchinson, Appalachian State
- 1987 Dave Sloan, Appalachian State
- 1988 Mark Allison, Chattanooga
- 1989 Clarence Arrington, Chattanooga
- 1990 Clarence Arrington, Chattanooga
- 1991 Jevon Morris, Appalachian State
- 1992 Charlie Branch, VMI
- 1993 Victor Balmececa, Appalachian State
- 1994 Vinny Zullo, Appalachian State
- 1995 Adam Mickiewicz, VMI
- 1996 Adam Mickiewicz, VMI
- 1997 Adam Mickiewicz, VMI
- 1998 Bobby Cook, Chattanooga

## 135-LB

- 1930 Fild, VMI
- 1933 Munger, Washington & Lee
- 1934 Charley Nolan, North Carolina State
- 1935 A. Witt, VMI
- 1936 A. Witt, VMI
- 1938 Reeves, VMI
- 1942 Tom Fuller, Washington & Lee

## 136-LB

- 1941 Tom Fuller, Washington & Lee
- 1943 Jack McGrath, VMI
- 1947 Steiff, Washington & Lee
- 1948 Joe Sconce, Washington & Lee
- 1949 Joe Sconce, Washington & Lee
- 1950 Ted Lonergan, Washington & Lee

## 137-LB

- 1951 Ted Lonergan, Washington & Lee
- 1952 Rodney Norris, Maryland
- 1953 Rodney Norris, Maryland
- 1954 Bill Pritchard, West Virginia
- 1955 Armand Taylor, Virginia Tech
- 1956 Joe Heller, Virginia Tech
- 1957 Armand Taylor, Virginia Tech
- 1958 Joe Heller, Virginia Tech
- 1959 Joe Heller, Virginia Tech
- 1960 Joe Heller, Virginia Tech
- 1961 Bob Robinson, Virginia Tech
- 1962 Don Ellerman, Virginia Tech
- 1963 Don Ellerman, Virginia Tech
- 1964 Don Ellerman, Virginia Tech
- 1965 Ken Cole, Virginia Tech
- 1966 Bill Maecchi, West Virginia
- 1967 Jim Stevens, West Virginia
- 1968 Steve Vaughan, VMI
- 1969 Robert Corbo, East Carolina

## 141-LB

- 1999 Jeremy Hart, Appalachian State
- 2000 Jeremy Hart, Appalachian State
- 2001 Jeremy Hart, Appalachian State
- 2002 Jared Sullivan, Chattanooga
- 2003 Jared Sullivan, Chattanooga
- 2004 Kevin Artis, UNCG
- 2005 Michael Keefe, Chattanooga
- 2006 Sean Markey, The Citadel
- 2007 Michael Keefe, Chattanooga
- 2008 Cody Cleveland, Chattanooga
- 2009 Cody Cleveland, Chattanooga
- 2010 Ivan Lopouchanski, UNCG
- 2011 Cody Cleveland, Chattanooga



# Individual Champions

## 142-LB

- 1970 John Childress, The Citadel
- 1971 Brad Smallwood, William & Mary
- 1972 John Kaila, William & Mary
- 1973 Milt Sherman, East Carolina
- 1974 Tom Marriot, East Carolina
- 1975 Tom Marriot, East Carolina
- 1976 Tom Marriot, East Carolina
- 1977 Ronald Moore, William & Mary
- 1978 Ralph Truitt, Marshall
- 1979 Cary Waller, Chattanooga
- 1980 Bob Hilfiger, Appalachian State
- 1981 Bob Hilfiger, Appalachian State
- 1982 Randel Wider, Chattanooga
- 1983 Billy Moss, Chattanooga
- 1984 John Ehrenberger, VMI
- 1985 Amaro Lamar, Appalachian State
- 1986 Amaro Lamar, Appalachian State
- 1987 Jay Smallden, VMI
- 1988 Jay Smallden, VMI
- 1989 Dave Sloan, Appalachian State
- 1990 Steve Pitts, VMI
- 1991 Marty Fajerman, Furman
- 1992 Guy Harris, Chattanooga
- 1993 Charlie Branch, VMI
- 1994 Charlie Branch, VMI
- 1995 Charlie Branch, VMI
- 1996 Jason Foresman, VMI
- 1997 Trey Burlingame, UNCG
- 1998 Melvin Saunders, UNCG

## 145-LB

- 1930 Kellam, VMI
- 1933 Allison, Virginia Tech
- 1934 Bill White, VMI
- 1935 Glenn Shively, Washington & Lee
- 1936 Glenn Shively, Washington & Lee
- 1938 Pitts, North Carolina
- 1941 Somervell, North Carolina
- 1942 Sterling Edwards, VMI
- 1943 Bob Sherrard, VMI
- 1947 Bob Sherrard, VMI
- 1948 Ken Finley, Washington & Lee
- 1949 Ken Finley, Washington & Lee
- 1950 Hap Dasheir, VMI
- 1966 Ed Steers, The Citadel
- 1967 Ed Steers, The Citadel
- 1968 Ed Steers, The Citadel
- 1969 Stan Bastain, East Carolina

## 147-LB

- 1951 Doug Martin, North Carolina State
- 1952 Ed Brown, VMI
- 1953 Ed Brown, VMI
- 1954 Jeff Robertson, VMI
- 1955 Pannill Jones, VMI
- 1956 Armand Taylor, Virginia Tech
- 1957 Sherman Vandevender, Virginia Tech
- 1958 Sherman Vandevender, Virginia Tech
- 1959 Andy Sadie, West Virginia
- 1960 Bryan Kane, VMI
- 1961 Al Bamforth, VMI
- 1962 Jeff Hartsell, The Citadel
- 1963 Sam Church, West Virginia
- 1964 Bruce Schwanda, The Citadel
- 1965 Bruce Schwanda, The Citadel

## 149-LB

- 1999 Melvin Saunders, UNCG
- 2000 Melvin Saunders, UNCG
- 2001 Adam Britt, VMI
- 2002 Wayne Watts, The Citadel
- 2003 Jacob Harris, Chattanooga
- 2004 Sam Alvarenga, VMI
- 2005 Levi Duyn, The Citadel
- 2006 Aaron Martin, Chattanooga
- 2007 Scott Ervin, Appalachian State
- 2008 Scott Ervin, Appalachian State
- 2009 Daniel Waddell, Chattanooga
- 2010 Dean Pavliou, Chattanooga
- 2011 Ivan Lopouchanski, UNCG

## 150-LB

- 1970 Greg Giordano, William & Mary
- 1971 Bill Hogan, William & Mary
- 1972 Bill Hogan, William & Mary
- 1973 Tom Marriot, East Carolina
- 1974 Chris Jacobsen, Appalachian State
- 1975 Paul Thorp, East Carolina
- 1976 Max Lorenzo, William & Mary
- 1977 Frank Schaeede, East Carolina
- 1978 Tom Lunsford, Appalachian State
- 1979 Walt Fingar, The Citadel
- 1980 Pat Cucci, Appalachian State
- 1981 Cary Waller, Chattanooga
- 1982 John Feldhacker, Chattanooga
- 1983 Cary Waller, Chattanooga
- 1984 John Feldhacker, Chattanooga
- 1985 John Feldhacker, Chattanooga
- 1986 Ben Walker, VMI
- 1987 Amaro Lamar, Appalachian State
- 1988 Tom Sell, Chattanooga
- 1989 Tom Sell, Chattanooga
- 1990 Adrian Hines, Appalachian State
- 1991 Adrian Hines, Appalachian State
- 1992 Adrian Hines, Appalachian State
- 1993 Guy Harris, Chattanooga
- 1994 Kyle Kuykendall, Appalachian State
- 1995 Jeremy Ingram, VMI
- 1996 Reese Edgington, VMI
- 1997 Jason Foresman, VMI
- 1998 Heath Eslinger, Chattanooga

## 152-LB

- 1966 Bill Zimmerman, West Virginia
- 1967 Dick Conard, The Citadel
- 1968 Greg Giordano, William & Mary
- 1969 Tom Bull, The Citadel

## 155-LB

- 1930 McCrary, VMI
- 1933 E. Landis, VMI
- 1934 Bill Currence, VMI
- 1935 Arnez, Washington & Lee
- 1936 Arnez, Washington & Lee
- 1938 Thomas, Washington & Lee
- 1941 Beamer, VMI
- 1942 Sam Mordecai, North Carolina
- 1943 Leroy Roper, VMI
- 1947 Zerple, North Carolina
- 1948 Doug Martin, North Carolina State
- 1949 Phil Kemp, North Carolina
- 1950 Phil Kemp, North Carolina

## 157-LB

- 1951 Joel Adelberg, Maryland
- 1952 Bobby Fischer, Maryland
- 1953 Bobby Fischer, Maryland
- 1954 Bryce Kramer, West Virginia
- 1955 Bryce Kramer, West Virginia
- 1956 Sherman Vandevender, Virginia Tech
- 1957 Harold Westervelt, Davidson
- 1958 Harold Westervelt, Davidson
- 1959 Sherman Vandevender, Virginia Tech
- 1960 Bill Daniels, VMI
- 1961 Jeff Hartsell, The Citadel
- 1962 Bob Hatcher, Virginia Tech
- 1963 Charles Callahan, Virginia Tech
- 1964 Jim Jioio, West Virginia
- 1965 Jerry Gooden, West Virginia
- 1999 Heath Eslinger, Chattanooga
- 2000 P.J. Boccia, Appalachian State
- 2001 P.J. Boccia, Appalachian State
- 2002 Adam Britt, VMI
- 2003 Adam Britt, VMI
- 2004 Dan Thompson, The Citadel
- 2005 Travis Piccard, The Citadel
- 2006 Jake Yost, Chattanooga
- 2007 Jake Yost, Chattanooga
- 2008 Seth Garvin, Chattanooga
- 2009 Joey Knox, Chattanooga
- 2010 Turtogtokh Luvsandorj, The Citadel
- 2011 Josh Condon, Chattanooga

## 158-LB

- 1970 Mike Spohn, East Carolina
- 1971 Greg Giordano, William & Mary
- 1972 Phil Smith, VMI
- 1973 Bruce Hall, East Carolina
- 1974 Bruce Hall, East Carolina
- 1975 Dale Midkiff, Appalachian State
- 1976 Mike Regner, The Citadel
- 1977 Craig Cody, Appalachian State
- 1978 Anthony Parris, Chattanooga
- 1979 Rich Boland, The Citadel
- 1980 David Strickland, Chattanooga
- 1981 Todd Sumpter, Appalachian State
- 1982 David Strickland, Chattanooga
- 1983 Steve Swan, Appalachian State
- 1984 Steve Swan, Appalachian State
- 1985 Jesse Waltz, VMI
- 1986 Clay Ogden, The Citadel
- 1987 Lee Reitzel, Appalachian State
- 1988 Clay Ogden, The Citadel
- 1989 Howard Langford, Chattanooga
- 1990 Michael Murray, VMI
- 1991 Jeff Clark, VMI
- 1992 Howard Langford, Chattanooga
- 1993 Corey Creech, Appalachian State
- 1994 Fred Barber, VMI
- 1995 Kevin Johnson, VMI
- 1996 Derek Strobel, Appalachian State
- 1997 Joe Stanton, UNCG
- 1998 Jarrod Fitzpatrick, VMI

## 160-LB

- 1966 Steve Rothstein, The Citadel
- 1967 Steve Rothstein, The Citadel
- 1968 Jeff Thiel, William & Mary
- 1969 Jeff Theil, William & Mary

## 165-LB

- 1930 Tallamn, Virginia Tech
- 1933 Charley Pritchard, Washington & Lee
- 1934 Charley Pritchard, Washington & Lee
- 1935 Bill Currence, VMI
- 1936 Not Available
- 1938 Steidman, VMI
- 1941 Weddie Huffman, Duke
- 1942 Jim Wilson, VMI
- 1943 Frank Mordecai, North Carolina
- 1947 Don Troxler, North Carolina State
- 1948 Ken Lindell, Washington & Lee
- 1949 Oscar Gupton, North Carolina
- 1950 Bill Blackwell, VMI
- 1999 Tim Ritchie, The Citadel
- 2000 Heath Eslinger, Chattanooga
- 2001 Mark Fee, Appalachian State
- 2002 Mark Fee, Appalachian State
- 2003 Lee Roper, Appalachian State
- 2004 Jon Sioresdas, Chattanooga
- 2005 Jon Sioresdas, Chattanooga
- 2006 Dan Thompson, The Citadel
- 2007 T.J. Sayers, Chattanooga
- 2008 Byron Sigmon, UNCG
- 2009 Seth Garvin, Chattanooga
- 2010 Victor Hojilla, UNCG
- 2011 Kyle Blevins, Appalachian State

## 167-LB

- 1951 Don Kniffen, West Virginia
- 1952 Ernie Fischer, Maryland
- 1953 Ernie Fischer, Maryland
- 1954 Gil McSpadden, Washington & Lee
- 1955 Gil McSpadden, Washington & Lee
- 1956 John Wright, Virginia Tech
- 1957 Don Vaughn, Virginia Tech
- 1958 Charles Sherwood, West Virginia
- 1959 Charles Sherwood, West Virginia
- 1960 Phil Hoblitzell, West Virginia
- 1961 Bill Daniels, VMI
- 1962 Roy Sialer, West Virginia
- 1963 Tom Rihn, West Virginia
- 1964 Mark Biodolillo, West Virginia
- 1965 Ken Jenkins, Virginia Tech
- 1966 Mike Armstrong, The Citadel
- 1967 Mike Armstrong, The Citadel
- 1968 Bob Hobson, William & Mary



# Individual Champions

- 1969 Bob Hobson, William & Mary
- 1970 Bob Hobson, William & Mary
- 1971 Bob Hobson, William & Mary
- 1972 Scott Moyer, William & Mary
- 1973 Scott Moyer, William & Mary
- 1974 Bob Stark, William & Mary
- 1975 Ron Whitcomb, East Carolina
- 1976 Phil Mueller, East Carolina
- 1977 Phil Mueller, East Carolina
- 1978 Garth Hinckle, The Citadel
- 1979 David Coyle, Marshall
- 1980 Larry Meierotto, Chattanooga
- 1981 Tim Jones, Marshall
- 1982 Larry Meierotto, Chattanooga
- 1983 Eric Williams, The Citadel
- 1984 Jonathan Hampton, Appalachian State
- 1985 Marshall Irby, Appalachian State
- 1986 Todd Arris, VMI
- 1987 Todd Arris, VMI
- 1988 Bret Gustafson, Chattanooga
- 1989 Mike Maxam, Appalachian State
- 1990 Bryan Flint, Chattanooga
- 1991 Bryan Flint, Chattanooga
- 1992 Corey Creech, Appalachian State
- 1993 Rob Reaves, The Citadel
- 1994 Shomari Rozier, Appalachian State
- 1995 Rob Reaves, The Citadel
- 1996 Chad Dennis, Chattanooga
- 1997 Derek Strobel, Appalachian State
- 1998 Jamie Hensch, UNCG

## 174-LB

- 1999 Jamie Hensch, UNCG
- 2000 Austen Palmer, VMI
- 2001 Mike Regner, The Citadel
- 2002 Matt Erwin, VMI
- 2003 Mark Fee, Appalachian State
- 2004 Keith Clifton, The Citadel
- 2005 Joe Lowe, UNCG
- 2006 Joe Lowe, UNCG
- 2007 Joe Lowe, UNCG
- 2008 Lloyd Rogers, Chattanooga
- 2009 Jason McCroskey, Chattanooga
- 2010 Byron Sigmon, UNCG
- 2011 Brandon Wright, Chattanooga

## 175-LB

- 1930 Tilson, Washington & Lee
- 1933 Nelson Waldrop, Virginia Tech
- 1934 Nelson Waldrop, Virginia Tech
- 1935 Burgess, VMI
- 1936 Not Available
- 1938 Martin, VMI
- 1941 McNeil, Maryland
- 1942 Jim Dorier, VMI
- 1943 Weddie Huffman, Duke
- 1947 J.B. Edwards, N.C. State
- 1948 Bob Mahoney, Washington & Lee
- 1949 Ken Lindell, Washington & Lee
- 1950 Stewart Oliver, Virginia Tech

## 177-LB

- 1951 Dick Harrison, Duke
- 1952 Jack Shanahan, Maryland
- 1953 Jack Shanahan, Maryland
- 1954 Miles Nowitzky, VMI
- 1955 Frank Craze, West Virginia
- 1956 Gil McSpadden, Washington & Lee
- 1957 Mike McClintic, West Virginia
- 1958 Tom Burrus, Virginia Tech
- 1959 Harold Westervelt, Davidson
- 1960 Buddy Sanders, Virginia Tech
- 1961 Frank Kirk, Virginia Tech
- 1962 Tom Hill, VMI
- 1963 Roy Sisler, West Virginia
- 1964 Roy Sisler, West Virginia
- 1965 Marshall Taylor, VMI
- 1966 John Luckini, West Virginia
- 1967 Scott Curzi, William & Mary
- 1968 Don Taylor, VMI
- 1969 Cliff Bernard, East Carolina
- 1970 Scott Moyer, William & Mary
- 1971 Bill Hill, East Carolina
- 1972 Bill Hill, East Carolina

- 1973 Bill Hill, East Carolina
- 1974 Bill Hill, East Carolina
- 1975 Mike Radford, East Carolina
- 1976 Ron Whitcomb, East Carolina
- 1977 Bob Stark, William & Mary
- 1978 Tom Flanagan, Chattanooga
- 1979 Tom Flanagan, Chattanooga
- 1980 Bobby Orand, Chattanooga
- 1981 Larry Meierotto, Chattanooga
- 1982 Steve Evans, VMI
- 1983 Johnathan Hampton, Appalachian State
- 1984 Robert Wyndham, The Citadel
- 1985 Johnathan Hampton, Appalachian State
- 1986 Charlie Buckshaw, Chattanooga
- 1987 Charlie Buckshaw, Chattanooga
- 1988 Charlie Buckshaw, Chattanooga
- 1989 Erick Ames, VMI
- 1990 Bret Gustafson, Chattanooga
- 1991 Bret Gustafson, Chattanooga
- 1992 Bret Gustafson, Chattanooga
- 1993 Chad Dennis, Chattanooga
- 1994 Seth Meyerson, Appalachian State
- 1995 Seth Meyerson, Appalachian State
- 1996 Eddy Clark, Appalachian State
- 1997 Nathan Funk, Appalachian State
- 1998 Nathan Funk, Appalachian State

## 184-LB

- 1999 Dax Pecaro, UNCG
- 2000 Dax Pecaro, UNCG
- 2001 Adam Duncan, Chattanooga
- 2002 Quantel Langford, Chattanooga
- 2003 Keith Clifton, The Citadel
- 2004 John Davis, Chattanooga
- 2005 John Davis, Chattanooga
- 2006 John Davis, Chattanooga
- 2007 Josh Edmondson, Chattanooga
- 2008 Josh Edmondson, Chattanooga
- 2009 Mikal McKee, UNCG
- 2010 Austin Trotman, Appalachian State
- 2011 Austin Trotman, Appalachian State

## 190-LB

- 1970 Tom Williams, The Citadel
- 1971 Jim Bailey, VMI
- 1972 Jim Bailey, VMI
- 1973 Mike Furiness, William & Mary
- 1974 Mike Radford, East Carolina
- 1975 Rick Dixon, William & Mary
- 1976 Mike Radford, East Carolina
- 1977 John Vizzi, VMI
- 1978 Bobby Orand, Chattanooga
- 1979 Bobby Orand, Chattanooga
- 1980 Pat Murphy, Chattanooga
- 1981 Pat Murphy, Chattanooga
- 1982 Pat Murphy, Chattanooga
- 1983 Pat Murphy, Chattanooga
- 1984 Thermus Biggs, Appalachian State
- 1985 Jeff Rufolo, Chattanooga
- 1986 Chris Thornbury, Chattanooga
- 1987 Jeff Rufolo, Chattanooga
- 1988 Jeff Rufolo, Chattanooga
- 1989 Charlie Buckshaw, Chattanooga
- 1990 Chris Zwilling, Appalachian State
- 1991 Rod Horner, Chattanooga
- 1992 Warren Osbourn, Chattanooga
- 1993 Gearld Carr, Chattanooga
- 1994 Vince Crum, The Citadel
- 1995 Daryk Moistner, Appalachian State
- 1996 Seth Meyerson, Appalachian State
- 1997 Eric Sanders, UNCG
- 1998 Isaac Moore, VMI

## 191-LB

- 1967 Don Taylor, VMI
- 1968 Gil Reel, West Virginia
- 1969 Kerry Keith, Davidson

## 197-LB

- 1999 Isaac Moore, VMI
- 2000 Josh Lambrecht, Chattanooga
- 2001 David Tyner, Chattanooga
- 2002 Austin David, Chattanooga
- 2003 Josh Carroll, Appalachian State

- 2004 Daren Burns, UNCG
- 2005 Daren Burns, UNCG
- 2006 Daren Burns, UNCG
- 2007 Corry Murray, VMI
- 2008 Daren Burns, UNCG
- 2009 Odie Delaney, The Citadel
- 2010 Dylan Temple, Appalachian State
- 2011 Caylor Williams, UNCG

## 285-LB

- 1930 Davis, Virginia Tech
- 1933 Idol, North Carolina
- 1934 Hugo Bonino, Washington & Lee
- 1935 Hugo Bonino, Washington & Lee
- 1936 Not Available
- 1938 McFayden, Davidson
- 1941 Lillard Ailor, Washington & Lee
- 1942 Woody Jones, North Carolina State
- 1943 John Coppedge, VMI
- 1947 Hooper, North Carolina
- 1948 Bill George, Wake Forest
- 1949 Bill George, Wake Forest
- 1950 Jerry Jack, Washington & Lee
- 1951 Bob Boswell, West Virginia
- 1952 Bill George, Wake Forest
- 1953 Jack McNicol, Virginia Tech
- 1954 Nick Servidio, VMI
- 1955 Jim Lock, Virginia Tech
- 1956 Dale Vaughn, VMI
- 1957 Don Basham, VMI
- 1958 J.D. Miller, West Virginia
- 1959 J.D. Miller, West Virginia
- 1960 Ray Bazzoli, West Virginia
- 1961 Dennis Merklinger, VMI
- 1962 Gene Breen, Virginia Tech
- 1963 Don Marks, Virginia Tech
- 1964 Ken Woodeshick, West Virginia
- 1965 Mike George, West Virginia
- 1966 Ken Woodeshick, West Virginia
- 1967 Lowell Bryan, Davidson
- 1968 Bob Biddle, VMI
- 1969 Bob Biddle, VMI
- 1970 Doug Freiburger, William & Mary
- 1971 Greg Freaney, William & Mary
- 1972 Greg Freaney, William & Mary
- 1973 Mark Pohren, East Carolina
- 1974 Willie Bryant, East Carolina
- 1975 Willie Bryant, East Carolina
- 1976 Ned Stepahovich, VMI
- 1977 Ned Stepahovich, VMI
- 1978 Lo Carmen, Appalachian State
- 1979 Lo Carmen, Appalachian State
- 1980 Chuck Pinta, The Citadel
- 1981 Chuck Pinta, The Citadel
- 1982 Chuck Pinta, The Citadel
- 1983 Jim Ettari, The Citadel
- 1984 David Besser, Appalachian State
- 1985 John Long, VMI
- 1986 Mike Wallace, Chattanooga
- 1987 Chris Thornbury, Chattanooga
- 1988 Rock Burch, Appalachian State
- 1989 Chris Thornbury, Chattanooga
- 1990 Rock Burch, Appalachian State
- 1991 Warren Osbourn, Chattanooga
- 1992 Melvin Crosby, Appalachian State
- 1993 Melvin Crosby, Appalachian State
- 1994 Mark Wysong, VMI
- 1995 Duke Howell, Appalachian State
- 1996 Leslie Apedoe, VMI
- 1997 Leslie Apedoe, VMI
- 1998 Leslie Apedoe, VMI
- 1999 Leslie Apedoe, VMI
- 2000 Kevin Baltz, Chattanooga
- 2001 John Kimble, UNCG
- 2002 Greg Forbes, UNCG
- 2003 Billy Linane, UNCG
- 2004 Billy Linane, The Citadel
- 2005 Ruebon Daniels, Appalachian State
- 2006 Tyler Sholvin, UNCG
- 2007 Matt Koz, Chattanooga
- 2008 Josh Wine, VMI
- 2009 Josh Wine, VMI
- 2010 Odie Delaney, The Citadel
- 2011 Josh Wine, VMI